FROM THE PRESIDENT
Alvin Alvarez, Ph.D.

The only tired I was, was tired of giving in.
~ Rosa Parks

Well, as I write this, we are on the eve of impeaching our fourth President. In a recent New York Times piece, Michelle Goldberg writes about the pervasive feeling of what she calls democracy grief—that profound sense that the institutions and values that we have relied upon as safeguards are failing. I get that and I imagine many of us do. And while I am not clear on where this will go, much less what will happen next November, I find some measure of comfort in the fact that the House of Representatives has acted in principle and in good faith—regardless of whether the act is a momentous one, a futile one, or both.

To act. To act in principle. To continue to act even when its impact is uncertain. To simply keep moving forward...that is the inspiration that the quote above by Rosa Park evokes. And as I conclude my term as President, I am deeply proud that the Division’s work—Diversity in Action—has continued to move us forward this past year—work that has built upon Past-President Helen Neville’s powerful Radical Healing Initiative and work that leads right into incoming President Art Blume’s Warrior Path Task Force.

We started the year in the face of White terrorism in New Zealand. And rather than be paralyzed by this horrific violence, the Executive Committee took action (e.g., creating a virtual healing circle, donating funds to Muslim communities in New Zealand and in the U.S., compiling resources, and insuring prayer spaces were available at convention). Equally important, we acted in collaboration with the leadership of the Asian American Psychological Association’s Division of South Asian Americans and the American Arab, Middle Eastern, and North African Psychological Association.

This same spirit of collaboration—a collaboration between Divisions 17, 35, and 44—was the foundational spirit that fueled the Youth of Color Forum on August 7th. In partnership with the Upward Bound Program at the University of Illinois, Chicago, the Forum was designed to bring the clinical, scholarly, and pedagogical expertise of four APA Divisions in direct service to youth of color, their families, and the community-based service providers who serve them. Under the leadership of Ida Salusky and Angela Ferguson, this single day was the highlight of my year as participants from four to 63 years old wrestled with workshops on wellness in LGBTQ Youth of Color,
psychological resiliencies, dealing with racism, and career development. Imagine a 10-year old boy asking a room full of adults about what to do when you feel like you have a crush on another boy...and you can get a sense of the kind of trust, acceptance and safety that the Forum created for its participants—a space we rarely find to talk about topics that we rarely get to discuss! So, I am absolutely thrilled that the Division will continue to create such a space for future Forum participants with the next one in Washington, DC at Howard University prior to convention!

The Youth of Color Forum, however, is just one example of the substantive commitment that the Division is making to community engagement. Earlier this year, Rebecca Toporek and Chris Liang’s leadership of the Community Engagement Task Force was pivotal in helping the EC to envision the range of ways that community engagement could be embedded in the very fabric of the Division. Among the most notable, Division members will soon be asked to support a Bylaws Amendment that will create and institutionalize an elected Member-at-Large for Community Engagement, as well as a standing Committee for Community Engagement! Similarly, under the leadership of Desa Daniel and Barbara Thelamour, the NexGen Task Force explored a host of possibilities to give voice and visibility to the issues facing our next generation of colleagues. Their work will also result in an upcoming Bylaws vote that will ask members to support the creation of an elected Member-at-Large for Early Career Psychologists, the creation of an Early Career Psychologists Committee, and the right to vote for all graduate students in Division elections!

In the same vein, I’m deeply proud of the convention that Anne Saw and Nori Lim created on our collective behalf! For the first time ever, Anne and Nori oversaw all aspects of the convention—rather than focusing solely on the program review—and created an organizationally streamlined process for delivering the Division’s top quality sessions! Moreover, by creating committees for all aspects of the convention, the convention has now become an ideal entry into Division service for all members, especially graduate students and ECPs! Lastly, in terms of Division finances, I am pleased to report that the Division is anticipated to reach its target goal of having 7 years of operational funds in its reserves by the end of 2019. This effectively means that if the Division were to lose all sources of revenue for 7 years we would still be able to operate as we have always done! As you can see, this is no small feat and I am indebted to the fiscal stewardship of prior Presidents and most especially prior Treasurers—Joe Horvat, Jae Yeon Jung, and Joyce Chu. This remarkable level of financial stability will become the foundation for the creation of a Division-wide grants program that is currently in the works and that will focus on a number of areas such as community-based partnerships. So keep an eye on that for 2020!

