

FOCUS

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FROM THE PRESIDENT

RADICAL HEALING: A CALL FOR AN INTEGRATIVE, CULTURALLY RESPONSIVE, SOCIAL JUSTICE RESEARCH AGENDA

by Helen A. Neville



We want it [research] to represent the voice of
the people rather than the voice of the ivory tower.

– Dr. Joseph L. White

Self-care and healing and attention to the body and the spiritual
dimension—all of this is now a part of radical social justice struggles.

– Angela Davis

I begin my brief remarks with the words of our beloved ancestor, Dr. Joseph L. White, to highlight the importance of grounding the voices of everyday people in theory, research, and practice. This idea builds on the radical traditions within many People of Color and Indigenous communities and within multicultural and critical psychology. I also included the words of scholar-activist, Angela Davis, to remind us of the transformative role of self-care in the radical social healing process.

Our communities are resilient and contain strengths in the form of family, civic and community institutions, cultural traditions, ancestors' victories, resistance struggles, and human capital that inspire us to thrive even in moments in which our very humanity is being attacked through acts of police brutality, draconian immigration practices, and exclusionary school policies. Racial and ethnic oppression along with other intersecting forms of bigotry and discrimination (e.g., sexism, homophobia, xenophobia, Islamophobia, class exploitation and the like) materialize in health disparities and life opportunities of People of Color and Indigenous People (POCI; Alvarez, Liang, & Neville, 2016; Barr, 2014; Mathew 2015). While POCI collectively are hurt by oppression, we are not defined by oppression.

As part of my primary presidential initiative I invite Division 45 members to think creatively about the ways we can continue to promote radical healing within POCI communities. At its core, radical healing addresses the root sources of the injuries resulting in ill-health. Although there is room for interpretation, I argue the root causes are linked to structural obstacles to human growth (for example, racial-gendered oppression, class exploitation) and the belief systems set in place to justify or explain away inequality in society (for example, racial colorblindness). I join a long line of psychologists in arguing justice and fairness for all is a requisite for healing. But, this is aspirational. I encourage psychologists to join hands with others to help ensure all students have access to quality health care and education and all adults are making a living wage to support their families, and that POCI communities receive reparations for past injustices. I focus my attention here,

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however, on the ways psychology researchers can work with and for POCI communities to identify, explore, and test under-examined pathways to healing.

I propose an integrative, culturally responsive, social justice approach to research in which we collectively identify a systematic research agenda on radical healing among POCI that:

Honors multiple ways of knowing by including indigenous wisdoms within POCI communities and knowledge gained in the academy;

Identifies and investigates both the mechanisms in which various forms of *discrimination and oppression* can undermine and how *ethnocultural strengths* can promote individual and collective wellness;

Considers individual and community resiliency in the face of challenges and oppressions;

Incorporates the voices of POCI community members from conceptualization of the study to the dissemination of findings similar to participatory action research;

Contextualizes and investigates the influence of larger processes (e.g., social policies, neighborhood characteristics, demographic trends) on individual- and group-level healing;

Builds interdisciplinary research teams to capture the complexities related to healing;

Disseminates research findings widely, using myriad formats such as community forums, novellas, digital stories, blogs, popular articles, webinars, journal articles, conferences;

Promotes healing among investigators, participants, and communities through the research process;
Informs individual, group, and action to nurture healing and disrupt root causes of ill-health;
Evaluates and modifies research foci accordingly.

I call upon our field to develop a radical healing among POCI research program. Drawing on ethnopsychology and liberation psychology theorists (e.g., Bryant-Davis & Ocampo, 2006; Comas-Diaz, 2007; 2016; French, Lewis et al., 2018; Gone, 2009), perhaps such an agenda could incorporate the role of the following on the healing process among individuals and groups:

- Hope, for a better and more equalitarian future;
- Self-knowledge including the history and contributions of one's racial-ethnic-cultural group(s);
 - Increased sense of belonging to one's racial-ethnic-cultural community(ies);
 - Indigenous healing activities;
 - Leisure pursuits;

- Self-care habits;
- Storytelling;
- Social activism;
- Social-racial justice policies and practices.

We need complex models to examine within group differences among specific POIC groups and explore various pathways to healing at the individual level compared to the community level.

The Healing through Social Justice within Communities of Color task force has developed a series of activities to unpack radical healing theory, research and practice within POCI communities, including a webinar series and a "white paper" on the topic. Dr. Bryana French and Della Mosley co-chair the task force and Drs. Hector Adames, Nayeli Chavez, Grace Chen, and Jioni Lewis are active members of the group. If you are on twitter, please visit #RadicalHealing2018 to listen to stories about and/or share your understanding of radical healing.

As always, I invite you to share your ideas with me. Want to become involved? Please do not hesitate to reach out to me. I want to hear from you.

Afya na haki kwa wote (health and justice for all).

Helen Neville, Helen
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Greetings!

We are excited to announce Dr. Helen A. Neville's Presidential Task Force on "Promoting Healing through Social Justice."

1. Dr. Neville's original charge to our team was to:
2. Review and critique models of Radical Healing
3. Develop a general framework of Radical Healing, one in which considers intersectional identities
4. Identify concrete initiatives to promote healing through social justice

As a team of ethnic minority psychologists and healers committed to social justice, our Task Force is honored to advance this liberatory vision set forth by Dr. Neville. We see our call as a way to highlight the strength, resources, and actions that are not typically acknowledged among People of Color and Indigenous People (POCI). The Task Force aims to encourage social justice action and commitment among psychologists and to affirm the social justice and healing work of individuals outside of psychology. We draw from interdisciplinary works to frame the construct of Radical Healing – including education, sociology fields, and knowledge from community activists entrenched in grass roots liberatory work.

