

FOCUS

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FROM THE PRESIDENT

Enedina García-Vázquez, Ph.D.
President (January 2017-December 2017)



ON BECOMING A RELUCTANT LEADER: ANSWERING THE CALL TO SERVE

It is likely that many have heard or been asked whether leaders are made or born. Some, of course, believe that leaders are born; some believe they are made; and others believe that leaders result as a combination of both. While it may not be important to make this determination or answer this question, we need only recall our most recent elections to see that there are many ways in which individuals can become leaders. Not surprisingly, the call for reluctant leaders is at this moment most crucial.

History is replete with examples of individuals from Moses to President Obama who in their own way were reluctant leaders. The reluctant leader may offer reasons as to why they are not fit to lead yet when thrust with the challenge often rise up to meet the charge. Clearly reluctant leaders are individuals who stepped in out of necessity to help in some capacity for the greater good.

Whether reluctant or not, truly some leaders are effective and others are not. Effective leaders are successful as a result of a number of skills, both soft and intellectual, that they possess and use with a finesse that makes them great leaders. The ineffective leader, on the other hand, demonstrates a lack of those skills and an inability to leverage those skills in an effective manner. However, others could argue that leaders in general are effective; it's just that some are effective in leading us down a path of success while others might lead us down a path of self-destruction. It's the latter that seems reflective of our current reality.

The most recent elections have given permission to many to express racist ideas, and seems antithetical to what would be expected from an effective, positive leader especially in a nation with a diverse 21st century demographic. As a result, now more than ever must we all stand together in a united voice. We neither have the privilege nor the luxury to stand idly by and not assume leadership positions that will give voice to those that have been silenced. Will we step up to the challenge or will we step aside and let someone else do it?

Despite the hesitation to answer the call, many reluctant leaders have become great leaders. The selfless reluctant leader often has a collective sense of being because leading is much bigger than oneself. Bound by duty, the reluctant leader sets forth on a path created by others or circumstance. The calling may not even happen at the most opportune time; the times might be challenging

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and resources might even be lacking. Yet it is under these circumstances that a reluctant leader shines. It's easy to be a leader when resources are plentiful and when we enter an established successful system. The true measure of a leader is revealed under the most difficult and challenging times.

While the easiest choice is to sit back and let others take the lead, in the end the easiest path may not lead to the best outcomes. This is especially true given that many continue to experience and live with pain, violence and the erosion of our values of social justice. Likewise, we can always tell the measure of a society by how we take care of those who have been disenfranchised. As a result,

we should not wait to be asked to serve, we need to simply step up and volunteer. We need to embrace hope, inspire truth before peace, collaborate with each other, facilitate relationships, mediate challenges, and we need to listen to each other. We must be humble in our approach yet motivated by our own conscientiousness toward the greater good.

In the next few years there will be many opportunities for us to take leadership responsibility. Embracing a collective sense of responsibility will enable us to keep moving forward in reestablishing a just world. If not, we will be left with accepting a collective unfulfilled potential. Are you ready to answer the call to serve?

PAST PRESIDENT'S COLUMN

Jacqueline Gray, Ph.D.

Past President (January 2017-December 2017)

GREETINGS & WELCOME TO SPRING:

The spring is a time of new beginnings. As we began this new time, I am pleased to report that we had at least two nominees for each opening on the Executive Committee for Division 45. We are well into our election process. The EC is working out a problem that occurred with the election of the Student Representative. We will probably have to make some changes in the bylaws to address this problem in the future. Some of this is from growth, some from technology, and some from dealing with inconsistencies that have occurred in the past. You will be hearing more about it in the future.



Spring is also the time for nominations and selection of division awardees. This year we have two new Division 45 awards established by our Past-Treasurer, Joseph Horvat. Dr. Horvat established the Joseph E. Trimble Award for Distinguished Contributions to Native and Indigenous Psychology. Under this category, two awards will be given, one for a senior contributor to the field of Native and indigenous psychology through scholarship, practice, and leadership, and the second for a promising graduate student demonstrating commitment to achieving an admirable balance between community development and potential leadership in psychology.

I want to first thank all of those who took the time to write letters of nomination and support for all of our nominees. It has been an honor to read all of the materials submitted for these worthwhile candidates. If your nominee did not receive an award this year, I encourage you to nominate them again next year.

The awardees for this year are as follows:

The Asuncion Miteria Austria and John Robinson Distinguished Mentoring Award is for distinguished contributions to governance of APA and mentoring ethnic minority psychologists into governance and been in the field for over 15 years. The 2017 Award goes to Dr. Patricia Arredondo for her numerous contributions to APA governance, leadership, and mentoring of students.

The Distinguished Career Research Award is to honor the contributions of a senior person in the field of psychology who has made significant contributions in research related to ethnic minority populations. This year's award goes to Dr. Beverly Vandiver who has extensive research including the area of African-American Identity Development. The Distinguished Career Service Award was created to honor the contributions of a senior person in the field of psychology who has made significant contributions in the area of service with ethnic minority populations and have been in the field more than 15 years. This year's honoree is Dr. Luis Vazquez, a past-president of Division 45 and the current Division 45 Representative to Council.

The Emerging Profession-Contributions to Research Award is given to an individual who has made outstanding research contributions in the promotion of ethnic minority issues within 10 years of graduation. This year's honoree is Dr. Carlos Santos whose work in multicultural psychology in the areas of immigrant and LGBTQ research including identity, sexuality, and intersectionality.

This is the inaugural presentation of the Joseph E. Trimble Award for Distinguished Contributions to Native and Indigenous Psychology. The first award is for a senior contributor to the field of Native and indigenous psychology through scholarship, practice and leadership. This inaugural award is presented to Drs. Dolores Subia BigFoot and Arthur W. Blume. Dr. BigFoot (Caddo) has made great contributions to training behavioral health professionals to address childhood trauma in a culturally

PAST PRESIDENT'S COLUMN (Continued)

relevant way. Dr. Blume (Cherokee/Choctaw) has made substantial culturally based contributions in the areas of research, treatment and advocacy for American Indian and Alaska Native people. The second Joseph E. Trimble Award for Outstanding Contributions to Native and Indigenous Psychology for a promising graduate student demonstrating commitment to achieving an admirable balance between community development and potential leadership in psychology. This inaugural award is presented to Melissa Wheeler. Melissa (Navajo) has been involved in research since she was an undergraduate and has just completed her masters in addiction counseling at the University of North Dakota. She has contributed to the field as a promising leader, researcher, and clinician.

The Distinguished Student Research Award is to recognize outstanding psychological research on ethnic minority issues conducted primarily by a graduate student, including—but not limited to—dissertation research. The recipient of this year's award is Marisa G. Franco.

Marissa's research has focused on multi-racial individuals and the impact of racism on health. She is a student at the University of Maryland.

The Toy Coldwell-Colbert Student Contributions to Service Award is presented to an outstanding student who is distinguished in terms of professional or community services. This year the award goes to a group of students who have made significant social justice contributions with the Black Lives Matter Campaign. The selection committee was asked this year if the Toy Coldwell-Colbert Award could go to a group of students. After examination of the requirements and discussion, the committee told the group they would consider their nomination. The work of this group exemplifies distinguished professional and community service.

Congratulations to all of this year's very deserving award winners.

Walk in balance,

Jacque Gray

PRESIDENT-ELECT'S COLUMN

Helen Neville, Ph.D.