Well, okay. Admittedly, as I wrote this and looked back on all that has happened this past year, I’m a bit tired. But it’s the good kind of tired. The kind of tired that comes from time well spent with colleagues whose passion and spirit for change is at the center of who they are. To be a part of that, to be a part of this family we call Division 45 has been, and continues to be, a gift. For the privilege of having a year of both meaning and possibilities, I can’t thank you enough!

FROM THE EDITOR

Dear Division 45 friends and colleagues,

The past four years of editing FOCUS have been an honor as I met and advocated alongside many of you—amazing psychologists and psychologists in training. My small corner of the world expanded and I am deeply grateful. I encourage each of us to connect with one another as informal mentors and mentees have both challenged and supported me in both uncertain and hopeful times. As we celebrate the past year with Dr. Alvin Alvarez as president, we also look forward to the future of the Division under the leadership of Dr. Art Blume.

I am also thrilled that we developed a Student Editor position for FOCUS in 2018, and this year welcomed Malini Basdeo for the role. Malini Basdeo is a fifth-year clinical psychology graduate student at the University of Hartford in Hartford, CT. Malini’s research interests include identity formation, multicultural competence, and accessibility of mental health care. Her clinical interests include interpersonal and relationship issues, adjustment and acculturation, and social justice and empowerment. Malini is currently a pre-doctoral intern at the University of North Carolina in Chapel Hill. She has been enjoying exploring a new region, including visiting wildlife sanctuaries and trying out different restaurants. Malini is thoughtful, conscientious, and warm; moreover, she is a wonderful asset to the Division 45 family.

Furthermore, I am excited to announce the next editor of FOCUS will be Dr. Carissa Dwiwardani. Carissa is an Associate Professor in the Department of Psychology at Azusa Pacific University and received her PhD in Clinical Psychology from Biola University’s Rosemead School of Psychology. She was awarded the William L. Hathaway
REPORT FROM THE COUNCIL REPRESENTATIVES AUGUST 2019 MEETING
Joseph P. Gone, PhD & Hector Y. Adames, PsyD

We congratulate you, the membership of Division 45 for being instrumental in helping our community secure three seats for the 2020 American Psychological Association (APA) Council Representatives. Congratulations to Drs. Robyn L. Gobin and Enedina G. Vazquez for serving our beloved association in this important role.

As your current Division 45 Council Representatives, we are pleased to share with you some highlights from the August 2019 Council Meeting in Chicago. The following information was prepared by APA staff.

Council Voted Overwhelmingly in Favor of Two Sets of Guidelines Including:

- The Race and Ethnicity Guidelines in Psychology: Promoting Responsiveness and Equity. We congratulate and thank the task force members including: Karen L. Suyemoto, PhD (Chair), Joseph E. Trimble, PhD (Co-chair), Kevin O. Cokley, PhD, Helen A. Neville, PhD, Sandra Mattar, PsyD, and Suzette L. Speight, PhD. The guidelines are the first to specifically focus on race and ethnicity since APA’s 2002 Multicultural Guidelines.

- The Guidelines for Psychological Practice for People with Low-Income and Economic Marginalization, which are the first APA guidelines to address the needs of low-income people. We congratulate and thank the task force members including Cindy L. Juntunen, PhD (chair), Astrea Greig, PsyD, Jameson Hirsch, PhD, Amy H. Peterman, PhD, Kipp Pietrantonio, PhD, Denise Ross, PhD, and Mindi Thompson, PhD.

Resolution Passed:

- A resolution that calls on the U.S. federal government to ensure immigrants can access health services, mental health services, and social services was passed by the Council. The resolution states, “APA supports practical and humane immigration policies that consider the wellbeing of immigrants and refugees, and particularly families, including the provision of appropriate medical, mental health, and social services. APA also calls upon the federal and state governments to provide sufficient funding to ensure appropriate health and social services are provided” (APA, 2019, p. 2).