In Solidarity:

Bryana H. French, Ph.D., Task Force Co-Chair, Associate Professor, University of St. Thomas



Della V. Mosley, M.S., Ed.S., Task Force Co-Chair, Doctoral Candidate, University of Kentucky

Hector Y. Adames, PsyD, Task Force Member, Associate Professor & Associate Chair, The Chicago School of Professional Psychology

Nayeli Y. Chavez-Dueñas, Ph.D., Task Force Member, Associate Professor, The Chicago School of Professional Psychology

Grace A. Chen, Ph.D., Task Force Member, Practicum Coordinator & Associate Professor, Palo Alto University

Jioni A. Lewis, Ph.D., Task Force Member, Assistant Professor, University of Tennessee - Knoxville

Below is a timeline of tentative initiatives we will implement during Dr. Neville's Presidential term:

- | | |
|----------------|---|
| Spring | <p>Publish a conceptual model that identifies mechanisms to engage in Radical Healing for POCI across spheres of influence</p> <p>Create a white paper on Radical Healing for policy and funders</p> <p>Host our Radical Healing webinar series:</p> <ul style="list-style-type: none"> March 2018 on student engagement in Radical Healing April 2018 on community based Radical Healing practices May 2018 Radical Healing in research |
| Summer | <p>Present discussions and symposia at Division 45 Conference and APA 2018, respectively</p> <p>Construct a Radical Healing syllabus to be shared with APA Division 45 members and beyond</p> |
| Fall | <p>Engage in Community Conversations about Radical Healing</p> <p>Consult with existing organizations embodying a praxis of healing through social justice</p> |
| Ongoing | <p>Engage in a #RadicalHealing2018 social media campaign</p> <p>Hold several social media twitter chats on topics related to healing through social justice</p> |

Stay tuned for more information!

FROM THE EDITOR

Amanda Waters, Ph.D.

Arriving at the Charlotte airport for my return flight, I hopped out of the Lyft shared with Alvin Alvarez (President-elect) and Cynthia de las Fuentes (Council of Representatives), refreshed and excited for the future of the Division. President Helen Neville's message of *radical healing* resonated deeply and time spent hoping and planning goodness for the future felt like a significant and positive step toward that goal. We said our goodbyes and I headed toward security. As I presented my identification and ticket information to the first TSA agent, they waved me on, but quickly called after me—*xie xie*. Having studied some Mandarin in college, I recognized an attempt to thank me. *I'm not Chinese*. I bristled, mentally calculating the thousand different responses I *could* use, inclusive of ignoring them or smiling and continuing my walk toward the full-body scanner. I was also mentally calculating the cost of all of these possible responses. The weaving TSA line gave me a precious few extra seconds in which to consider the possibilities. I wanted to say something. I decided to say something. "I'm not Chinese." [*Why couldn't I come up with something better?*]



They asked in return, "Korean?" A desire to label me. *Why?*

"No," with a rapidly decreasing desire to continue this interaction.

"Help me out—?" A demand to know something about me—something that they did not appear to ask others around me nor (I'm guessing) something they do not typically ask travelers of non-Asian appearance. *You don't deserve to know anything about me*. All the while, continuing to calculate the risks, costs, and possibilities. A game of chess without any path to "winning" as there was no game, only a room with walls closing in. My options narrowing.

"I'm American," I finally conceded.

"Alright, alright," I heard as I continued to walk away.

Did this person give any additional thought to our interaction? Why did I feel the need to justify my nationality when my ethnicity was in question? Why did I identify my affiliation to the United States in a way that felt like I was distancing myself from my Japanese identity? Is there space for me to be both in this person's mind? Is there space for me to be both in my own sphere?

We have come to easily label these interactions as

microaggressions and rightly so. A conversation over Thanksgiving with a friend of a friend led to an explanation of why it can be taxing and tiring, if not offensive, to ask, "where are you from?" It is not about the one-off question. It is about the repeated and ongoing message, *you do not belong—why are you here? Where is your real home?*

Division 45 is a community of people, standing together and supporting each other when we feel we can no longer stand on our own or persist in the face of overt or covert discrimination. It is a place of *radical healing* and hope—and for so many of us in the broader psychological community, it is *home*.

As I joined the leadership of Division 45 over two years ago at a midwinter meeting in Phoenix, Arizona, I did not know what to expect. Now, I have lived experience dreaming and planning with the Executive Committee, eating together, and sharing stories. The impact each person can have was evident in Joe Horvat's life as we honored his many years of service at this year's midwinter meeting. The passion and dedication to the studying, living, and healing is evident in each of the EC members and I am grateful for the opportunity to soak in the wisdom and encouragement of my colleagues and now friends.

Throughout this edition of *FOCUS*, I invite you to read the thoughts and experiences of many of these people. Throughout this edition, I invite you to engage



Dr. Joe Horvat honored for his years of service to Division 45 at the midwinter meeting in Charlotte, NC.

FROM THE EDITOR (Continued)

with the Division through the leadership, committees, and projects. Our president, Helen Neville, highlights her multifaceted approach to radical healing in People of Color and Indigenous People. Drs. David Chiriboga and Merranda Marin crafted an invitation for all Division 45 members to place oneself in the Academic Genealogy of Culture, Ethnicity, and Race family tree. We also invite you to join us at the 2018 APA convention in San Francisco, read Division candidates' statements for Executive Committee with voting ongoing. Also noted are the generous gifts of Drs. Siony Austria, Joe Horvat, Jeff Mio, and John Robinson to the Division.



Executive Committee at the midwinter meeting in January 2018.

STUDENT COMMITTEE

Congratulations to all of our Division 45 student who matched for their internship sites. The end of this very stress full time can be short lived as you transition into a dissertation, relocating, and the other many responsibilities we have as students. However, I hope you are able to take a moment to truly enjoy this great accomplishment and rest even if for a few moments. As the future leaders of Division 45 and APA your presence is appreciated, acknowledged, and inspiring.



*Desa Daniel,
M.A.*

This summer is filled with a number of fantastic opportunities for students to get involved and be included. First on our agenda is the Division 45 conference. This year we will be continuing our student travel awards to Division 45 conference as well as adding additional volunteer opportunities. Our student committee is busy getting ready for conference season to start. Through your feedback via our student membership survey, we have started to organize social events, easier access to mentorship, and improved student resources. The Division 45 conference is not just a great opportunity to present research but your best opportunity to meet the division scholars. Moreover, this is a great opportunity to meet the Division 45 student committee.