President-Elect (January 2017-December 2017)

PROMOTING HEALING THROUGH SOCIAL JUSTICE

People of Color in the United States (U.S.) have used their rich histories and cultural traditions to facilitate their accomplishments and engender their survival of hardships. Peoples from the global majority have contributed in every field from philosophical foundations of concepts of like democracy and justice, to scientific innovation and new technologies, to the arts and popular culture. Although we come from traditions of resilience in the face of adversities, we also come from traditions of enormous ingenuity. The nature, severity, and persistence of oppression against our peoples whether through the process of dispossession and genocide, colonialization and slavery or state repression and contemporary neoliberal policies have served as the backdrop for hardships we endure in everyday life. At the current moment we are witnessing another onslaught of repression and dehumanization against our communities – the chill of the mandatory evacuation of the Standing Rock water protectors and the recent presidential executive orders promoting poli-



cies of intolerance and undermining human rights. This includes executive orders 13767 to build a wall bordering Mexico, 13768 deporting immigrants resulting in tearing apart families, 13769 banning visitors from seven predominantly Muslim countries, and 13774 increasing punitive "law and order" policies that will more than likely intensify repression in poor Black and Brown neighborhoods and exacerbate the racial disparities with respect to police brutality and incarceration.

Despite the harsh social realities, our communities have always and will continue to persist and thrive. Evoking the words of Presidential Medal of Freedom awardee Maya Angelo—we rise. We rise bringing the gifts of our ancestors and their hopes and dreams of a better and more just future for our children and children's children and their children. My presidential theme—*Promoting Healing Through Social Justice*—builds on the strength and resiliency in our communities as we pave a way forward.

The American Psychological Association recently published findings from their annual report on stress in America. I was not surprised to learn that the level of stress among Americans is the highest it has been in the past decade. About two-thirds of those polled indicated they were stressed about the future of the U.S. and much of this stress was linked to the current political climate. As one might expect, those who sit at the margins in this society experienced stress more intensely, and rightfully so, as many of their communities are the targets of unjust policies and practices.

PRESIDENT-ELECT'S COLUMN (Continued)

As a Black woman, I know all too well the pain and stress associated with seeing members in my community targeted by horrific acts of hatred because of the color of their skin, only to have the injuries caused by those acts denied or minimized.

Admittedly, I vacillate between rage and hope when confronting the images of people in my community being harassed, shot, and killed by individuals' whose job it is to protect and serve. I would be lying to myself if I did not admit that the vitriolic attacks on the victims' humanity after each incident, left me questioning the hearts and souls of my White sisters and brothers. However, every time I choose hope! Hope that, through struggle, justice will prevail.

Promoting healing through social justice centers on the concept of radical healing. At the crux of radical healing is justice, which serves as both the means and ends of healing from the collective and cumulative trauma of oppression and exploitation.

Radical healing fosters: justice in all of its forms, connection and belonging to one's communities, self-knowledge in terms of history and social identities, resistance to injustices and resilience in the face of adversities, and hope! Hope for a different and better future helps provide meaning and inspiration as one struggles for personal and collective liberation.

From my perspective, this more radical notion of hope is the antidote to apathy I hear among a number of young and old People of Color as they grapple with how to resist and make a difference against the current legislative and cultural assault on our humanity.

We as psychologists can and do play roles in promoting healing from collective trauma and injustices. Although we do a good job of assisting individuals through the healing process, we need to further our understanding of effective ways we can partner with others to promote healing at a group, neighborhood, community, and societal level. Struggling for social justice and healing necessarily go hand-in-hand.

To this end, I am in the process of putting together a presidential task force to begin examining interdisciplinary models of radical healing and to identify new directions in research, practice, and policy in this area. We must remain hopeful and ever vigilant!

A Luta Continua
(the struggle continues)

FROM THE EDITOR

Amanda Waters, Ph.D.
Editor



Over the past months, I've been asking a number of questions, especially about intention, purpose, and next steps. I have been pressing into the past so that I act with purpose and intention—grateful for those who have walked before me. We spent time *looking back to move forward* at the National Multicultural Conference and Summit (NMCS) in Portland, Oregon. Within UConn's Counseling and Mental Health Services where I serve as the Multicultural Specialist, we have engaged in intentional conversations about current events, cultural shifts and changes, and self-awareness and appreciation. We have considered narratives that give color and texture to our lives.

I invite you to reflect with the Executive Committee, Committee Chairs, and me through this edition of *FOCUS*. We have a call to leadership and social justice advocacy, as well as summaries of our representatives' work and reflections on past events, such as student travel awardees to NMCS. Melissa Tehee, J.D., Ph.D. and Amanda Blume, M.S., reflected on the apology given by Division 39 at NMCS. Acknowledgement of the past is an important aspect of whole and complete narratives. I also invite you to reflect personally: What events and circumstances were especially salient over the past year? These might be within a close relationship or a broader community; they could be a series of events or a single moment. What stood out to you? How were you feeling? Were there people to whom you reached out—or people who reached out to you? Is there someone or a group with whom you might want to share?

Finally, I invite you to look toward the future! Where do you want to spend your energy and efforts? What do you hope to achieve in the next year? In addition, we congratulate all of our newly elected executive committee members for the Division. We also want to thank the wonderful candidates and their contributions to the Division.

President-Elect for 2018
Secretary-Elect for 2018
Member-at-Large
(Asian American Slate)
Member-at-Large
(Native American Slate)
Representative to APA Council

Alvin N. Alvarez, Ph.D.
Bridgette J. Peteet, Ph.D.
Doris F. Chang, Ph.D.
Melissa Tehee, Ph.D., J.D.
Joseph P. Gone, Ph.D.

REPORT FROM THE COUNCIL OF REPRESENTATIVES MEETING FEBRUARY 24 & 25, 2017

Cynthia de las Fuentes, Ph.D.
Council Representative (2017-2019)
Luis A. Vazquez, Ph.D.
Council Representative (2015-2017)



In between reconnecting with old friends and making new, Drs. Luis Vazquez and Cynthia de las Fuentes spent their time representing our Society at caucus and Council meetings. What follows below is a brief summary of some highlights of the meeting:

- Because of the recent raucous nature of the interactions among Council members during the meetings and over the listserv, this august body created the Civility Principles Work Group in February 2016 and charged it with developing civility principles and procedures for all forms of direct in-person communication and online messages and postings within and on behalf of the APA. At this meeting, the Work Group shared with COR the results of their survey data and a motion was passed to receive their report and approve the recommendations that “1) online culture/ civility checks be used after each Council meeting, 2) clear civility guidelines and expectations be added to the orientation of new Council members, and 3) Council receive regular reminders for civility expectations (including for listservs).” Council also requested that the Work Group develop an implementation plan for the above recommendations and bring the plan back to the August 2017 Council meeting.

- At its February 2010 meeting, COR authorized APA to develop clinical practice guidelines. A PTSD Guideline Development Panel (GDP) was convened in 2013 and following comprehensive reviews subsequently created “Clinical Practice Guideline for the Treatment of Posttraumatic Stress Disorder (PTSD) in Adults,” an impressive 1988-page contribution to the literature. There was a robust discussion about its merits that included concerns about its exclusive reliance upon empirically validated treatments (especially randomized controlled trials [“RCT”]) to the exclusion of other evidence based practices (such as common factors) that often give voice to individuals and groups that are historically marginalized (because they are not frequently included in RCT trials). Arguments in favor of COR adopting it as APA policy included the fact that APA has no “clinical guidelines” to-date and folks are concerned that psychology is falling behind when compared with other disciplines. The authors of the guidelines lamented that their mandate limited their scope to Institute of Medicine criteria for empirically validated treatments that meant they couldn’t expand it to include other important research. COR passed the motion to adopt the report as policy until 2022.

- In addition to the PTSD practice guidelines (above), COR also adopted “Professional Practice Guidelines for Occupationally-Mandated Psychological Evaluations.”

- COR adopted the following resolutions: “Resolution on the Use of Multiple Indicators for Admission to Graduate Programs in Psychology,” “Resolution on Human Trafficking in the United States, Especially of Women and Girls,” and “Resolution on Promoting Global Perspectives in U.S.

