



FOCUS

Society for the Psychological Study of Culture, Ethnicity, and Race
Volume 29, Number 2
Fall 2018

JOINT PUBLIC STATEMENT BY PSYCHOLOGY GROUPS ON U.S. IMMIGRATION POLICIES AND PRACTICES JULY 3, 2018

This statement is an official statement of the specific signatories listed below, and does not represent the position of the American Psychological Association (APA) or any of its other Divisions or subunits not listed.

Features

- 1 Joint Public Statement
- 4 From The Editor
- 4 Cultural Diversity And Ethnic Minority Psychology
- 4 Member-At-Large Diversity Slate
- 5 2018 Year-End Highlights From The APA Council of Representatives
- 6 Student Corner
- 8 Kudos
- 8 Advertising Policy
- 9 Division 45 Travel Award Winners
- 17 Division 45 Online
- 15 D45 Conference Photos
- 20 APA Travel Award Winners
- 24 APA Photos
- 25 Contacts

By the Society for the Psychological Study of Culture, Ethnicity and Race (APA Division 45), Asian American Psychological Association (AAPA), Society of Indian Psychologists (SIP), APA Division of Psychoanalysis (APA Division 39), Developmental Psychology (APA Division 7), Psychologists in Public Service (APA Division 18), Society for Behavioral Neuroscience and Comparative Psychology (APA Division 6), Society for Couple and Family Psychology (APA Division 43), Society for Humanistic Psychology (APA Division 32) Society for Community Research and Action (APA Division 27), Society for the Psychological Study of Men and Masculinities (APA Division 51), Society for Theoretical and Philosophical Psychology (APA Division 24), Society of Counseling Psychology (APA Division 17), Society of Group Psychology and Group Psychotherapy (APA Division 49)

As psychology groups committed to social justice, we find it necessary to comment on the ongoing and ever-changing policies that serve to dehumanize immigrants, asylum-seekers, and their families in the U.S. Although the June 20, 2018 executive order halts the unconscionable practice of separating immigrant children from their parents, it is critical that the current Administration take the necessary steps to expeditiously reunite those families that have already suffered separation, and acknowledge and respond to the pain and suffering these cruel immigration practices have created on families and communities.

At the core, we strongly stand against any policy that criminalizes parents fleeing poverty, violence, and political persecution in search of a safe and better life for their children and that is more frequently resulting in immoral “zero-tolerance” practices.

For the sake of clarity and stability, we contend that the existing inhumane practices be replaced by more permanent laws that safeguard the well-being of immigrant and asylum-seeking families. In essence our position as mental health professionals and psychologists reflects the well-established fact that current immigration policies and practices (including “warehousing” immigrants) are likely to result in irreparable and lifelong physical and psychological harm to both parents and children. Before the executive order, more than 2300 children were separated from their parents. Alarming, some 1400 undocumented minors are allegedly lost in the system.

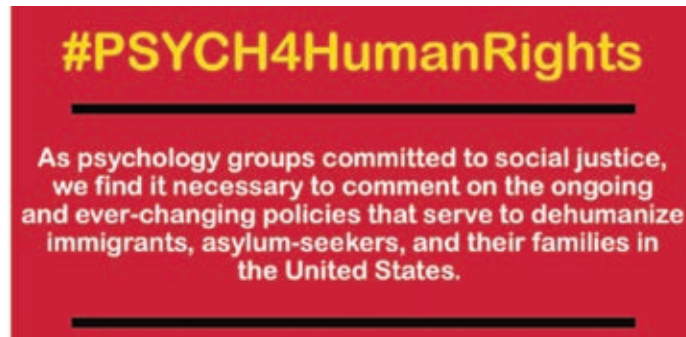
Our position is based, in part, on the fact that the practices accompanying the zero-tolerance policy goes contrary to the moral, humane, and democratic principles and values upon which this country was founded. It is also supported by the fact that U.S. asylum and immigration have historically operat-

JOINT PUBLIC STATEMENT (Continued)

ed as part of a cluster of constitutional and international laws that emphasize the value of all families.