Just three weeks later, you can find our Division 45 student committee in San Francisco for the APA conference. This year we continue the tradition of our

student suite and student social. Through the support of our Division 45 leadership, the student committee has acquired additional funding just for the student social. We will continue our conversations, fellowship, and mentorship from the Division 45 conference as we move into APA convention. You can expect the same high-quality student programs in both locations. The APA Convention travel award application will open in May 2018. Students can apply via the Division 45 website.

Are you wondering how to get more involved as a student? We will begin taking applications for the 2018-2019 Division 45 student committee in May. Over the last year, Division 45 Student Committee was responsible for offering over 42 webinars, re-organizing our campus representative program, starting virtual mentoring through a webinar based system, and increasing our social media presence that now includes an Instagram page (@div45students). We are always looking for students to serve on the next student committee. These roles involve helping plan events for the APA convention, setting up webinars for students, serving on division task forces, and meeting division leadership and other students. The time commitment includes monthly 1-hour video conference meetings, dedication to the Division 45 mission, maintaining your division membership, and willingness to attend APA Convention Chicago in 2019. The application can be found on our Division 45 website under student committee around May with a deadline for applications on August 1st, 2018. If you are attending APA Convention I would love to meet you in person. This is not required to submit an application.

Dear Membership:

Over the last one and a half year, the Division 45 executive committee has discussed how to be inclusive of gender non-binary identified folks in the name of the current EC position of Member-at-Large Latina/o Slate. We noted to membership during our 2017 business meeting at the convention that these conversations were taking place.

Enedina Vazquez formed a task force chaired by Carlos Santos as a result of these efforts. The task force consulted with members of Division 45. Some of the thinking and research resulting from the task force activities was recently published in an *Latina/o Psychology Today* article authored by Carlos Santos on "[The History, Struggles, and the Potential of the Term Latinx.](#)"

At our midwinter EC meeting in North Carolina last month, we unanimously voted to change the name of the Member-at-Large Latina/o Slate to be inclusive of gender non-binary identified folks. The new name of the slate is the Member-at-Large Latina/o/x Slate.

We fully believe the addition of the "x" to the slate name reflects the mission of our division to be inclusive and welcoming to the various communities we belong to and serve.

Please do not hesitate to share your thoughts with us about this change. You can send those via back channel to hneville@illinois.edu, who will then compile the comments and share with the EC.

We appreciate your support of these efforts for greater inclusivity in our society.

Respectfully,
Helen Neville

HISTORICAL HIGHLIGHTS

Merranda Romero Marin, Ph.D.

As newly commissioned Historian for the Division, I have been working on archiving materials from the convention. Our convention in Washington, D.C. in August 2017 had many diverse programs that celebrated the presidential theme Supporting Social Justice Today and Tomorrow. Dr.



Enedina Vazquez's presidential address, "Social Justice for Children and Families of Color Today and Tomorrow", set the tone for the importance of examining social justice within many different systems in order to enhance the lives of future generations. The collectivistic nature of Division 45 was exemplified in the number of co-listed programs offered with other divisions. We also had substantial student involvement including poster presentations and an informative symposium entitled "Student Perspectives on Navigating the World of Psychology: A Multicultural Perspective" which Desa Daniel chaired with participants Mona Elgohail, Derek Gianone, Jamey Rislin, and Jioni Lewis.

As I attended the variety of presentations by Division 45 members at the APA convention, I was moved to reminisce about the history of Division 45 and our ancestors, academic and personal, have paved the way for newer generations to make an impact and foster social justice. For example, the Links and Shoulders mentorship program was first established by President Dr. Vera

Paster who was president of Division 45 in 1993-94 for the purpose of promoting support for ethnic minority persons from persons who have endured similar challenges (Comas-Díaz, 2009). This remains an active part of the Division 45 programming and at the APA Convention in 2017 Drs. Alvin Alvarez and Carlos Santos facilitated a successful program. Another integral part of the Division's history is the James Jones hour named after Dr. James Jones who was the second director of the APA Minority Fellowship Program (Comas-Diaz, 2009). This conversation hour at the 2017 convention focused specifically upon post-election trauma and how to foster resilience in a time of chaos in our country. The presidents of all ethnic minority psychological associations led the discussion.

As Historian for Division 45, my goals are twofold: 1. To do my best to protect and ensure the integrity of the Division by promoting a cohesive and streamlined process when there are historical changes and 2) To highlight all of the major accomplishments of the Division in a manner in which others will be inspired to join Division 45 and make our ancestors proud by carrying forward the work of our Division. It is an honor to have this role as Division Historian and to be connected with so many colleagues whose mission is to promote research and training relevant to culture, ethnicity and race.

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HELP US PRESERVE OUR HISTORY BY PARTICIPATING IN THE DIVISION 45 FAMILY TREE PROJECT

One of Dr. Helen Neville's presidential initiatives centers on preserving the history of Division 45. Dr. David Chiriboga with the assistance of Dr. Merranda Marin, our historian, agreed to spearhead a project to document the intellectual history of our division. We hope that you will take time to help us develop our "family tree."

The family tree will trace Division 45 members' heritage back to some eminent figures in the annals of psychology, as well as looking forward to today's graduate students and new faculty. We have created a web site: <https://academictree.org/division45/>. This brings you to the Academic Genealogy of Culture, Ethnicity, and Race family tree.

Whence there, the first step is to check for whether your name has already been entered. The procedure is simple. You can enter your name, or that of someone else, in the search panel, located on the right side under the

site logo, as a means of determining whether a person exists on the tree. If you do not, or if there is an error, or missing information, you should register (create an account) and then you can enter your information yourself.

The associated program will ask for:

Who were your academic "parents" (mentors, plus university at which mentoring took place, dates, and whether you were a graduate student at the time, research assistant, etc.)

Who are your academic "children" (mentees, university at which mentoring took place, years, your role)

Who are your collaborators (names, where they are or where located at the time, dates)

Don't worry if you do not have all the information. Some is better than none!

The program also allows you to enter your work history, areas of interest, even grants, if you wish. There seems to be a subroutine that will eventually insert a list of publications, which then should be reviewed.

FROM "SH*THOLE COUNTRIES" TO #WAKANDAFOREVER

Barbara Thelamour, Ph.D.