Psychology.”

- In February 2014, COR voted to delegate certain fiduciary roles (e.g., financial/budget, hiring and evaluating the CEO, assuring alignment of the budget with the APA strategic plan, and internally focused policy development) to the Board of Directors (BOD) to allow Council to focus on policy issues related to the discipline of psychology. Because of the intense distraction produced by the IR, the BOD and Council Leadership Team felt that they have not had the opportunity to fully appreciate and evaluate the delegated roles. They recommended that the COR extend the “Trial Delegation” for three more years, to end in 2020, and COR voted in favor of their motion.

- The Conflict of Interest (COI) Work Group put forth a revised Principles and Procedures document that will be included in the Council Policy Manual for which the BOD will develop implementation procedures. A motion was passed requiring members of APA governance groups to disclose and address any COI, or appearance of COI, before acting in the name of or on the behalf of the APA.

- In many states, Applied Behavior Analysts (ABAs) are attempting to become licensed for independent practice. ABAs are arguing that they should have separate licensure because they are a unique and separate profession from psychology; yet, this practice is firmly grounded in psychological science and evidence-based practice and is included in the definition of the “Practice of Psychology” section of the APA Model Act for State Licensure of Psychologists. COR passed a motion asserting that the practice and supervision of ABA is appropriately established within the scope of the discipline of psychology.

- Because the most recent apportionment vote meant that the Virgin Islands lost their seat, COR considered a motion to change the Bylaws to guarantee a seat on Council for each Division and SPTA. The discourse included “con” sentiments concerning the “will of the

REPORT FROM THE COUNCIL OF REPRESENTATIVES (Continued)

members” and their expectations of a “democratic process” and “pro” sentiments concerning social justice and inclusiveness. The motion passed.

- COR heard the following updates: 1) After receiving a Presidential Citation given to her by Dr. Antonio E. Puente, former APA President Dr. Melba Vasquez delivered an update on the Commission on Ethics Processes; 2) the Council Diversity Work Group; and, 3) the Work Group to Review Organizational Policies and Procedures;

- Legal Update:

1) AERA/ APA/ NCME v. Public.Resource.Org, Inc. – (U.S. District Court for the District of Columbia) – On February 2, 2017, a federal judge found that

PublicResource.org infringed upon the copyright of educational standards developed by the American Educational Research Association (AERA), the American Psychological Association (APA) and the National Council on Measurement in Education (NCME). Judge Tanya S. Chutkan of the U.S. District Court for the District of Columbia found that standards developed by the three organizations retained their copyright even when incorporated by reference into government regulation, and ruled that Public Resource is liable for copyright infringement.

2) Deante Lamar Payne v. Commonwealth of Virginia (Virginia Supreme Court) – APA filed an amicus brief in this case before the Supreme Court of Virginia addressing the importance of jury instructions regarding factors that affect the reliability of eyewitness testimony. On December 29, 2016, the Virginia Supreme Court issued a decision unanimously affirming the defendant’s conviction

STUDENTS’ CORNER

*Desa Daniel, M.A.
Student Representative (2016-2018)*

Greetings students,

Congratulations to all our students who matched for their internship sites! I look forward to seeing you at the APA Convention in Washington D.C. this year. We are collaborating with Dr. Merranda Marin and Yue Li to offer students special programming in our Division suite. There was a call for more student-led activities at this year’s APA and we hope to offer you more opportunities to learn who we are, what we do, and how you can get involved. All this information can be found through our student listserv or our Division 45 student Facebook page. This year we are tracking all your convention activities through our hashtag #div45apa.



Are you wondering how to get more involved as a student? We will begin taking applications for the 2017-2018 Division 45 student committee in May. Over the last year Division 45 Student Committee was responsible for offering over 12 webinars, re-organizing our campus representative program, starting virtual mentoring through a webinar based system, and increasing our social media presence that now includes an Instagram page (@div45students). We are always looking for students to serve on the next student committee. These roles involve helping plan events for the APA convention, setting up webinars for students, serving on division task forces,

and meeting division leadership and other students. The time commitment includes monthly 1 hour video conference meetings, dedication to the Division 45 mission, maintaining your division membership, and willingness to attend APA Convention San Francisco in 2018. The application can be found on our Division 45 website under student committee around May with a deadline for applications on August 25, 2017, at 5:00pm PST to dkdaniel@unm.edu.

Student Mentoring Program

Jasmine Jenkins and Farzana Saleem

The Division 45 student committee began a new Virtual Mentorship Model for its mentorship program this year! The Virtual Mentorship format enables mentors to “meet” with 8 to 10 mentees online (i.e., group Skype) during pre-set times once a week for 3 weeks in a row. Students benefit from gaining guidance on a specific topic of interest from a professional in our field, while simultaneously connecting with other students who have similar interests. The virtual mentorship group topics vary depending upon the mentor. Example topics from the winter and early spring include, Benefits of Completing a Postdoc, Growing your Family and your Academic Career, Challenges and Opportunities for Asian International students in Psychology programs.

If you are interested in finding out about upcoming mentoring groups, please join the student Division 45 listserv (DIV45_COS@lists.apa.org) or email division45mentor@gmail.com. If you would like to serve as a mentor, please send an email to division45mentor@gmail.com with your name and topic of interest. Student will receive an email with a sign-up link after the mentors and topics have been established.

STUDENTS' CORNER (Continued)

Requirements for mentors: Doctoral level psychologists (professors, clinicians, consultants, etc). Individuals who are willing to serve as a source of support for students.

Expectations for mentors: During the webinars, mentors will share their experiences on the topic area and then answer questions from students; however, mentors will have the flexibility to navigate the format of the group however they please. Mentors will be expected to be available for students for an hour during three consecutive weeks (virtually).

Campus Representatives Program

Darren Agboh

We are now taking applications for the Campus Representative Program. There are many benefits associated with having a campus representative program on your campus, some of which include: Exposure to an array of events put together by Division 45's student committee, such as webinars, student panels, and co-sponsored events with other APA divisions; access to *FOCUS*, Division 45's biannual newsletter filled with reports, editorials, and content relating to Division 45's current efforts; potential funding for travel to the 2017 APA conference in Washington D.C., and events on your campus hosted on behalf of Division 45; and CV-building and exposure to Division 45's vast network of psychologists and graduate/undergraduate students in psychology.

Campus Representative Application Requirements: Must be a currently matriculated graduate student (masters or doctoral) student within any field of psychology (e.g., clinical, social, political, etc.). Must be a member or become a member of APA Division 45 by the application deadline (more membership information can be found here:

<http://division45.org/join/>). Research interests must reflect the values and mission of Division 45, addressing prominent issues within the study of cultural diversity, ethnic, and minority psychology. This includes matters within the African-American, Latin American, Native American, Asian American, Middle Eastern/North African, gender, and LGBTQ+ communities. Must have a plan to promote the mission of Division 45 within your program/department, and, if applicable, across your university's campus. This may entail recruiting other students whose interests might reflect the mission of Division 45. Must have a faculty advisor willing to supervise your chapter or have plans to find a faculty member willing to fulfill this role.

Applications may be found on the Division 45 website and should be submitted to div45travelaward@gmail.com

Student Resource Guide

Jessica Jackson and Roberto Abreu

As student liaisons for Division 45, we are developing a resource guide for our student members. The goal of the resource guide is to provide information to our student members about how they can get involved with ethnicity and race projects throughout APA divisions. We are reaching out to you for help gathering information for this guide. We are looking for information about task force, committees and sections related to ethnicity and race that are available to student members. We are requesting the following information: Division (if applicable), Name of the task force/committee/section/group, contact person and email, website, and brief 2 to 3 sentence description. Please submit all information to jacksj@nmsu.edu or rlab224@g.uky.edu by May 1, 2017. We appreciate any information that you may contribute to this project. If you have any questions, you may contact Jessica Jackson (jacksj@nmsu.edu) or Roberto Abreu (rlab224@g.uky.edu). Thank you for your help!