Public Information Campaign on Racism:
The Council of Representatives called for APA to explore a public information campaign on racism. The Council overwhelmingly passed a motion directing the APA Board of Directors to establish a task force that will assess the possibility of developing a public education campaign on racism and discrimination.

Student Voting Privileges:

- APA approved a motion to give student members voting privileges: Nearly three-fourths of Council members approved amendments to the APA bylaws and association rules that would create an official membership category for graduate students that specifically gives them voting rights after one year. Those rights include the ability to vote for president-elect, members-at-large of the Board of Directors, apportionment, and bylaws amendments.

STUDENT CORNER

Greetings Division 45 Family,

My name is Keoishia Harris and I am the new Division 45 Student Representative. I am a doctoral student in Counseling Psychology at the University of Texas at Austin. My research interests can be broadly categorized as Black Psychology with a specific focus on the racial achievement gap, microaggressions, and the lasting impacts of racism (e.g. psychological, emotional, physiological impacts of racism). My clinical interests include examining health disparities, race-related stress responses and trauma, at-risk families and youth, mental health advocacy, cultural mistrust, and multicultural competence.

Before delving into an update about the student committee, I first want to extend a huge ‘thank you’ to all...
The Campus Representative Program held its first monthly Coffee Chit Chat session with the incoming cohort of reps for the 2019-2020 academic school year. This year the program welcomes 25 representatives across 21 institutions and individuals whose interests are varied across a wide range of psychology training programs. Our reps are excited to engage in work to promote the mission and vision of Division 45 and are thrilled for the opportunity to serve the division as student leaders. We also look forward to interacting with division members on programming initiatives and invited talks during our monthly meetings and webinars. It is our hope that the campus representative program will continue to flourish over the years.

Kerolos Sorial, M.A.
Division 45 Campus Representative at Midwestern University

Division 45 at Midwestern University in Downers Grove, IL hosted Ms. Samantha Allweiss, Manager at the Wellness Program in Chicago, IL, on October 7, 2019, to speak to future healthcare professionals around the campus on the importance of trauma-informed work when working with refugees, asylees, and immigrants. She spoke to us about the resettlement process for this delicate group of individuals as well as pre- and post-immigration stressors that can contribute to difficulties during resettlement. Furthermore, Ms. Allweiss spoke to the attendees on significant considerations when working with these individuals in healthcare, and how we can be aware of the things we do and say to them in our interactions to preserve their safety and well-being after such significant hardship. Attendees were provided with an opportunity to ask questions in relation to the topic and more about the work that Refugee One, the center in Chicago, does to aid refugees, asylees, and immigrants. Pizza was provided for the event, which the funds being asked for would support.

Division 45 aims to educate and promote awareness surrounding ethnic minority issues. This event was surely a manifestation of Division 45’s vision, as it allowed for future healthcare professionals to be educated on more effective and compassionate work within their own respective fields. This event was inspired by a general student need on campus for education and awareness regarding working with minorities in healthcare. There are not many diversity courses offered on campus and it has always been helpful to host guest speakers on topics such as this to maintain appropriate competence regarding these significant topics. Division 45 and the Diversity Enrichment Task Force, a Midwestern University organization, will do its best to continue advocating for the continuation of education on universal minority health.
DIVISION 45 APA CONVENTION TRAVEL AWARDS

Olufunke Uwuma Felix
Regent University Clinical Psychology

As a first time attendee, first author, and symposium presenter at APA, I was thoroughly pleased with my experience this year. It was exciting and comforting to see so many people of color, and I felt safe knowing that I had the support of Division 45 throughout my time at convention this year. Not only did I feel supported throughout convention, but Division 45 also helped to alleviate the stress that most graduate students have when attending a conference: finances. I thankfully did not have to worry about my ability to afford my flight and other accommodations while in Chicago because I knew that I received a very generous scholarship from Division 45. This scholarship helped tremendously and allowed me to focus on preparing for my presentation.