Pragmatically, we also acknowledge and accept the fact that the indefensible immigration practice of separating children from their parents appears to be driven by political expediency. The zero-tolerance policy and corresponding practices should not be used as political leverage, with children and families as hostages and/or pawns, to force passage of its unpopular immigration agenda. Suffice it to say that it is not an option to use the well-being of children and families as a political bargaining chip. Such action should not be permitted in a democratic society.

Given our interest, dedication, and commitment to ensuring the health and well-being of immigrant and asylum-



seeking children and families, we specifically bring attention to selective physical and psychological health concerns, issues, and problems associated with parent-child separations. These concerns emerge from research findings. We provide this information to increase awareness of the impact of past and present immigration practices as we chart out ways to respond to the health and well-being of immigrant families in the future.

First and foremost, we must remember that immigrant children are still children. Protections for children in law or by the courts exist because children are uniquely vulnerable and are at risk for trauma, trafficking, and violence. Immigrant and refugee children are particularly vulnerable to harm by virtue of decreased safety and stability coupled with fewer social, emotional, and physical resources.

Regardless of their immigration status, children deserve compassion and protection from authorities who possess real or perceived power. Practices such as separating children from their parents can serve to erode the child's fundamental sense of security, safety, and stability and can be experienced as a form of psychological trauma. The deleterious effect of separation is so significant that the American Association of Pediatrics has designated it as a

form of child abuse.

Children as young as 18 months of age have been ripped away from their parents. Family separation at such young ages disrupts parent-child attachment bonds, which are the most fundamental of all emotional bonds necessary for optimal psychological development.

The American Pediatric Association considers placing children in detention facilities (e.g., "kennels", "cages") a highly stressful experience that can disrupt the building of children's brain architecture while prolonged exposure to serious stress – known as toxic stress – can lead to life-long health consequences.

Given that thousands of children have not been unified with their families, it is critical that they be under the care of staff and care takers who are prepared to effectively work with children of diverse ages, cultures, and spoken languages. Such children are also quite likely contending with psychological issues due to traumatic events from which they are fleeing in their home countries.

Additionally, according to the American Association of Pediatrics, studies of detained immigrants have shown that children and parents may suffer negative physical and emotional symptoms from detention, including anxiety, depression and posttraumatic stress disorder (PTSD). Conditions in U.S. detention facilities that contribute to these symptoms include forcing children to sleep on cement floors and use open toilets. Constant light exposure, insufficient food and water, lack of bathing facilities, and extremely cold temperatures also contribute to subsequent PTSD. In short, detention centers are not appropriate places for children or adults.

Similarly, placing children into the foster care system can be quite emotionally, socially, and psychologically detrimental for many of the separated children. The detrimental effects would likely manifest themselves among separated youth who may find themselves trapped in the foster care system for an extended period of time. Data suggest a significant number of foster kids who grew up in the system often do not receive a high school diploma or GED, according to the Children's Law Center of California, while approximately a third of kids exhibit

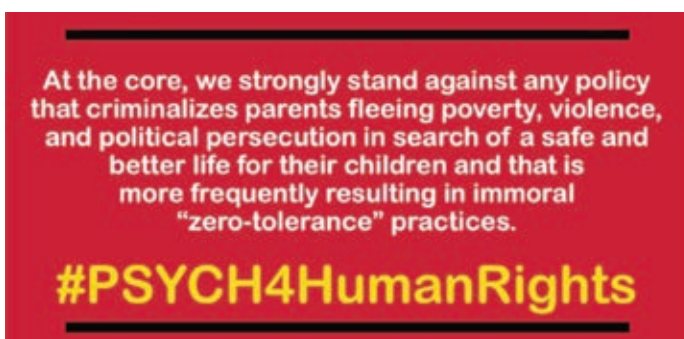


JOINT PUBLIC STATEMENT (Continued)

mental health disorders including PTSD. More than a quarter will be incarcerated in the first two years after leaving the system, and a third will need public assistance.