MEMBERS-AT-LARGE

Alvin Alvarez, Ph.D.

*Member-at-Large,
Asian American Slate (2015-2017)*

Well, even though August seems like a long time away, a large part of Division 45 is already in gear to prepare for the upcoming convention in Washington, D.C., August 3rd thru the 6th. This year will be my final year in organizing the Links and Shoulders mentoring program and we will be building upon the fantastically successful program we offered at the Denver convention – with approximately 150 individuals in atten-



dance and a surprise guest appearance by Dr. Joseph White, the founder of Black psychology and one of the most powerful mentors many of us could ever wish for! Check out the pictures of the event!

In planning for the event this year, Jasmine Jenkins – the Mentoring Program Co-Chair – and I will be co-leading this effort as we did last year. We will be joined by Carlos Santos, the Member-at-Large Latina/o slate as well as Farzana Saleem—welcome to you both! This year, I am also pleased to announce that Dr. Tony Puente, current President of the American Psychological Association has graciously agreed to continue APA's support of this program and more importantly, he has agreed to increase the

MEMBERS-AT-LARGE (Continued)

funding by 33%! Our collective gratitude goes out to Dr. Puente!

Rather than make any assumptions for those of you who don't know, the Links and Shoulders mentoring program is an ideal opportunity for connection, support, and perhaps the very beginning of a professional network! Started in 1999 in response to the needs of graduate students of color, Links and Shoulders is an informal exchange and discussion with some of the leading psychologists within the field. It's a student-centered space where emerging professionals can connect with seasoned leaders around topics that are central to their new careers – from transitioning into your first job to navigating discrimination in academia to a career as a teacher! Indeed, it has been so successful that it was awarded APA's Suinn Minority Achievement Award in 2011!

Particularly within communities of color, and especially in psychology, we talk a lot about mentoring and the importance of finding a mentor. And in today's current political climate, I believe that the need for that like-minded support from those with the same values and beliefs as you is even more pronounced. But how do you do that?

And more importantly, how do you do that when you're a young graduate student and emerging professional and perhaps no one else in your entire department looks like you, thinks like you or even has the values or experiences that you have had? Tough question. And an even tougher situation! Particularly, in a space as large and as potentially impersonal as the APA convention, the thought of reaching out to that big-name author of that article or book that you've read and cited...well, it can simply be too intimidating and beyond the reach of many of us! But that's precisely the experience that many of us have had – mentors and mentees alike! We know exactly what that's like and more importantly, we know what a difference it can make to have a mentor who both understands and validates us personally and professionally! So, a program like Links and Shoulders is designed to make that initial and critical step – of reaching out to an elder – as accessible and as easy as possible! This will be a time for you to come to an informal space, grab a snack, followed by an opportunity to join your colleagues and potential mentors at small tables to discuss topics that directly affect both your personal and professional well-being. So be on the lookout for more information about Links and Shoulders through our Listserv!!! Also, please feel free to reach out to me with any questions you might have at aalvarez@sfsu.edu or Jasmine Jenkins at Jenkins.J.Jasmine@gmail.com.

Approximately 150 individuals attended the Links and Shoulders event in Denver.



Dr. Joseph White and Dr. Alvin Alvarez



MEMBERS-AT-LARGE (Continued)

Melissa Tehee, J.D., Ph.D.

*Member-at-Large, Native American Slate
(2017-2019)*

I am honored to have the opportunity to serve as Member-at-Large Native American slate in Division 45's Executive Committee. I am serving the third year of Casey McDougall's term as he was not able to continue. It seems so much has happened in the past 6 months. One of the most pressing issues since I stepped into the role of the Native American MAL has been around the injustice of the Dakota Access Pipeline that threatens the drinking water, sacred sites, and well-being of the Standing Rock Sioux Reservation in North Dakota. In October, I drafted "A Statement of Support for the Standing Rock Sioux Tribe" from Division 45 that was sent to Chairman Dave Archhambault II of the Standing Rock Sioux Tribe.

During November and December, Division 45 signed on to a letter to President Obama in solidarity with Standing Rock asking that he take a stance to halt the construction of the pipeline. Individual members also took with the letter writing campaign, sending letters to the President, State and North Dakota government representatives. Many members of both Society of Indian Psychologists (SIP) and Division 45 have been very involved in issues related to supporting those in Standing Rock, including issuing a statement against the pipeline, contacting government representatives and then-President Obama, going to North Dakota to stand in solidarity with the water protectors, and working with the healers and medics there, including setting up on-call consultations as needed. SIP has also released other statements as the changing administration has created executive orders. These include "The Society of Indian Psychologists (SIP) Statement Opposing Bans against the People of Seven Nations Entering the U.S." and "The Society of Indian Psychologists (SIP) Statement on the Proposal to Build a Wall between what is Known as the US and what is Known as México" of which Division 45 has agreed to sign on to support.



Keynote Conversation: Looking Forward to the Future of Multicultural Psychology: A conversation with Early Career Psychologists, with Carlton Green, Ph.D., Mira Krishnan, Ph.D., Melissa Tehee, J.D., Ph.D., and Kevin Nadal, Ph.D. (moderator)

The 2017 National Multicultural Conference and Summit (NMCS) was amazing and a much needed space to discuss many issues that we face everyday. I was honored and humbled to be invited as a panelist in Keynote Address "Looking Forward to the Future of Multicultural Psychology: A Conversation with Early Career Psychologists" including Drs. Carlton Green, Mira Krishnan, & Melissa Tehee, with Dr. Kevin Nadal as Moderator. Following the Keynote the previous day with the NMCS Founders, Drs. Rosie Phillips Bingham, Lisa Porche'-Burke, Derald Wing Sue, Melba J. T. Vasquez was daunting, but I think we all had a great time. Dr. Nadal channeled his "inner Oprah" and kept the panel discussion quite lively and entertaining!

I look forward to seeing many of you at the 2017 APA convention, where I will be helping to coordinate the Division 45 Hospitality Suite. If you are in need of Ethics CEs, be on the lookout for a CE workshop at the APA convention "The Ethics Code Through Cultural Lenses" with presenters intimately involved in the ongoing efforts with SIP and NLPA (and the other EMPAs) to make culture more visible in ethics codes. If there are matters that you would like me to attend to during my leadership, please reach out to me at melissa.tehee@usu.edu.

Kira Hudson Banks, Ph.D.

Member-at-Large Diversity Slate (2016-2018)

As Member-at-Large Diversity Slate, 2016 was quite student-focused. I worked with EC members to revitalize Phi Alpha Omega, conducted a webinar on self-care, and reviewed travel awards for graduate students to attend NMCS. We have amazing students in Division 45, so it was a pleasure to engage with them. I also worked closely with past EC member Bertha Holiday to plan the dance at convention. I will take the lead on that event this year with EC member Desa Daniels, and we look forward to seeing you all there! I also welcome input and suggestions from members. Please do not hesitate to be in touch.



Carlos Santos, Ph.D.

Member-at-Large, Latina/o Slate (2016-2018)

I wish all members of Division 45 a fruitful and productive 2017. Members of the immigrant and Latinx community in the US are living in through a particularly challenging social and historical landscape concerning immigrants in the US which precedes the current administration, but is increasingly a source of many challenges faced by those I serve in my role as member-at-large Latina/o Slate. I am working



MEMBERS-AT-LARGE (Continued)

with Patricia Arredondo and German Cadenas on a manuscript that pulls together various recommendations for how researchers and practitioners can effectively work with undocumented individuals and clients (and those in mixed-status families/communities). In my research laboratory, we have been trying to inform our understanding of how undocumented status (e.g., in terms of laws targeting this group) affects the lives of immigrant and Latinx youth, in general (not just the undocumented). In a recent manuscript, we showed that awareness of Arizona controversial immigration law Senate Bill 1070 predicted academic adjustment problems among Latinx youth. If you are interested in learning more about this particular study, here is a link to the online description: <http://www.tandfonline.com/doi/full/10.1080/01419870.2017.1311021>.