I had the pleasure of presenting a symposium on the first day of the conference. My symposium, Addressing Media Portrayals of the Mad Black Woman and Incarcerated Black Man with Cultural Humility, dove into media portrayals of African-American men and women and evaluated the dangers and implications of overgeneralizing a population into a single story. I used my platform as an opportunity to have a discussion with attendees about how damaging stereotypes can be to individuals of color. We discussed the history of specific stereotypes, identity development, and implicit racial bias, among other things. It was a fruitful and informative dialogue for all who attended. I was pleasantly surprised by the turn out, as I presented to a full room with only standing room available. It is my hope that the individuals that attended left with an abundance of useful information.

During the rest of my time at APA, I was able to attend a few other presentations. Because of my interests in forensics and working with people of color, I was intentional about attending presentations that I felt would propel me toward my goals. I attended a panel discussion led by Christina Clark and Dr. Nicholas E. Grant entitled Diversity in Mentorship: Culturally Responsive, Systemic, and Cross Cultural Approaches. It was interesting hearing about the panelists’ specific experiences with mentorship and the different interventions that they have utilized. I was also able to attend a symposium by Dr. Corinne Datchi entitled Mentoring At-Risk Youth in Urban School and Juvenile Justice Systems—Three Examples. As someone that works with juvenile delinquents and taught in the school system, I found this presentation particularly interesting. I was able to take notes on useful strategies and interventions to use with this population. APA was a wonderful experience for me. I am elated that I was granted the opportunity to attend this year, and I look forward to what next year has in store.

Ashely Castro
DePaul University, Clinical Child Psychology

This was my first time attending the APA Convention and it was a wonderful experience. I co-chaired and presented in a symposium titled “Meta-Analyses on the Effects of Mental Health Interventions Among Racial/Ethnic Minorities.” The purpose of our symposium was to present recent findings about the evidence base for different interventions with racial and ethnic minority individuals, as well as highlight important areas for growth in the literature. I presented on effect sizes for psychosocial depression interventions with Latino and African American children and adults. I was happy to inform the audience that enough studies have now been conducted with these populations to allow us to calculate overall effect sizes, while emphasizing the need for more clinical trials overall to better understand moderators of treatment outcomes and more trials that focus exclusively on African Americans (especially children) and culturally tailored interventions for African Americans.

I attended several other symposia at the convention, including one exploring digital mental health interventions and another on treatment of serious mental illness in children and adolescents. Beyond the highlights of my experience at the Convention were the Division 45 Business Meeting/Links and Shoulders event and the Division 35/45 Party. Both events reminded me how important it is that Division 45 has created welcoming and affirming spaces for underrepresented groups in psychology. I felt proud and inspired by all of the people around me who genuinely expressed their values and exemplified the beauty of diversity. I am grateful to have received the Division 45 Travel Award for the 2019 Convention because I was able to spend more days learning and connecting with others instead of flying out early to avoid the costs of a longer stay. Thank you for selecting me for this award. My hope is that there will be even more awards available in the future so that more students can have the kind of enriching experiences that I did.

Brian Keum, M.A.
University of Maryland, College Park Counseling Psychology

My name is Brian Keum, M.A. and I am a Ph.D. candidate in counseling psychology at the University of Maryland – College Park. I am currently completing my pre-doctoral internship at University of Maryland's Counseling Center.
I am very appreciative that I received the Division 45 Travel Award to attend this year’s APA Convention in Chicago. The travel funds made it possible for me to share my ongoing research on advocating for racial/ethnic minority individuals and to learn from the insights and perspectives of other scholars and students. As part of the Division 45 programming, I presented my poster on a gendered racial microaggressions scale I developed for Asian American women.

I was also part of a presentation at the Youth of Color Summit sponsored by Division 45 on supporting youth of color with their academic and career development. Beyond Division 45, I chaired a symposium addressing disparities in mental health outcomes among international students across U.S. college counseling centers. This presentation was particularly meaningful as it reflected my personal identity and advocacy work on the mental health needs of international students in the U.S. (not to mention, a very timely issue). Moreover, I was also involved with a symposium on food insecurity among college students. The travel funds also made it possible for me to attend the Division 45 awards ceremony and receive the Division 45 Distinguished Student Research Award in person. I was awarded this award based on the work that I have been doing on better understanding the psychological costs of online racism in today’s digital era and developing coping and prevention strategies. It was such an honor and privilege to be recognized alongside other students also passionate about research on ethnic minority and cultural diversity and esteemed scholars paving the way for us. Additionally, the travel funds were immensely helpful for me to reconnect with old friends, forge new connections, and engage in networking for academic job searching this year.