Parents also suffer when they are separated from their children, and the separation causes a disruption in the family's cohesion and functioning.

We write this statement to urge support for the abolition of all policies and practices that harm immigrants, asylum-seekers, and families. We understand we must assume our share of the responsibility of creating more just policies and practices as we move forward. It is our obligation as members of this society to encourage Congress and the Courts to act; lawsuits, protests, and the ballot box can and will make a difference. We must continue to reject the Administration's claim that it has unfettered power to regulate the border (Collins, Mayeri, & Motomura, 2018). While it may take time to undo the



havoc that the Administration has created on the border, the harm done to separated families will take far, far longer to repair. To this end:

We urge elected officials, the Courts, and others to: Develop a plan and implementation for expeditious reunification of families affected by the "zero tolerance" policy.

Provide reparations in the form of rehabilitation (e.g., psychological and social services) for the thousands of family members separated by the "zero tolerance" policy, in keeping with the United Nations' basic principles and guidelines for reparations. The separation and warehousing of children and families are human rights violations. Consistent with the United Nations and other human rights groups, we understand that reparations are meant to recognize and address the harms suffered during such violations.

Members of our organizations are prepared to assist by providing the following to those who are directly affected or to those agencies providing services to those directly

affected by these inhumane immigration policies and practices:

- Culturally informed psychological and mental health services.
- Culturally informed organizational consultation and staff training.
- Advocacy to promote the safety, well-being, and rights of asylum-seekers and immigrants.

Selected Resources

English: Mixed Status Immigrant Families in Times of Fear and Uncertainty: A Toolkit for Parents

<https://icrace.files.wordpress.com/2018/05/final-immigrant-parent-toolkit.pdf>

Spanish: Herramientas para Familias Inmigrantes con Miembros Indocumentados: Fuerza en Tiempos de Miedo e Incertidumbre

<https://icrace.files.wordpress.com/2018/05/final-spanish-immigrant-parent-toolkit1.pdf>

NPR Segment where Physicians Discuss the Health Impact of Family Separation

<https://www.npr.org/2018/06/15/620254326/doctors-warn-about-dangers-of-child-separations>

Organizations Working on Behalf of Asylum-Seekers and Immigrants

<https://www.aclu.org/families-belong-together>

<https://supportkind.org>

<https://www.raicetexas.org>

Resources for Torture Survivors, Refugees, Detainees, & Asylum-Seekers

<https://kspope.com/torvic/torture.php>

Selected Articles

American Psychological Association. (2012). Crossroads: The psychology of immigration in the new century. *Report of the APA Presidential Task Force on Immigration*. Washington, DC: Author.

González, J. J., Kula, S. M., González, V. V., & Paik, S. J. (2017). Context of Latino students' family separation during and after immigration: Perspectives, challenges, and opportunities for collaborative efforts. *School Community Journal*, 27(2), 211-228.

Linton, J. M., Kennedy, E., Shapiro, A., & Griffin, M. (2018). Unaccompanied children seeking safe haven: Providing care and supporting well-being of a vulnerable population. *Children and Youth Services Review*. Available online.

Linton, J. M., Griffin, M., & Shapiro, A. J. (2017). Detention of immigrant children. *Pediatrics*, e20170483.

Miller, A., Hess, J. M., Bybee, D., & Goodkind, J. R. (2018). Understanding the mental health consequences of family separation for refugees: Implications for policy and practice. *American Journal of Orthopsychiatry*, 88(1), 26-37.

Roche, K. M., Vaquera, E., White, R. M., & Rivera, M. I.

JOINT PUBLIC STATEMENT (Continued)

(2018). Impacts of immigration actions and news and the psychological distress of US Latino parents raising adolescents. *Journal of Adolescent Health*, 62(5), 525-531.