It appears as if many members of the African Diaspora are living in a moment of radical healing. The release of the long-anticipated and much-hyped Black Panther film brought celebration from Black audiences around the world. As an avid social media user, I have been thrilled to see pictures of friends and strangers alike getting dressed in their finest to see a film that depicts the Motherland with the respect and nuance that is lacking from most representations of Africa.



What makes this particular moment so important is that it arrived approximately one month after the President of the United States questioned from his position at the White House why the U.S. continues to accept immigrants from "shithole countries." The targets of his vitriol were Black immigrants from African and Caribbean nations. Like so many times in the past, the President failed to use the Office to advocate for and protect a pocket of the nation's inhabitants who migrate to the United States seeking protection, often from conditions that, historically, the U.S. has helped to perpetuate. This language was especially harmful to

immigrants from Haiti who just over 30 years ago were the focus of xenophobic speech and imagery connecting them to AIDS. Having our nation's leader ask, "Why do we want people from Haiti here?" further served to marginalize a population of people who already struggle to be seen as fully human.

Although the word used to describe these countries was jarring, the sentiment behind this description underlies how African and Caribbean countries are often portrayed. For example, news articles focusing on Haiti often contains the phrase: "the poorest country in the Western Hemisphere." News out of Africa is infinitely more tragic (stories of famine, civil war, corruption) than it is positive (entrepreneurial and technological advancement, international development). The notion of African nations as primitive is one that even the President invoked when he lamented that Nigerians wouldn't return to their "huts." Those representations shape how the world perceives these countries, as entities to be pitied or saved by outsiders. The implicit message is that these nations are blights on the world. Furthermore, immigrants from these nations who come to the U.S. also confront these stereotypes in institutional settings and interpersonal interactions.

Black Panther is right on time in the ways it subtly and forthrightly challenged existing conceptualizations of the African Diaspora. Of course, this is a film within a franchised comic book universe, and is ultimately part of a capitalistic enterprise, but for many people, it is so

SECRETARY'S COLUMN (Continued)

much more. To me, every element of the movie, from the costuming to the music to the narratives, celebrated Africa and her descendants, and made for a profound experience. In this fairy tale, the most technologically advanced city in the world is inhabited people who looked like many of our friends, family, and colleagues. Perhaps most importantly, for a couple of hours, Black people got to witness our full humanity on display in this beautiful world. This movie offers a healing moment, an opportunity for us to imagine a place where words and deeds of White supremacy can't harm us, and that's a radical thing.

MEDIA PORTRAYS PRESCRIPTION DRUG MISUSE AMONG ETHNIC MINORITY COLLEGE STUDENTS: WHY HASN'T THE RESEARCH CAUGHT UP?

Bridgette Peteet, Ph.D.

The series premiere of Freeform's "grown-ish," a spinoff of the hit ABC show "black-ish," tackles hard-hitting, race-related topics. The sitcom follows Zoey Johnson (Yara Shahidi) as she navigates adulthood in college at fictional Cal-U. Her diverse group of friends includes a Cuban roommate, a Jewish American bisexual woman, a Gujarati Indian man, and four other African American/mixed race men and women.

By the second episode of the series, Zoey is overwhelmed with balancing her social and academic duties and turns to her friends for support. The audience then gets a glimpse into the seemingly casual world of prescription drug misuse (PDM). The casual pill dealing, debates, and ease of accessibility stand in stark contrast to the current state of research on PDM among ethnic/racial minority young adults. The show highlights several considerations for future PDM research and intervention studies.

In one scene, the Indian character, Vivek, has an epiphany that he is a drug dealer, despite having a portfolio (literally) of pills. After all, he is not dealing "drugs that get you killed." He gives Zoey a free sample of Adderall (a.k.a. Addy) so that she can catch up after neglecting her studies. Her initial reaction to the drug is deemed ineffective, but with a bit of encouragement from her new "family" (and inauthentic denial of pill use from African

American twin track stars, Sky and Jazz), she uses it again. This time she catches up on her schoolwork and despite swearing that it is "the last time", she takes yet another pill to get energy to go out with her crush. In a later episode, we see her take an additional pill as she walks out of her dorm.

Prescription drug misuse includes the practice of taking pills in ways other than prescribed, for purposes other than intended, taking medication belonging to others, or to "get high." One might ask whether the show accurately portrays PDM among ethnic/racial minority college students. The ease of accessibility, perception that "everyone is doing it," low perceived harm, and enhanced academic performance are presented. In reality, the majority of prescription drugs are obtained from family and friends and not dealers. Despite popular song lyrics like "Molly, Percocet," prescription drug misuse has a lower prevalence than perceived and the overwhelming majority of people use prescriptions properly. Unfortunately, college students do in fact perceive that pills are safer than street drugs, but in reality, they are very dangerous and can lead to addiction and accidental death. Lastly, prescriptions are not "smart drugs." College students who misuse prescriptions have poorer rather than improved academic outcomes. Among ethnic/racial minorities, the rates and outcomes of prescription drug misuse have been understudied.

My recent review of prescription drug misuse in the *Journal of Ethnicity and Substance Abuse* further highlights the dangers of PDM and the lack of research on ethnic/racial minority populations with a miniscule 28 articles. That includes ALL five ethnic/racial groups in the U.S. (African Americans, Latinos, Asian Americans, Native Americans, and Pacific Islander) spanning the past two decades since the dawn of the epidemic at the turn of the century. By comparison, there are over 2,200 articles on the subject of PDM in research databases.

The significance of this neglect has implications for misunderstanding the level of risk, consequences of misuse, and appropriate interventions within these vulnerable populations. For example, ethnic/racial minorities often have lower rates of substance abuse treatment access and receive higher drug-related criminal sentencing. Given the severity of these consequences, it seems that scientists should bear the burden of PDM awareness, education and prevention, yet pop culture is currently leading the conversation. It's time for a more balanced dialogue. While we work to strengthen the research evidence, we will also keep watching "grown-ish" to see how it all turns out for Zoey.