Cassandra Calle
Columbia University Teachers College
Counseling Psychology

As a doctoral student in the Counseling Psychology program at Teachers College, Columbia University, I have been afforded indescribable, impactful opportunities in research and clinical work. I had the chance to share two of these meaningful opportunities at my very first APA Conference in Chicago this August. Due to the Division 45 Travel Award, I was able to more fully enjoy the APA Conference experience because I did not have the full financial burden of the conference including airfare, lodging, conference costs, and missing days from work in order to pay these aforementioned costs. Due to my many impactful experiences and financial aid from Division 45, I am able to say I fully enjoyed my first APA Conference experience!

At this year’s APA Conference, I was part of two presentations: Latinx Resiliency Panel and Disarming Microaggressions presentation. My first day of the conference, I had the opportunity to present alongside my cohort, Sarah, Lizzie, and Narolyn, and my mentor, Dr. Derald Sue on our newly-published article on Microinterventions. After our presentation portion, my cohort and I held a one-hour question-and-answer session where we were asked some thoughtful, challenging, and important questions about our work. As scholars who have been deeply invested in this work for a long time, I always appreciate the innovative thought and questions that arise and help us think of our work from a different angle.

I also presented with a panel of important, amazing Latinx scholars on a book chapter I was able to co-author with my advisor, Dr. Marie Miville and research team, Jack and Narolyn. Besides having the opportunity to present on Latinx topics, I was able to meet and network with some of the most important scholars within the field of Latinx psychology. This experience was advantageous to both my personal and scholarly growth, as I made connections with scholars whom share similar interests to positively impact our Latinx community.

During this year’s APA Conference, I was also able to meet and network with established professionals, students, and emerging psychologists at various social events with various groups including Division 45, NLPA, Division 17, and MFP. Besides all the aforementioned experiences and opportunities the Division 45 travel award aided me in experiencing, I was also able to explore Chicago with friends because I did not have to spend all my funds on the conference. Thank you to Division 45 and the travel award that aided students in fully enjoying APA 2019 in Chicago!

Lydia Ahn
University of Maryland College Park
Counseling Psychology

This year, I was able to attend the 2019 annual APA conference in Chicago, Illinois with the help of the Division 45 conference travel award. Attending the conference this year was especially important for me given my passion for attending the Division 45 events. I felt that this year’s conference allowed for multiple opportunities for networking, connecting, bonding, and feedback on research through its various events and presentations. I thank Division 45 for helping to fund my travel from Washington D.C. to Chicago.

During the conference, I was able to present my research, attend talks, and meet scholars and colleagues from other universities. I got the opportunity to present a poster based on my thesis entitled Perceived ethnic racial socialization and parenting styles on Asian American college students’ depressive symptoms. My hope was
that through this research, clinicians could better understand how messages Asian American students receive about their race from their parents impact their mental health and how that is dependent on context (parenting styles). In addition, I want to deconstruct the narrative that all Asian American parenting is “harmful,” with my finding that a culturally-relevant parenting style called “training,” which incorporates both aspects of guidance and care, actually negatively predicts depressive symptoms. During the poster session, I felt very lucky in that I was able to receive feedback from editors and faculty members that I look up to about my next steps. It was a reminder for me that my research matters and is hopefully an important contribution to the field.

I was also able to attend other presentations such as one about intergenerational trauma impacting mental health in the Southeast Asian American community. I felt as though this presentation was extremely informative and critical given that a lot of the research tends to conglomerate all Asian Americans into one group and neglect the unique stressors that Southeast Asian Americans face. It also helped me think about clients that I work with whose parents may have dealt with trauma and how that may in turn affect their children.

Furthermore, I was able to attend multiple events during APA such as breakfast with the Cultural Diversity and Ethnic Minority Psychology journal editor, Dr. Su Yeong Kim, meet and greet with past presidents of Division 45, social hours with Division 17 and Division 45, the Division 45 business meeting, etc. These events were important for me to directly hear from scholars and to feel more efficacious and confident with my work. Being an ethnic minority female graduate student, I have struggled with feelings of imposter syndrome throughout my life. It was validating and healing to hear from other people of color and their stories about feeling similarly.