Torres, S. A., Santiago, C. D., Walts, K. K., & Richards, M. H. (2018). Immigration policy, practices, and procedures: The impact on the mental health of Mexican and Central American youth and families. *American*

Psychologist. Advance online publication.

Roth, B. J., Crea, T. M., Jani, J., & Underwood, D. (2018). Detached and afraid: US immigration policy and the practice of forcibly separating parents and young children at the border. *Working Paper*.

***Special recognition to J. Manuel Casas, Nayeli Y. Chavez-Dueñas, Nicholas Culp, Roberto Abreu and the Society for the Psychological Study of Culture, Ethnicity and Race (APA Division 45) for drafting the original statement.**

FROM THE EDITOR

Amanda Waters, Ph.D.

What a year! 2018 is almost in the books. A huge thank you to Dr. Helen Neville and her leadership throughout the year. I am continually inspired and challenged by her advocacy and hard work. This year, I worked on a task force under the leadership of Dr. Doris Chang (MAL- Asian American slate) on re-envisioning publications and communications for the Division. Many thanks to Drs. James Brooks (ECP), Frederick Leong (Editor, APA Div. 45 Book Series on Cultural, Racial and Ethnic Psychology), Merranda Marin (Historian), and Melissa Tehee, (MAL-Native American slate), along with Tanupreet Suri, our student representative. We had spirited discussions on the history of the Division and our hopes for the future as we continue to advocate for the issues and concerns of ethnic minority people. Learning from and with my colleagues inspires me to be better, ask questions, and understand more. Be on the lookout for new ways to engage with the Division!



CULTURAL DIVERSITY AND ETHNIC MINORITY PSYCHOLOGY

Helen Neville, Ph.D.
President

We are excited to announce Dr. Su Yeong Kim as the incoming editor of *Cultural Diversity and Ethnic Minority Psychology*. She joins an esteemed group of previous editors: Drs. Michael Zarate, Gordon Nagayama Hall, Gail Wyatt, founding editor Lillian Comas-Díaz, and, of course, current editor, Richard M Lee. Dr. Kim will officially begin her role as incoming editor January 1, 2019 and she will become editor January 1, 2020.

Dr. Su Yeong Kim is Professor in the Department of Human Development and Family Sciences at the University of Texas at Austin. She received her Ph.D. in

Human Development from the University of California, Davis. Her research interests include the role of cultural and family contexts that shape the development of adolescents in immigrant and minority families in the U.S. She is prolific with nearly 100 journal publications and 6 extramural grants. Dr. Kim is a current *CDEMP* Associate Editor and she has been on the editorial board since 2005.

We thank Dr. Richard Lee for his strong leadership as the editor of *CDEMP*. He will continue in his editor role until December 31, 2019 and will work closely with Dr. Kim in the upcoming year to assist with the transition. In addition, we want to thank the members of the *CDEMP* editor-elect search committee for their service: Drs. Sumie Okazaki (chair), Germine (Gigi) Awad, Teresa LaFromboise, Christopher Liang, Merranda Marin, Carlos Santos, and Brendesha Tynes.

MEMBER-AT-LARGE DIVERSITY SLATE

Kira Hudson Banks, Ph.D.

The majority of my time in the past months was devoted to planning the annual Division 35/45 Dance at the APA annual convention. The DANCE FOR JUSTICE took place August 11th at the Marriott Marquis. Proceeds from the dance totaled over \$1000 and will benefit Causa Justa (Just Cause; <https://cjjc.org/>), which is a "a multi-racial, grassroots organization building community leadership to achieve justice for low-income San Francisco and Oakland residents." Thanks to the committee: Robyn Gobin, Ruddy Taylor, Desa Daniels, and the graduate students who worked the door, in addition to our Division 35 counterpart, Jioni Lewis. We look forward to seeing you all next year in Chicago.