During our mid-winter meeting, we engaged in a discussion about ways to be inclusive of Latinx members who do not identify within the gender binary of being Latino or

Latina. I raised a desire to promote inclusivity of gender non-conforming individuals, a helpful and cordial discussion ensued. As a result of these conversations, I am spearheading a task force that is going to make a recommendation to the Division for ways to be inclusive of non-binary gender non-conforming individuals. It is my hope that this will send a message to our membership of inclusivity and awareness of these issues, and hopefully attract a more diverse array of Latinx individuals to the society.

I am also working with Alvin Alvarez and others on the Links and Shoulders event in this coming biennial meeting. I am excited for this event and others being put together by Division 45 and encourage our members to join us. Planning is well underway and this year's Division 45 programming is going to be one that is not to be missed!

As always, do not hesitate to reach out to me if you have any thoughts about the above, or if you wish to communicate anything to me as your representative in Division 45 leadership.

Germine (Gigi) Awad, Ph.D.

Member-at-Large, Middle Eastern and North African Slate (2016-2018)
Membership Chair
Division 45 Conference Co-Chair

Overall, the 2016 paid memberships (n=1068) have increased from the 2015 paid memberships (n=1020). Including our free and previously paid memberships, we had 1,340 Division 45 members in the 2016 dues year. APA Membership is in the process of brainstorming ways to increase membership within the overall APA. The fantastic news for membership is that the Division 45 Research Conference has increased membership for the 2017 membership year by a minimum of 195 members and a maximum of 361 new



members! The reason for the range in memberships is that 166 conference attendees did not designate their Division 45 membership status. New memberships started January 2017.

As the Middle Eastern/North African (MENA) member-at-large representative, my primary task within the Division is to handle membership issues. I have contin-

Current Dues Structure

Associate/Member/Fellow:	\$ 57.00
Life Status Publication Fee <i>Cultural Diversity & Ethnic Minority Psychology</i> :	\$ 14.00
Student Affiliate:	\$25.00
Professional Affiliate:	\$ 57.00

Paid & Free Memberships	Dues Year 2016 (YTD)		Dues Year 2015		Dues Year 2014	
	Count	Dollars	Count	Dollars	Count	Dollars
Affiliate--Continuing	63	\$3,399.00	32	\$1,824.00	44	\$2,508.00
Associate--Continuing	6(5)	\$252.00	10	\$425.00	10	\$430.00
Fellow--Continuing	86(9)	\$3612.00	83	\$3,527.50	85	\$3,655.00
Life Status With Pub--New	1(54)	\$15.00	1	\$14.50	0	\$0.00
Member--Continuing	468(108)	\$19,686.50	523	\$ 22,312.50	528	\$22,868.00
Member--New	64(95)	\$3,616.00	66	\$3,160.00	57	\$3,204.00
Student Affiliate--Continuing	92	\$2,300.00	99	\$2,475.00	117	\$2,925.00
Student Affiliate--New	288	\$7,200.00	207	\$5,207.00	218	\$5,450.00
Totals	1068(272)	\$40,080.50	1020	\$39,394.50	1059	\$41,040.00

**Numbers in parentheses refer to previously paid or free*

MEMBERS-AT-LARGE (Continued)

ued to respond to potential members who have questions about Division 45 membership and forward questions to appropriate executive board members. Also, I work as a liaison with membership services to answer membership questions that come up within the division. Several attendees of the Division 45 Conference volunteered to be on the membership committee.

Robyn Gobin, Ph.D.

*Member-at-Large, African American Slate
(2017-2019)*

Greetings from Illinois! First, I would like to express my sincerest gratitude to you for electing me to serve Division 45 as the new Member-at-Large, African American Slate. I look forward to leveraging my prior leadership experiences and my research and clinical expertise to advance the mission of Division 45.



A bit about my background: I am an Assistant Professor at the University of Illinois at Urbana Champaign. I identify as a trauma psychologist. My program of research is concerned with the impact of interpersonal trauma (e.g., sexual assault, intimate partner violence, child abuse) on mental health and well-being, particularly among African Americans, women, and military veterans. My research also involves developing and testing novel interventions that promote PTSD recovery, reduce mental health stigma, and increase treatment engagement. In my clinical practice, I draw largely from acceptance-based and emotion-focused approaches to address post-traumatic stress while honoring clients' cultural identities and perspectives. I am passionate about infusing my research and clinical experiences in teaching courses such as Mental Health and Trauma, Diversity, and Resilience. I currently serve on the editorial board of the *Journal of Trauma and Dissociation*. I have been fortunate to serve on various leadership boards and committees, including the APA Committee on Early Career Psychologists, the APA Division of Trauma Psychology, and the Association of Black Psychologists.

I had the opportunity to attend my first Division 45 EC mid-winter meeting in January. It was a wonderful experience! I was received with open arms, blessed with knowledge, showered with support, and surrounded by authenticity and passion for the division and the people we serve. I look forward to being involved in coordination efforts for the upcoming APA convention and serv-

ing in other capacities for the division. Please do not hesitate to contact me should you have any suggestions or concerns that you would like me to attend to during my term of leadership. It is an honor and my pleasure to serve you!

STANDING AND AD HOC COMMITTEE CHAIRS

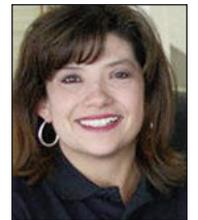
Merranda Marin, Ph.D.

Program Chair (2016-2017)

Yue Li, M.S.

Graduate Assistant to Program Chair (2016-2017)

Division 45 is proud to announce a featured symposium entitled *Serving Children and Families of Color Through Research Opportunities in the Current Political Climate*. This fascinating session features Dr. Erick Jones who is with the National Science Foundation and will introduce and examine ways in which research funding opportunities can best serve children and families of color in the current political climate.



Merranda Marin



Yue Li

Additionally, Division 45 looks forward to the annual James Jones Hour and this year's session is entitled *Post-election stress: Rising from the Ashes*.

Our fabulous current president of Division 45, Dr. Enedina Vazquez will be concentrating her presidential address on *Social Justice for Children and Families of Color Today and Tomorrow*.

Jasmín Llamas, Ph.D.

Web-site Manager

Over the past year, Division 45 has worked to revive the website. We continue to work on keeping information up-to-date and providing members with important resources. Members are invited to share any comments or ideas they have for the website. We also have integrated our social media onto our website and hope you will join us on Facebook and follow us on Twitter. Stay tuned for an updated Facebook page to come!



APOLOGY TO THE NATIVE AMERICAN, ALASKA NATIVE, AND NATIVE HAWAIIAN PEOPLE

*Melissa Tehee, J.D., Ph.D. and Amanda Blume, M.S.
Utah State University*

We would like to share a very sensitive and meaningful apology from the members of Section 9, Psychoanalysis for Social Responsibility, a section of the Division of Psychoanalysis (Division 39) of the American Psychological Association.