BEING A SOCIAL JUSTICE ADVOCATE IN THE THERAPY ROOM

*Meenakshi Palaniappan, Ph.D.
Staff Psychologist, Counseling Center, Dartmouth
College*

I identify as a social justice advocate. This means speaking up about power, privilege, and oppression, and calling out inequity in both my personal and professional life. Serving as a social justice advocate in my professional roles outside of the therapy room has been relatively easy. As an instructor for undergraduate classes, I taught about multicultural perspectives and social justice issues in psychology. As a graduate student, I organized climate surveys and helped with initiatives for recruitment and retention of minority students in the department. In my personal life, I attend talks, events, and rallies for social issues that I am passionate about.



Navigating social justice advocacy in my primary role—a therapist at a college counseling center—has been a more challenging journey. Some experiences leave me with a sense of fulfillment such as when I am able to help clients with marginalized identities process their experiences of discrimination. As an immigrant woman of color, this shared space feels connecting and rejuvenating. Other experiences feel more complex including helping a client unpack the complicated emotions (guilt, shame, anger) that arise from becoming aware of areas of privilege. In

these situations, helping the client explore their next steps can be difficult but important. However, I find this work particularly challenging when a client responds defensively and chooses to deny their privilege because I recognize the negative impact this will likely have on other (often marginalized) students in their community.

One instance included a resident advisor who had a negative reaction to a diversity training in which they were made aware of their relative privilege. They were then dismissive of the diversity initiatives being implemented to make everyone on the floor feel welcome. Given my strong value of social justice and my desire to make my community an equitable environment (developed from both my professional training as a counseling psychologist and my personal experiences of marginalization), I struggled to know what to do. Do I act as a social justice advocate and use my power and expertise to help the client process through their defensive reaction and provide education? Or do I recognize that my value towards social justice will influence my intervention, and resort to the classic therapist adage of not imposing my values on clients?

While I assumed that there would be no agreed upon answer to this dilemma in the literature, I was surprised to find that there was not much discourse on this topic in published sources, from peer-reviewed articles to psychologists' blogs. With this limited foundation, and considering my past experience in the therapy room, a theme emerged. Although each client and situation has been different, I developed a practice of first promising transparency around my values rather than engaging the client in a series of "exploratory" questions about theirs. Exploratory questions are often important, but I find that beginning with these questions (e.g., "So, what does privilege mean to you?") serves me as the therapist more than it serves the client. That is, I am then asking my client to make themselves vulnerable so that I can gather more information and craft my response without acknowledging or working to minimize the inherent power dynamic. Transparency about my value of social justice, acknowledgement of my power in the room, and demonstration of my ability to hold our potentially different perspectives is vital.

I cannot say this self-disclosure and the following processing has always been easy, but my hope is that these conversations allow clients to feel less anxious about what I (their therapist) may be thinking and become empowered to share their experiences. In fact, I believe that making space for these difficult emotions—defensiveness of their beliefs, anxiety about getting it wrong, guilt about having relative privilege, resentment from being called out—is some of the most important social justice work I do in the therapy room.

Advertising Policy

All articles and advertisements are subject to review and approval by the editor. Submissions must be relevant to Division 45 interests.

The following rates apply to announcements for job openings and publisher's new releases based on a three-column per page format:

3 inches	\$50
1/2 column (5")	\$75
1 column (9")	\$140
1/2 page	\$200
1 page	\$ 400

Deadline for Fall Issue (May): February 15
Deadline for Fall Issue (Dec.): September 1

Contact:
Amanda Waters, PhD
Email: amanda.waters@uconn.edu

APA CONVENTION 2018

We are excited to share that the **Hilton San Francisco Union Square Hotel** will be our hotel for the 2018 APA Convention in San Francisco. **Link to Hotel:** <http://www3.hilton.com/en/hotels/california/hilton-san-francisco-union-square-SFOFH HH/index.html>.

Date: Friday, August 10, 2018
Time: 1:00PM-3:50PM
Event: Dr. Helen A. Neville's Presidential Address, Business Meeting, & Award Ceremony
Hotel: Hilton San Francisco Union Square
Room: Continental Ballroom-5

Date: Friday, August 10, 2018
Time: 4:00PM-4:50PM
Event: Division-45 Social Hour
Hotel: Hilton San Francisco Union Square
Room: Continental Ballroom-5

Date: Friday, August 10, 2018
Time: 5:00PM-5:50PM
Event: Division-45 Links and Shoulders
Hotel: Hilton San Francisco Union Square
Room: Imperial Ballroom-B

ELECTION OF DIVISION 45 OFFICERS: CANDIDATES' STATEMENTS

President-Elect Statements

Nominee 1: Casey McDougall, Ph.D.
Affiliation: New Mexico State University

Advancement through Division 45 Governance has been a great interest of mine. Not for personal gain; but motivated by duty, obligation, and the promotion of cross-cultural psychology. I believe I have observed the inner machinations of the Executive Committee, needs of our diverse membership, and (to a degree) the pulse of the APA. As President Elect, my initial goals would be to buttress the Presidential Trio and adhere to the sole PURPOSE of the division. For background, I am the Training Director of the NMSU Postdoctoral M.S. in Clinical Psychopharmacology program and a Full Professor within the Counseling & Education Department. I recently became a prescribing psychologist in New Mexico and am a licensed psychologist in Minnesota. I am very proud that I was able to complete my Post-Doctoral training with the (Pueblo of) Acoma Behavioral Health Services. I previously worked for Indian Health Service as the Behavioral Health Director at the Red Lake Hospital (Red Lake Nation; Red Lake, MN). Finally, I am a Veteran of Operation Iraqi Freedom III and Direct Descendant of the White Earth (Nation) Band of Chippewa; identifying strongly with both cultures. Through LEADERSHIP, I can execute the blended interests in Public Service, a Society of Culture and Diversity, and the integration of psychobiosocial



psychopharmacology; all of which will undoubtedly promote access to and continuity of care for underserved populations and people with (ethnic) health disparities. AND still maintain the vision and mission of Division 45 to promote culture, ethnicity and race.

Nominee 2: Lisa Rey Thomas, Ph.D.
Affiliation: Olympic Community of Health

With gratitude, curiosity, respect, humility, and excitement I submit to colleagues, friends, and leaders of Division 45 my candidacy for your consideration.