This fall marks the end of my term as Member-at-large Diversity Slate. It has been an honor to serve you and a pleasure to do so with such a vibrant executive committee and talented membership. Thank you for the opportunity.

2018 YEAR-END HIGHLIGHTS FROM THE APA COUNCIL OF REPRESENTATIVES

Cynthia de las Fuentes, PhD and Joseph Gone, PhD

Council approved a joint 501(c)3/501(c)6 organization membership agreement, intended to increase APA's advocacy capacity by supporting the APA's government relations staff with the resources and flexibility they need to advocate for both the discipline and profession. At membership renewal time this year, all APA members will become part of both a (c)3 and a (c)6 organization.

In the March meeting, Council directed the President to appoint a work group to develop a plan for implementation of the joint 501(c)3 and 501(c)6 membership agreement. The plan was to include integration of priorities across both organizations, use of the existing APA governance structure to achieve the integration of priorities, a recommendation for the percentage of 2019 dues to be allocated between the 501(c)3 and 501(c)6 organizations and the process for future dues allocations. At its August meeting, Council received the report of the Presidential Workgroup on an Expanded APA Advocacy Model and approved the Workgroup's recommendations, including the concept of a unified Finance Committee and a single board of directors to serve both the (c)3 and (c)6, the allocation of 2019 member dues 60% to the (c)6 and 40% to the c3, and (c)6 bylaw changes to expand the purpose of the (c)6 and create a new Advocacy Coordinating Committee.

This new model will establish a pathway to enhance APA and build a robust, unified advocacy agenda for all of psychology. This transformational change ensures the following:

A comprehensive process to gather broader input from all constituencies to help set advocacy priorities annually

A larger role for Council in shaping APA's advocacy agenda

Increased resources for advocacy initiatives spanning science, education, public interest, practice and applied psychology

All psychologists who join APA will be members of a combined (c)3/(c)6 organization, allowing membership dues to be allocated to both entities for advocacy initiatives.

A new approach to the development and delivery of professional member benefits

Council voted to receive a comprehensive **report from the Council Diversity Workgroup** that provides recommendations to Council regarding diversity and inclusion in Council's processes and procedures, as well as recommendations for actions by APA on diversity and inclusion. The Council Diversity Work Group began its work after the February 2016 meeting. The APA staff Diversity and Inclusion Work Group led by Clinton Anderson and his team in Public Interest will be working with a consultant, Dr. Kumea Shorter-Gooden, over the year to develop a framework for APA's diversity and inclusion activities and the job description for a new APA Chief Diversity Officer.

Council approved pursuing accreditation of master's level programs in health service psychology in areas where APA already accredits. Council directed staff and governance, in particular the Board of Educational Affairs, to take steps to develop an accreditation system. This is a multi-year process that will require Council approving the plan prior to implementation.

In a related matter, Council **agreed to adopt** for the first time as APA policy the *Guidelines on Core Learning Goals for Master's Degree Graduates in Psychology* and approved March 2028 as the expiration date for the Guidelines.

Opting to leave unchanged APA's long-standing policy on the role of military psychologists in treating detainees. The individuals who proposed New Business Item 35B said it was aimed at allowing military psychologists to provide needed health care to detainees without any restrictions as to the setting in which services are provided, making the role of psychologists consistent with the role of psychiatrists and other military health providers who may treat detainees at any site. Many of those who opposed the measure indicated that they feared it would open the door to military psychologists becoming involved in detainee interrogations and risk compromising the human rights of detainees. After thoughtful deliberation, Council voted down New Business Item 35B, which would have supported military psychologists as providers of health care services to detainees in any national security setting. This move retained the existing policy that restricts the role of military psychologists in detention sites that are in violation of the U.S. Constitution or international law.