They chose to publically convey this Full Apology to the Native American, Alaska Native, and Native Hawaiian People at the 2017 National Multicultural Conference and Summit (NMCS). The apology was displayed throughout the conference and summit and a presentation of the apology took place at the NMCS closing ceremony. The closing ceremony began with drumming from SIP members Karlee Fellner and Melinda Garcia. Members of the Society of Indian Psychologists (SIP) stood in front of the stage alongside members of APA Division 39. Catherine Adler of Division 39 presented sage offerings wrapped in parchment copies of the apology to the drummers and a tobacco offering, traditional for a tribal leader to receive, was given to SIP president Art Blume. Following the offerings, members of Division 39 presented the apology to Native peoples of the U.S., read by Jan Haaken of Division 39. Other divisions (listed below) signed the apology prior to the ceremony. Art Blume symbolically accepted the apology on behalf of American Indians, Alaskan Natives, and Native Hawaiians. After the apology was made, Karlee Fellner sang a traditional song of healing and new beginnings. Following the song, members of APA Division 39 went down the line of SIP members and gave them hugs and kind words. When the closing ceremony was opened up to audience questions and feedback, some audience members expressed remorse that APA has not yet given a formal apology to Native peoples of the U.S. This experience was very moving for all in attendance and we thank all those involved in bringing this Apology to fruition.

The Full Apology can be read at:

<http://nebula.wsimg.com/c7bc95048e52f49fc8727fa4d3c4e646?AccessKeyId=3BBC34B5002E1951E7BE&disposition=0&alloworigin=1>

Written by:

Section IX, Psychoanalysis for Social Responsibility, a section of Division 39 (Psychoanalysis)

Signed on by:

Division 24, Division of Theoretical and Philosophical Psychology

Division 26, Society for the History of Psychology

Division 27, Society for Community Research and Action

Division, 35, Society for the Psychology of Women

Division 45, Society for the Psychological Study of Culture, Race and Ethnicity



Presentation of the apology took place at the NMCS closing ceremony.

**THE 4TH BIENNIAL DIVISION 45 RESEARCH CONFERENCE CO-HOSTED BY
STANFORD GRADUATE SCHOOL OF EDUCATION AND PALO ALTO UNIVERSITY
THURSDAY, JULY 7 – SATURDAY, JULY 9, 2016**

Joyce Chu, Ph.D. and Teresa LaFromboise, Ph.D.

The event was held at Stanford University and featured plenary speakers, symposia, paper presentations, a poster session and professional development workshops, as well as using the first day for a first-ever Native American pre-conference. The conference was founded in 2010 by then-Society President Robert M. Sellers of the University of Michigan to facilitate research dissemination, career development, and networking. It was in California for the first time and attracted over 528 faculty, professionals, and students from psychology and other health-related fields.

The conference was co-chaired by Teresa LaFromboise, professor of Developmental and Psychological Sciences in the Graduate School of Education at Stanford University, and Joyce Chu, associate professor and director of the Center for Excellence in Diversity and the Diversity and Community Mental Health Emphasis at Palo Alto University.

Each day presented invaluable opportunities for career development for professional and student researchers and included talks on the latest findings from psychological studies of race, ethnicity, and culture. New to the event this year was a Native American pre-conference on the first day, July 7, concurrent to the professional development pre-conference tailored for students and early career professionals. The Native American pre-conference highlighted the work of 14 Native scholars from the United States and Canada and over 100 attendees. Presenters included Native and First Nation scholars from the National Institute of Health, the University of New Mexico, the University of Oklahoma, the University

of Colorado, the University of Washington, the University of British Columbia, and Stanford University. Together, the two pre-conferences drew 220 attendees in total.

On July 8-9, presentations and workshops were hosted by some of the world's foremost scholars as they discussed research on the psychological study of race, ethnicity and culture.

Among the plenary talks were:

- Dr. Antonio Puente, president elect of the American Psychological Association and professor of psychology at the University of North Carolina, "Psychological science, practice and politics: The interface of clinical neuropsychology and death penalty."
- Dr. Joseph Gone, associate professor of psychology and American culture at the University of Michigan, "The thing happened as he wished: Unbundling an American Indian cultural psychology."
- Dr. Kimberly Balsam, professor at Palo Alto University, and Dr. Eduardo Morales, Distinguished Professor at Alliant International University, "The intersection of ethnicity and LGBTQ issues in research and health disparities"
- Dr. Jeanne Tsai, associate professor of psychology at Stanford University, "Cultural differences in ideal affect: Implications for mental health and other important things"



Speakers at the 4th Biennial Division 45 Research Conference. Photo credit: Dean Eyre, III

RESEARCH CONFERENCE (Continued)



**DIVISION 45
STUDENT TRAVEL AWARD WINNERS
NATIONAL MULTICULTURAL
CONFERENCE & SUMMIT 2017
PORTLAND, OREGON**

Jasmine Jenkins

*Counseling Psychology
University of Georgia*

I attended the National Multicultural Conference and Summit (NMCS) in Portland, Oregon in January 2017 with eight fellow students from the University of Georgia Counseling Psychology program. We started off the conference on Thursday morning with the Opening Session: "Looking Back: A Keynote Conversation with the NMCS Founders." The room was immediately filled with an air of warmth and appreciation as Drs. Phillips Bingham, Sue, and Vasquez walked down the center aisle welcoming us. As we gave them a well-deserved standing ovation, I thought about how blessed I was to be in attendance. During the presentation I gained insight on how NMCS was developed, and I learned from the elder's struggles and was inspired by their success in celebrating twenty years of NMCS.

Directly after the opening session, I attended a roundtable discussion led by Drs. Singh and Mobley, entitled "Structural Racism in Predominantly White Institutions (PWIs): Learning from the Past to Transform the Present." The most salient concept that I gained from the dialogue

was reframing our perceptions of PWIs by altering the terminology to use the term Historically White Institutions (HWIs). As a proud HBCU (Spelman College) and HWI (University of Pennsylvania) alum, I completely understand the importance of recognizing the roots of our alma maters. In reference to HWIs, reframing our language allows us to acknowledge the fact that the institutional racism that still exists in many HWIs across the nation stems from the historical structural racism, not necessarily from the fact that the minority population has not yet become the majority.

After this insightful presentation, I attended the poster sessions, where I learned about various studies related to multicultural topics such as: internalized racial oppression, LGBTQ+ youth, minority graduate students, and the experiences of undocumented individuals. Over the next couple of days, some of my personal highlights were: "Social Justice Outreach with Police Departments" and "Counseling Psychology and Social Justice Leadership in the Real World: An Intergenerational Call."

It was my honor to co-facilitate a roundtable discussion with my classmates, Lindsay Krause and Stephanie Shiffler. As members of the Juvenile Counseling and Assessment Program (JCAP) at the University of Georgia, we provide psychological services to adjudicated youth in Athens, GA. In addition to working with youth on probation, I also provide counseling and assessments at my advanced practicum in a detention center in Atlanta, GA. Consequently we were prepared to lead a discussion on "The Mental Health Implications of Prisons." Our well-attended roundtable covered the topics of disproportion-



*NMCS student travel award winners
Photo credit: Desa Daniel*

TRAVEL AWARD WINNERS (Continued)

ate minority confinement, inmates suffering from mental illnesses, the role of solitary confinement in the exacerbation of mental illnesses, the perspectives of correctional officers, and community needs. We ended the session by encouraging our attendees to continue to educate themselves on this topic and to engage in activism with regards to adjudicated youth.

The diversity I witnessed throughout the conference gave me hope for the future of psychology. As I looked around, I saw our next generation of multicultural researchers, therapists, professors, and consultants. I met advocates and activists, who believe that psychological work can and will transform systems of oppression around the world. I was cultivated, motivated, inspired and uplifted by the discussions and presentations. Thus, I am grateful for the funding from my Division 45 family to

Division 45 Listserv

Are you an active and current member not on the Division 45 listserv? You can go to the Division 45 webpage <http://www.apa.org/about/division/div45.aspx>, to learn more about our vibrant and engaging organization.

On our webpage under the membership section (look at the right hand panel about halfway down) there is a link called "listserv."

You can join here or if you are a member, all you have to do is to follow the easy steps below.