Those of us committed to serving our diverse communities often find ourselves on journeys that we never imagined. My journey has allowed me to engage in the scholarship and practice of psychology in academic positions as a research scientist, in advocacy and leadership as a member of numerous national and local committees, in my work as the Director of Community and Tribal Partnership in a regional health collaborative, and as a member of a wonderful and diverse community.

Division 45 is privileged to have a legacy of leaders who have left us well positioned to blend the knowledge, courage, and innovation of our past leaders with the energy, vision, and grit of our future leaders. As President, I would work with Division leadership and members to continue to strengthen and nurture the connections between the scholarship and practice of psychology to the communities we serve. We are ready

PRESIDENT-ELECT STATEMENTS
(Continued)

to cross the bridges that our Elders have built for us to roll our sleeves even higher and do the right work.

I am a life-long learner and bring my experience as technical advisor to the NIH Tribal Advisory Committee; founding member of the CNPAAEMI Leadership Development Institute; former Division 45 AIAN Member-at-Large; 2011 NMCS Planning Committee; former Chair, Division 18 Psychologists in Indian Country section; former Co-chair, Native Research Network; and former Chair, APA Committee on Ethnic Minority Affairs.

Nominee 3: Steven Verney, Ph.D.
Affiliation: University of New Mexico

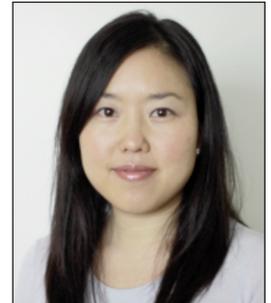


Steven P. Verney, Ph.D., is an Alaska Native (Tsimshian) Associate Professor in the department of Psychology at the University of New Mexico (UNM). He is currently a Senior Fellow with the Robert Wood Johnson Foundation Center for Health Policy at UNM and is a past fellow in the American Indian Alaska Native Program at the University of Colorado. He is currently a co-Investigator on the newly NIMHD-funded Health Disparities Center of Excellence to UNM, the Transdisciplinary Research, Equity and Engagement Center for Advancing Behavioral Health. Dr. Verney's overarching philosophy is that culture is infused in all of our beings influencing how we think, feel, and behave. His research has evolved into a mental health disparities focus, and he works collaboratively with American Indian and Alaska Native populations on various research projects. He is interested in the role of culture in cognition and assessment including education (i.e., quality of education), language (bilingualism), and acculturation/cultural adaptation processes. He currently teaches courses in Cross-Cultural Psychology, Health Disparities, and Research with Diverse Populations. He

strives to increase diversity awareness and training and has developed the department's *Diversity Organization (DO!)*, a student organization to increase diversity awareness and training within the department. Dr. Verney co-developed the *Cultural Counseling Center* for the UNM Clinical Psychology Doctoral students, which provides clinical supervision, consulting services, and continued cultural training to clinical students working with diverse populations.

Treasurer-Elect Statements

Nominee 1: Joyce Chu, Ph.D.
Affiliation: Palo Alto University



Thank you for the opportunity to be considered for APA Division 45 Treasurer-Elect. I am a clinical psychologist, currently an Associate Professor and Faculty Chair at Palo Alto University. For 20 years, I have dedicated my career to the psychological and mental health needs of ethnic minority communities, with a particular focus on suicide, community mental health, and Asian Americans. I have previous experience serving as the Treasurer for APA's Section VII (Clinical Emergencies and Crises) of Division 12 (Society of Clinical Psychology).

In terms of previous Division 45 involvement, I enjoyed serving as conference co-chair (with Teresa LaFromboise) of the 2016 4th Biennial Division 45 Research Conference at Stanford University. Not only did this conference successfully raise funds to support the longevity and security of future Division 45 conferences, but it served as a gathering place for 500+ ethnic minority psychology stakeholders. I saw new mentorship relationships formed, advocacy inspired, and connections bridged between our many ethnic group members. I became motivated to do more for the Division.

As Treasurer, I would approach my financial management duties seriously, with a deep understanding of responsibility in the position. As a member of the EC, I would lend voice to expanding Division 45's reach to ethnic minority psychology professionals, and to enhancing its leadership role in raising awareness, advocating for, and uniting communities around the needs of ethnic minorities in our country. I look forward to bringing my dedication and previous scientific, leadership, treasurer, and organizational experiences to the Division.

CURRENT DUES STRUCTURE

Associate / Member / Fellow:	\$ 57.00
Life Status Publication Fee <i>Cultural Diversity</i> & <i>Ethnic Minority Psychology</i> :	\$ 14.00
Student Affiliate:	\$25.00
Professional Affiliate:	\$ 57.00

Member At Large Diversity Slate ECP Statements

Nominee 1: James J. García, Ph.D.
Affiliations: University of La Verne; Casa Colina Hospital and Centers for Healthcare



It still takes me by surprise to hear the title “Dr. García” from the students I work with or patients I see at the hospital. I knew I would finish my Ph.D. program, but did not realize just how fast I would become an Early Career Psychologist (ECP). It is with great honor that I am running for Division 45’s Diversity Slate as an Early Career Psychologist. I have served in several capacities within the American Psychological Association Graduate Students, namely as the chair for the Committee for the Advancement of Racial and Ethnic Diversity (APAGS-CARED) and as a member of the Division 45 Student Committee. As a *Gay Latinx* ECP, I believe that our voices within APA are loud, strong, and will continue to be heard; however, we must “step up to the plate” and represent. To this end, I am committed to 1) continuing the leadership and mentoring opportunities available through Division 45’s strong network for ECP’s, 2) build bridges with mentoring and leadership opportunities outside of Division 45 to expand ECP representation in relevant health-related organizations, and 3) creating opportunities for ECP’s to become involved in the Citizen Psychologist movement, with a focus on supporting ECP advocacy at the local/state level. Our times are tough, but with the mentoring of Division 45 and other health organizations, we can resist the hate and walk a path of advocacy for our communities.