Given that APA is such a large conference, I am grateful to now feel like I found a place through Division 45. I remember my first APA two years ago feeling anxious and not knowing where to go. There were so many people, sessions, and I felt out of place. I feel so grateful to have connected with such amazing colleagues, mentors, and friends. I feel inspired and energized to work. I got a reminder about why I am here. And most importantly, I feel like I finally found a home.

APA CONVENTION DIVISION 45 CAMPUS REPRESENTATIVE LOTTERY AWARD

DePaul University graduate students were selected by lottery for Division 45 to cover registration for the APA Convention in Chicago out of a pool of other campus programs who presented their research.

Samantha Nau
DePaul University
Clinical-Community Psychology

I am very grateful to Division 45 for providing me with the funding to be able to attend this year’s American Psychological Association Convention. As a first-time attendee, I was admittedly unprepared for the size and energy of the convention. I applaud all those who played a role in coordinating the seemingly endless amount of programming and activities for this conference. I feel privileged to have been a part of this gathering of professionals who are passionate about moving the field of psychology forward through research, academia, mentoring, clinical practice and social activism. As an attendee, I was able to engage in stimulating conversations with other professionals and learn more about the latest research within different divisions. The comradery, combined with the passion to collaborate and drive to critically examine social issues, was all very inspiring. I was especially excited to attend several sessions focused on exploring and addressing concerns of communities of color. Within Division 45 programming, I learned a lot about culturally adapted mental health interventions for ethnic minorities in the symposium, “Meta-Analyses on the Effects of Mental Health Interventions among Racial/Ethnic Minorities.” This was a particularly enlightening presentation that highlighted the need for more research on interventions that are culturally responsive to the needs of diverse populations. I was also able to learn more about work being done with immigrant and refugee communities in a presentation titled “The Diverse Roles of Psychologists in Working with Refugees and Immigrants.”

In addition to immersing myself in the latest research within specific areas of interest, I feel fortunate to have been able to share the work that I have been engaged in within my clinical-community psychology doctoral program, including my posters titled “Student Advocate Perspectives of a Community-Based Advocacy Program for Rohingya Refugees” and “Body Image and Anxiety in Diverse Youth: Considering Perfectionism and Parental Psychological Control.” Perhaps the most gratifying experience was engaging in a process-oriented reflection of my experiences helping plan for and facilitate a three-part diversity clinical training series within my clinical...
practicum site. Our presentation, titled “Deepen Our Critical Consciousness: Applications to Diversity, the Self, and The Field,” was a wonderful opportunity to engage in an open dialogue with my clinic director and two other psychology externs about our experiences of creating a training series that was intended to move past surface-level diversity training models, to critically examining cultural competency and social justice issues in a manner that would push us to challenge our own biases to better meet the needs of the communities we serve.

Collectively, this enriching experience has contributed greatly to my career development. In addition to presentations, I was also fortunate enough to meet with several members of faculty and practicing psychologists who were kind enough to share their work, reflect on their own career trajectories, and offer guidance and mentorship through several social networking events, such as the Division 45 Links and Shoulders Mentoring Event. I left this conference feeling excited and reinvigorated to continue the work I am doing and reach out to potential future collaborators, mentors, and mentees. Without the registration reimbursement, I would not have been able attend this convention. Having my registration fees reimbursed has allowed me to take advantage of this enriching opportunity to network and engage in stimulating conversations with other doctoral students, early career psychologists, and leaders in the field. Attending symposiums, poster sessions, social networking events, and other presentations has provided me with more insight and exposed me to fresh perspectives that have helped me better conceptualize future research directions.