To join the List:

Write to LISTSERV@LISTS.APA.ORG and, in the text of your message (not the subject line), write: SUBSCRIBE DIV45

To Leave the List:

Write to LISTSERV@LISTS.APA.ORG and, in the text of your message (not the subject line), write: SIGNOFF DIV 45

For More Information:

Write to LISTSERV@LISTS.APA.ORG and, in the text of your message (not the subject line), write: "HELP" or "INFO" (without the quotes). HELP will give you a short help message and INFO a list of the documents you can order.

Please note that, members have to sign up for the listserv. The Division doesn't automatically add people when they become members.

Division 45 utilizes APA division services for trouble-shooting problems like getting on the general listserv and address changes. Members should send change of address information and problems enlisting on the listserv to Keith Cooke in APA division services via email at kcooke@apa.org.

attend NMCS. Without a scholarship, I would not have been able to attend and present at NMCS, and I would not have had this wonderful experience. Thank you!

Ayli Carrero Pinedo

*Counseling Psychology
University of North Dakota*

As a first generation Latina graduate student, I have found that without community, it is nearly impossible to be successful in graduate school. The National Multicultural Conference and Summit served as an opportunity to meet peers, colleagues, and faculty across the nation, exposed me to various aspects of multicultural psychology, and provided another support system outside of my counseling psychology program. My presentation highlighted the experiences of Latina/o undergraduate students entering and persisting in engineering. This qualitative study was lead by Dr. Patton Garriott and is part of a larger multi-method study that explores the role of personal, contextual, and cognitive variables on the intended persistence of engineering students using Social Cognitive Career Theory. During the poster session, I also had the opportunity to network with students, clinicians, and faculty that were passionate about subjective health and emotional well-being of racial/ethnic minorities.

Broadly, my interests include health service access, integrated healthcare, immigration, acculturation, and other transition issues, particularly for Latinx individuals and their families. Thus, it was important for me to attend programming that focused on these aspects of multicultural psychology. The roundtable "Re-examining issues in mental health that affect women of color" was a very enlightening experience. We examined how women of color continue to experience mental health disparities and addressed how the intersectionality of gender, class, race/ethnicity, legal status, and parental status informs our clinical work to better serve women of color. I was proud to be in a room full of women whose advocacy efforts and practice of multicultural psychology continue to improve the lives of those who are often devalued and underserved.

On the other hand, a cornerstone of my career development and goals are aimed at enhancing racial and ethnic minorities' capacity to advocate for themselves and others. Therefore, I wanted to be part of conversations that would give attendees voice, agency, and a space to process information with people who share similar experiences and identities. The difficult dialogues session titled "To view or not to view: Facing into mental health professionals processing of our collective trauma" did exactly that. In line with the conference theme, we discussed what has been done, what we can improve, how we can continue to feel empowered despite setbacks, and how we can take care of ourselves in our respective spaces.

TRAVEL AWARD WINNERS

(Continued)

Moreover, I attended a session where intergenerational counseling psychologists discussed the need to be engaged in social justice leadership and how to implement the latter in every aspect of our work. Their honest and authentic experiences reminded me that despite the constant *lucha* as a first generation Peruvian immigrant in the United States, I have the power to be a leader in every context.

Thank you, Division 45, for supporting students at every stage of their professional career. This was my first time attending the National Multicultural Conference and Summit and I look forward to building more relationships with future leaders in the field. The founders' speech on staying grounded and believing in our work is something I will always remember and it set the tone for the remainder of my doctoral education.

Jacks Cheng

Counseling Psychology
Indiana University Bloomington

NMCS has such meaning and importance to me because of my experiences as a womanist queer expatriate of color. I am privileged and humbled to accept the award from Division 45 for my travels, and I was much excited to participate in difficult conversations about intersectional identities and personal experiences. This award especially allowed me to deliver a CE symposium with my colleagues on our efforts working with a local police agency to increase officers' understanding and competence in issues of multiculturalism and mental health. Given recent events of police brutality and rising tension between communities of color and the police, the attendance was phenomenal and we had received overwhelming positive feedback as well as request for mentorship for continuation of this work elsewhere.

Additionally, I am appreciative of this opportunity to tell my story as a federal officer of color committed to social justice, and the personal sides of the implications of this kind of training. I also had the pleasure of facilitating two roundtable conversations about the internationalization of psychology, and the need for cross-cultural training, sensitivity, and multilingual services that is particularly dire for communities and expatriates of color. What

became clear in both of these conversations was not just the ability for like-minded professionals to discuss important issues, but also for all of us to network with each other and information we would have otherwise not received. Similarly, out of all the sessions I attended as a participant, it was the Difficult Dialogue on feeling othered that really spoke to me precisely because of the lack of connections with others who might share the boat with me as a student in a PWI. Moreover, what was important in this Difficult Dialogue, and also in the More Pie discussion, was the beginning of a healing process for me (and for many others) to find strength in our collective force-to-be able to be vulnerable and supported without judgment. I hope to continue these new-found relationships and collaborate to generate greater understanding of people of color and other minority experiences in the future.

Venus Mahmoodi

Clinical Psychology
Palo Alto University

My parents fled to Germany in the 80s after the Soviet invasion of Afghanistan. This is where I was born. At age 6, I moved to the United States. Knowing the struggles of being an immigrant and the struggles of my mother as a refugee, I knew I wanted to do something with my life that would bring meaning both to my life and to the lives of others. When I entered graduate school, I decided to focus on the experiences of Muslims in the United States, including both immigrants and indigenous Muslims. As one of the marginalized and vulnerable groups in the United States, research and clinical interventions catering specifically to American Muslims is vital to address the multitude of negative consequences, especially as Islamophobia increases. As such, my research and clinical interests are an important contribution to understanding how postpartum women cope with depression and decreased life satisfaction.

At the National Multicultural Conference and Symposium (NMCS), my co-presenters and I were interested in disseminating important information about clinical practice, research, and applied interventions as applied to Muslim women. My presentation was based on my dissertation and entitled, *Individual and Social Context Variables Associated with U.S. Muslim Women's Postpartum Depressive Symptoms*. During my presentation, I focused on risk and protective factors that are specific to Muslim women's experiences. I am most interested in Muslim women's perinatal practices, including religious and ethnic/racial practices, that are performed during the pregnancy and postpartum. I found that this topic was valuable and engaging for our audience as mental health practitioners and researchers.

Throughout my time at conference, I attended sessions that reinforced the need for support and allies for under-

WHAT DOES DIVISION 45 MEAN TO YOU?

Go to this web link and tell your EC!

<http://division45.org/>

TRAVEL AWARD WINNERS

(Continued)

served and vulnerable populations of diverse backgrounds. During the opening remarks by the keynote speakers, I was incredibly moved and inspired by the respect afforded conference elders. They spoke of their experiences while starting the conference and disseminated their wisdom on us, budding clinicians. I felt validated for the confusion and disconnect I often feel as a person of color and practicing Muslim by just hearing their reasons for starting the conference, particularly to provide support to the vulnerable. Furthermore, I was quite awestruck to see so many psychologists of such diverse backgrounds, doing incredible work through their research and clinical practice. In addition to general lectures, I attended several difficult dialogue sessions. These were eye-opening sessions that built a sense of belonging and empathy among all the individuals in the discussion. One discussion focused on the role of privilege on our experiences as clinicians of color. On multiple occasions, I was brought to tears through the validation of my own experiences. Other discussions focused on ally-ship and how these allies can support people of color. It was quite heartening to hear the stories of support, especially after feeling vulnerable and fearful.

One of the most valuable conversations was with the Rising Stars, Early Career Psychologists. They discussed the "imposter phenomenon" and the impact that has on budding clinicians of color. I find myself experiencing imposter syndrome a great deal while on internship, and I find it extremely difficult to navigate my clinical experi-

ences, training, and soon my career. However, learning that many of my colleagues and elders felt the same way was not only empowering but validating.