Nominee 2: Martinique “Marti” Jones, Ph.D.
Affiliations: Teachers College, Columbia University



I, Martinique “Marti” Jones, am a minority research postdoctoral fellow in the Department of Counseling and Clinical Psychology at Teachers College, Columbia University. My research centers on sociocultural factors (e.g., racial identity and discrimination) influencing mental wellness and counseling with young Black women. Related to my scholarly interest in psychological phenomena impacting racial and ethnic minority individuals, I have a long-standing history of student leadership both within the American Psychological Association and Association of Black Psychologists (ABPsi). Because of my academic

interest and strong leadership background, I believe that I could be a great asset to Division 45 through serving as the Member-at-large, Diversity slate. As a leader, one of my goals is to foster multi-ethnic collaborations between Division 45 and other ethnic organizations (e.g., ABPsi). Through my upcoming participation in 2018 Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI) Leadership Development Institute, I aspire to brainstorm ways to bring this vision to fruition; I know my pursuit and development of multi-ethnic initiatives would not only be aligned with the mission of Division 45, but also attractive to its membership. My experience as past student representative for Division 45 has equipped me with leadership skills that will be beneficial in executing innovative programs, as well as pre-existing Division 45 programming, including the Links and Shoulders program, Division 45/35 Dance, and Convention Hospitality Suite. Taken together, I have scholarly interests, innovative ideas, and strong leadership skills to bring to the Member-at-large, Diversity slate position.

Member At Large LGBT Slate Statements

Nominee 1: Alison Cerezo, Ph.D.
Affiliations: San Francisco State University



Over the course of my professional career, I hope to produce a body of scholarship and training initiatives centered on the lived experiences and consequent needs of sexual and gender minority persons of color. To date, I have carried out numerous empirical investigations of the links between discrimination and health disparities among Latinx and African American sexual and gender minority women. As an Associate Professor at San Francisco State University, I train Masters level counselors who are professionally invested and trained in eliminating social and health disparities facing culturally diverse communities. As such, my professional efforts—particularly in the realm of race, ethnicity, sexual orientation and gender identity—span my research, teaching and training work. Furthermore, I have carried out this work as a member of the Leadership Colectivo of *Orgullo*, a division of the National Latina/o Psychological Association (NLPA). As part of the Colectivo, I have supported the organization with responding to the Pulse Massacre, increasing the visibility of sexual and gender minority issues at the organization’s conference, and most recently, securing a special issue on sexual and gender minority issues in the *Journal of Latina/o Psychology*. I am now ready and excited to expand my service to Division 45. My goal is to

support the division in addressing the wide breadth of issues impacting sexual and gender minority persons of color - paying close attention to the ways intersectional lived experiences of discrimination impact social and health disparities and members' ability to appropriately address those needs.

Nominee 2: Leo Wilton, Ph.D.
Affiliations: State University of New York at Binghamton



I am interested in serving in the role of Member-at-Large-LGBT Slate for APA's Division 45. Currently, I am a Professor in the Department of Human Development at the State University of New York at Binghamton. I believe that I could contribute my scientific expertise and leadership to this role in developing initiatives to provide an intersectional framework in addressing issues related to culture, ethnicity, and race, which remains critical in articulating a vision and praxis for the future. My scholarly research on the AIDS epidemic focuses on the intersectionality of race, gender, and sexuality, as situated in macro- and -micro-level inequalities in Black communities, both nationally and internationally. My research engages the

Association. Most recently, I co-authored my first textbook, *Cultural Foundations and Interventions in Latino/a Mental Health: History, Theory and within Group Differences*. I welcome the opportunity to continue working to represent my beloved Latinx community within our Division. In serving, I offer my skills in research, clinical, and community advocacy to continue empowering, supporting, and celebrating our association at this critical junction in history. I will also build on the work of current and past leaders focusing on the development of tangible benefits meeting the needs of all Communities of Color. Collectively we can imagine and planfully find innovative ways to help children, women, sexual and gender minority, and families of Color live in ways that are not silencing but rooted in resistance, visibility, equity, and liberation.

Nominee 2: Merranda Marín, Ph.D.
Affiliations: New Mexico State University, Family and Consumer Sciences



Dr. Merranda Romero Marín is an Associate Professor in the Department of Family and Consumer Science at New Mexico State University. She is a licensed psychologist and a licensed marriage and family therapist specializing in the treatment of Post-Traumatic Stress Disorder (PTSD), particularly within the context of the family system. Dr. Marín earned her doctoral degree in Counseling Psychology from New Mexico State University in 2007. She also holds a Master's Degree in Marriage and Family Therapy. Previous experiences include the oversight of the Post-Traumatic Stress Disorder Clinical Team at the El Paso VA wherein she provided evidence-based treatments including Cognitive Processing Therapy and Prolonged Exposure Therapy to veterans diagnosed with PTSD as well as psycho-education and family treatments. Her other experiences include working in Community Mental Health, specifically with children, adolescents, and families confronting serious mental health issues. In addition, as a former school counselor, Dr. Marín is dedicated to ensuring the academic success of all students and is passionate about building collaborations among and within communities. Her research interests include effects of war on family and community systems, evidenced based treatments for PTSD, multicultural counseling and individual and family resilience. Her work and service focuses on Latino/a issues. She served as program chair for the 2017 APA convention on behalf of Division 45. As historian, she has been helpful in updating the Division's past accomplishments.

Member At Large Latina/o/x Slate Statements

Nominee 1: Nayeli Chavez-Dueñas, Ph.D.
Affiliations: The Chicago School of Professional Psychology



It is with great enthusiasm, honor, and humility that I accept the nomination to serve as Member-at-Large (Latina/Latino/Latinx slate) for the Division that has been my academic home since my early graduate training. Over the past year, I have served as Division-45 Scientific Program Co-chair and Dr. Helen A. Neville's Presidential Taskforce. My commitment to the Latinx community can be observed through my professional and personal endeavors. For the past eight years, I served as the lead for a concentration in Latinx Mental Health designed to provide graduate level training in assessment and treatment for U.S. Latinx clients and their families.