Amber Pham
DePaul University
Clinical-Community Psychology

Due to the APA lottery award, I had the opportunity to attend and present research at the annual American Psychological Association conference. I presented a poster for Division 38, discussing baseline characteristics associated with 12-month abstinence in Chinese American immigrant men. My study found that smokers who endorsed receiving partner support or received no help at all were most likely to be abstinent from smoking at 12 months. The poster session provided reciprocal learning. During the poster session, I was able to learn about other research exploring smoking cessation, as my poster neighbors studied the same topic. Presenting my poster allowed me to share information with other researchers and clinicians. Overall, my presentation went well. Presenting research helped me practice my presentation skills and I believe it will help me when I am defending my dissertation, as I am studying the same topic, Asian American smokers. Researchers asked me questions about the impact of my work and how I plan to follow up with more research. It really made me think about how I want to expand this type of work and what more I can do for the Asian American smokers’ community.

In addition to presenting my work, I was able to network with many other professionals, gathering advice and information regarding internship sites and applications. At one booth, I was able to get a professional headshot for free, which I will use for LinkedIn and other professional sites. Over the last year, I have become interested in neuropsychology and have decided to specialize in it. Division 40 had many great presentations at APA. I learned an abundant amount of information. I met many other interns and post docs, and some shared their email addresses with me. I plan to reach out to them for internship materials, such as essays and sample cover letters. I also managed to ask many questions about internships sites, such as how VA hospitals and Academic Medical Centers are structured.

I was also able to attend my colleague’s presentations. Many of my friends from DePaul University as well as from my externship at University of Illinois at Chicago had presentations. Having support really makes a difference in a presentation and I am glad I was able to be there for them, and learn about their work.

Overall, this lottery award has allowed me to spend a full weekend learning about cutting-edge research. By
attending this conference, I have made connections that will help me further my career. It was very nice to be surrounded by other professionals who have the same interest, who could answer many of my questions, and who could teach me. I have learned about assessment and therapy which will help with skill development. I was informed about many different resources and supports that APA offers. I walked away from the APA conference with new knowledge and new ideas. I was truly inspired by the whole conference. Thanks to the lottery, it has helped me develop career options, learn about psychology, and socialize with other researchers. Thank you for this opportunity.

KUDOS AND CELEBRATIONS

DIVISION 45 AWARDS

President Alvin Alvarez, Ph.D. and Past-President Helen A. Neville, Ph.D., presented the following awards:

- Emerging Professional – Contributions to Service Award: Melissa Teehee

- Emerging Professional – Contributions to Research Award: Jioni Lewis

- Charles and Shirley Thomas Award: David Rollock

- Distinguished Career - Contributions to Service Award: Jean Lau Chin

- Asuncion Miteria Austria and John Robinson Distinguished Mentoring Award: Nolan Zane

DIVISION 45 AWARDS
(Continued)

• Distinguished Career - Contributions to Research Award: Joseph Gone

• Lifetime Achievement Award: Thomas Parham

• Joseph E. Trimble & Jewell E. Horvat Outstanding Student in Native/Indigenous Psychology: Jillian Fish

• Toy Caldwell-Colbert Student Contributions to Service Award: Jessica Perez-Chavez

• Distinguished Student Research Award: Brian TaeHyuk Keum

• The Barbara Smith & Jewell E. Horvat Graduate Student Award for Research on Queer Individuals of Color: Andrew Choi
DIVISION 45 AWARDS (Continued)

• The Barbara Smith & Jewell E. Horvat Early Career Award for Research on Queer Individuals of Color: Alison Cerezo

Congratulations to Dr. D.S. Red Haircrow for “Forget Winnetou! Loving in the Wrong Way” (2018), his documentary on the effects of Native stereotypes.
• Audience Award 2018 Refugees Welcome Film Festival Audience Award
• Semi-finalist 2019 Courage Film Festival
• Finalist 2019 Overcome Film Festival

Graduate students are challenged to balance multiple responsibilities such as publishing research, presenting, attending conferences, and completing coursework. Keoshia Harris and the Student Committee would like to highlight the accomplishments of Alyssa Hufana. Congratulations on your recent achievements!

PUBLICATIONS


PRESENTATIONS


DIVISION 45 AWARDS (Continued)


AWARDS/HONORS

- 2019, Don Atkinson Multicultural Research Award
- 2018-Present, American Psychological Association Minority Fellowship Program- Mental Health Substance Abuse Services Fellow

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