Receiving this award is quite instrumental in allowing me to attend my first NMCS conference. I am in my final year of graduate school and completing my internship in New York City. As the sole breadwinner in my family, I provide for my husband and daughter using my internship stipend. Traveling can be quite cost prohibitive, but I knew I needed to share my research, especially during this time that Muslims are targeted. In addition, I received both support as a practicing Muslim woman and as a clinician serving vulnerable and underserved people. I feel that as the uncertainty of the world increases, knowing that there are clinicians doing similar work makes brings the community together for a unifying cause. I want to sincerely thank Division 45 for giving me this opportunity to go to NMCS.

Mona Elgohail

*Clinical Psychology
Drexel University*

The 2017 National Multicultural Conference and Summit (NMCS) provided a forum for honest conversations about how to address the needs of diverse people in our psychology community, our country, and our world. The Division 45 NMCS Travel Award made it possible for me to contribute to these critical conversations through my presentation on the experiences of Muslim women, while also allowing me to attend the remainder of the conference to learn from and exchange ideas with other attendees invested in multiculturalism.

The goal of advancing social justice was weaved through my research presentation, as well as the other sessions I attended. My research focuses on understanding the unique pregnancy and infertility experiences of minority women, with my most recent study examining the impact of faith on the mental health and coping of Muslim women with infertility. My talk was a part of a symposium that centered Muslim women's experiences at the

Advertising Policy

All articles and advertisements are subject to review and approval by the editor. Submissions must be relevant to Division 45 interests.

The following rates apply to announcements for job openings and publisher's new releases based on a three-column per page format:

3 inches	\$50
1/2 column (5")	\$75
1 column (9")	\$140
1/2 page	\$200
1 page	\$ 400

Deadline for Spring Issue (May): February 15
Deadline for Fall Issue (Dec.): September 1

Contact:

Amanda Waters, PhD
Email: amanda.waters@uconn.edu

**Give birth to a book? Been given a new title?
Have exciting research to report? Something else
of interest to share with our Division 45 col-
leagues?**

Please send your submissions to FOCUS
Editor, Amanda Waters,
amanda.waters@uconn.edu
to be included in the next edition of FOCUS.

TRAVEL AWARD WINNERS
(Continued)



Presenters Lamise Shawahin, Ph.D., Venus Mahmoodi, M.S., and Mona Elgohail, M.S. at their symposium titled "Muslim Women: Exploring Health and Wellbeing at the Intersection of Race, Religion and Gender."

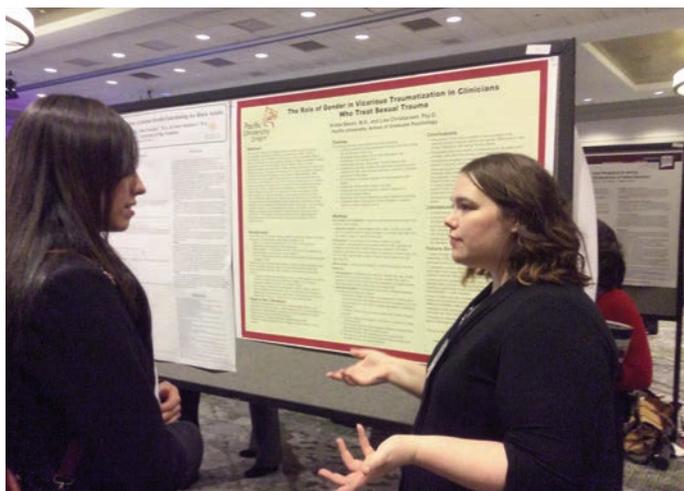
intersection of a marginalized religious and gender identity and focused on the influence of psychosocial factors on mental and physical health outcomes. I concluded the presentation with Muslim-specific guidelines for research, clinical practice, and advocacy efforts in healthcare settings.

The sessions I attended both broadened and deepened my understanding of how to advocate for diverse people in university and community settings. The session *Feeling*

Othered in Your Own Space provided great insight into the systems of injustice that influence many universities. Students and psychologists shared their personal accounts of discrimination as minorities in primarily white institutions. This led to a discussion on the importance of finding a balance between spending time in safe spaces where we heal and uncomfortable spaces where we continue the fight for social justice. Dr. Karen Suyemoto and her students, in the *Pearls and Perils of a Diversity Committee* session, shared a successful model for a diversity committee, thereby providing attendees with an infrastructure for social justice in doctoral training programs. In addition, the session *From Noun to Verb: Effective Allying* provided a forum for discussing and discovering successful allying through the collective experiences and expertise of attendees. This session emphasized that allyship is about taking action in an effort to dismantle inequities. We discussed critical allyship-related action items, such as seeking out marginalized voices, recognizing the privilege that you hold, standing up to discrimination in your daily life, and being proactive about inclusion.

The information shared in these sessions and others at the 2017 NMCS help advance social justice in university, community, and healthcare settings. The conference also significantly contributed to my professional growth as a minority psychologist-in-training with a passion for addressing inequities. Undoubtedly, the 2017 NMCS provided an environment for the exchange of ideas that may inform the development of policies and programs that address the needs of today's increasingly diverse world.

THE 2017 NATIONAL MULTICULTURAL CONFERENCE AND SUMMIT



Cecilia Macedo, San Jose State University, presenting her poster on Culture and Parenting Among Teen Fathers. Photo credit: Alyson Burns-Glover, Ph.D.



Krista Bacon of Pacific University, Oregon, presenting her research on Gender and Vicarious Trauma

MULTICULTURAL CONFERENCE (Continued)



Attendees at the roundtable breakout "Aloha we stand" discussion of Native and Local Hawaiian identity and higher education



A roundtable discussion at NMCS 2017 in Portland, Oregon

KUDOS TO DIVISION 45 MEMBERS

Kudos

Joseph Trimble: APA Gold Medal for Lifetime Achievement in the Public Interest

Jane Harmon Jacobs - Antioch University, Seattle
Melissa Kennedy - Kennedy Psychological Services, PLLC

Social Issues in Living Color: Challenges and Solutions from the Perspective of Ethnic Minority Psychology
Arthur W. Blume, Editor

Publications

Psychology of Adjustment
John Moritsugu - Pacific Lutheran University
Elizabeth M. Vera - Loyola University Chicago

Handbook of Arab American Psychology
Mona Amer & Germine Awad, Editors

SOCIETY FOR THE PSYCHOLOGICAL STUDY OF ETHNIC MINORITY ISSUES MEMBERSHIP APPLICATION

In order to assess the interests and needs of new members, we ask you to please print your answers to the following questions:

- 1 Name: _____ Date: _____
- 2 Mailing Address: _____ City: _____ State: _____ Zip: _____
Tel: (____) _____ E-mail: _____
- 3 Highest Degree: _____ Date Awarded: _____ Awarding Institution: _____
- 4 Currently an APA Member? Yes; No If Yes, Membership Number: _____
If Yes, Which Member Level? Member; Fellow; Associate; Student Affiliate; or Professional Affiliate
- 5 Current Professional Activities (Check all that apply):
 Teaching; Research; Clinical; Administration; Other (Specify) _____
- 6 Self Identification (Check all that apply): African American/Black; American Indian; Euro-American;
 Asian/Pacific Islander; Latino/Hispanic; Other (Please specify) _____
- 7 What are the two most important issues you would like to see the Division address?
a) _____ b) _____
- 8 In what member capacity would you like to serve Division 45?
 Task Force; Committee; Elected Office; Other (Specify) _____

Division 45 Membership Status and Dues: Member (\$57.00); Professional Affiliate (\$57.00); Student Affiliate (\$25.00)

To join, please complete the application form, detach and send it with a check to:
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