Since 2015, I also served as the associate editor of *Latino/a Psychology Today (LPT)*, peer-reviewed publication of the National Latino/a Psychological

CONTRIBUTIONS MATTER: MAKING A DIFFERENCE IN DIVISION 45 THROUGH GIVING

WHY I GIVE:

Dr. Asuncion ("Siony") Miteria Austria (Professor Emerita of Psychology, Founding Chair and Director of Clinical Training Graduate Program in Clinical Psychology, Cardinal Stritch University)



"I have been with D45 for quite some-time, held several positions of leadership, received recognition, and continue to mentor young psychologists. One of such recognitions is the creation and sponsorship of a mentoring award by the late Dr. Carole Rayburn. Dr. Rayburn provided the seed money [for the Asuncion/Robinson Distinguished Mentoring Award] and continued to make donations until her death. I hold on to the belief that giving back to the organization that has contributed to one's growth and development is a gratifying experience. Providing gifts to the division and association reaffirm our support of shared ideals."

Dr. Joseph Horvat (Professor Emeritus of Psychology at Weber State University; served four terms on the Division 45 Executive Committee)



"In my position as Treasurer and then Finance Committee Chair I was always impressed by those sponsoring awards within D45. I noticed an absence within our Division for a sponsored award for Native/Indigenous people and decided to develop this award. I also noticed a lack of an award for LGBTQ community and will begin sponsoring an award in this area this year. It is the right thing to do."

Dr. Jeffery S. Mio (Professor in the Psychology and Sociology Department at California State Polytechnic University Pomona, Past President of Division 45)



"I was on the Division 45 Executive Committee as a nonvoting member (newsletter editor) when Joseph Trimble was president of the division. Joseph said that he wanted to encourage all members of Division 45 to donate a portion of their royalties to the division, making the case that most of the research that such members have cited in their books were published by Division 45 members. Therefore, I have donated 25% of the royalties generated by my undergraduate multicultural textbook to the division ever since its first publication in 2006."

Dr. John D. Robinson, ABPP (Professor Emeritus of Surgery and Psychiatry, Howard University College of Medicine and APA Fellow)

Dr. Robinson has pledged to donate yearly from his Trust for the Austria/Robinson Distinguished Mentoring Award for senior career psychologists. This award was established by the late Carole Rayburn, to recognize Dr. Austria's and Robinson's contribution to Division 45 by mentoring members into positions in APA governance on a national level. John says "it is important for ethnic minorities to be part of the organization on significant levels in order to influence policy that may relate to how services are provided."

Division 45 Online

Visit the Division 45 webpage to learn more about our vibrant and engaging organization. Access resources and learn more about current happenings in the Division!

You can join our listserv following the easy steps below.

To join the List:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: SUBSCRIBE DIV45.

To Leave the List:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: SIGNOFF DIV 45.

For More Information:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: "HELP" or "INFO" (without the quotation marks). HELP will give you a short help message and INFO a list of the documents you can order.

Please note that members must sign up for the listserv. The Division does not automatically add individuals when they become members.

Division 45 utilizes APA division services for trouble-shooting problems like getting on the general listserv and address changes. Members should send change of address information and problems enlisting on the listserv to Keith Cooke in APA division services via email at kcooke@apa.org.

CALL FOR BOOK PROPOSALS

APA DIVISION 45 BOOK SERIES:

Cultural, Racial, and Ethnic Psychology
Series Editor: Frederick T.L. Leong, Ph.D.

Cultural, Racial, and Ethnic Psychology is the official book series of the Society for the Psychological Study of Ethnic Minority Issues (Division 45) of the American Psychological Association. The series is designed to advance our theories, research and practice related to cultural, racial and ethnic psychology. It will focus on, but not be limited to, the major racial and ethnic groups in the United States (i.e., African Americans, Hispanic Americans, Asian Americans, and American Indians). For example, book proposals concerning Asians and Asian Americans will also be considered.

The books in the series will contain original materials that address the full spectrum of methodological, substantive, and theoretical areas related to cultural, racial and ethnic psychology in the United States. This would include topics in Behavioral Neuroscience, Cognitive, Developmental, Personality, and Social psychology. Also of interest would be volumes in the applied areas of psychology such as Clinical, Counseling, School, Community and Industrial-Organizational Psychology. In covering psychology related racial and ethnic groups, the series will include both books that examine a single racial or ethnic group (e.g., Development of Ethnic Identity among Asian Americans) as well as books that undertake a comparative approach (e.g., Racial and Ethnic Variations in Depression).

As state-of-the art volumes in cultural, racial and ethnic psychology, the books in the series will be of interest to both professionals and researchers in psychology. Depending on the specific focus of each volume, the books in the series may be of greater interest to either scientists or practitioners or both. The series might also be used as ancillary textbooks for courses in psychology in order to advance a multicultural perspective in the field.

Finally, the guidelines in this statement of purpose are subject to change in response to suggestions by members of the Editorial Board, interaction with authors of books in the series, and in response to persons reading books on racial and ethnic minority psychology in this series. The primary goal is to identify gaps in the existing literature and fill those gaps. As the needs for new directions in the field become apparent the guidelines for this series will change accordingly.

All correspondence should be addressed to the Series Editor:

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Fax: 517-353-1652
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Editorial Board: Guillermo Bernal, Beth Boyd, Lillian Comas-Diaz, Sandra Graham, Gordon Nagayama Hall, Helen Neville, Teresa Lafromboise, Richard Lee, Robert M. Sellers, Stanley Sue, Joseph Trimble, and Michael Zarate.

Published volumes in the Division 45 Book Series on Cultural, Racial and Ethnic Psychology (January 2018)

- 1) Qualitative Strategies for Ethnocultural Research (2012)
Donna K. Nagata, Laura P. Kohn-Wood, & Lisa A. Suzuki (Editors)
<http://www.apa.org/pubs/books/4316139.aspx>
- 2) Positive psychology of racial and ethnic minorities. (2016)
Edward Chang, Christina A. Downey, Jameson K. Hirsch, and Natalie Lin
<http://www.apa.org/pubs/books/4317398.aspx>
- 3) The Cost Racism for People of Color (2016)
Alvin Alvarez, Christopher Liang & Helen Neville
<http://www.apa.org/pubs/books/4317394.aspx>
- 4) Culturally-Informed Evidence-Based Practices for Ethnic Minorities. (2016)
Nolan Zane, Guillermo Bernal, & Frederick Leong
<http://www.apa.org/pubs/books/4317392.aspx>
- 5) Cognitive-Behavioral Models and Interventions for Anxiety and Depression in Diverse Racial and Ethnic Minority Groups (in press)

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