STUDENT CORNER

STUDENT REPRESENTATIVE

Desa Daniel, M.A., LMHC (NM), NCC

Welcome back! The student committee is excited to welcome everyone to the Fall 2018 – Spring 2019 school year. As always, we have several events planned throughout the year. We are most excited about the new webinars we have planned and our presence at the Multicultural Summit in Denver 2019. This year has been a journey and we owe our success to the student membership of Division 45. Division 45 welcomed a new student committee starting in August 2018. Our student committee is comprised of 21 amazing doctoral students working in all aspects of our division from working on the 2019 convention program, to the establishment of our new social media campaign, to the creation of our own student-focused programming. Please join me in welcoming all of our student committee members. Below you will see the list of programming by our past and current student committee members. We hope that you have a successful Fall semester and we look forward to seeing you all at our webinars.

RESEARCH CHAIR

My name is Ayli Carrero Pinedo and I am third-year Counseling Psychology doctoral student at the University of North Dakota. As Student Committee Research Chair, one of my initiatives includes helping our student membership better navigate and become more involved during the APA convention. In Summer 2018, the student committee hosted a webinar where we shared tips for first-time attendees and information that might have been of interest for racial/ethnic minority students. Students also received a student guide that highlighted student-focused programming across divisions and APA related organizations.

In the future, I plan to provide a written summary of the "Proposal 101" webinar hosted in Fall 2017 to help students plan for the APA 2019 convention. Also, you can look for writing a research/ dissertation grant and publication webinars.

COMMUNICATIONS COMMITTEE

My name is Tanupreet Suri and I am a second-year doctoral student in the Counselor Education and Supervision program at the University of New Mexico. My interests include college-student mental health, social media and new technology's role in identity development, student services in higher education institutions, civic engagement as a catalyst for identity development, integrating ways of traditional healing in counseling, and anti-racism and social justice advocacy. My role on the task-force for re-envisioning the Division 45

Publication/Communications Committee Structure was that of Student Representative. As for the task-force, we have made several recommendations to update the current Publication/Communications Committee Structure to better fit the contemporary needs to the Executive Committee, the division members, as well as the public at large. Further details will be presented at the upcoming Division 45 EC meeting. There was much discussion on how students access the information/knowledge from the Division, and regarding the huge role social media plays in daily lives. The restructuring recommendations include a much larger representation of students to reflect encompassing the needs of all of the division membership (as well as the larger public).

AWARDS COMMITTEE

My name is Victoria McNeil and I am a third-year Counseling Psychology student at the University of Florida. My clinical interests include mental and physical health disparities and my research interests include racism-related stress, racial socialization, and adolescent social identity. I am extremely excited to serve as the student member for Division 45's Awards committee! Over the next year I hope to help assist the committee to more widely advertise the Division's award opportunities through the use of social media and other creative dissemination strategies. I also hope to assist the committee in developing an online awards submission system.

LIAISONS

The Division 45 Student Liaisons worked with several APA Divisions (including Divisions 17 and 56) and psychology organizations (APAGS) to develop student-led collaborative programming for APA 2018. We are also collaborating with APA's Division 40 and the Hispanic Neuropsychological Society on developing a webinar on cross-cultural neuropsychology. We look forward to continuing our collaborative efforts with other APA divisions and psychology organizations over the next academic year. Our goal is to increase the number of collaborative projects and further promote representation of Division 45 in APA and the community.

My name is Spondita Goswami and I am a third-year Clinical Psychology doctoral student at Saint Louis University. In order to increase students' attendance at the Division 45 conference and to showcase their research, the students committee and I created a user-friendly application for students to apply for travel awards. In the future, I plan to maintain a resource guide that was created in order to inform students about the various ways that they can get involved with different ethnic- and race-related projects throughout APA divi-

STUDENT CORNER: LIAISONS (Continued)

sions, professional organizations and state organizations within the field of psychology.

My name is Nelson Zounlome. I am a fourth-year doctoral counseling psychology student attending Indiana University. My research and clinical interests focus on studying different phenomena among communities of color. Specifically, designing, implementing, and studying the efficacy of behavioral interventions to combat sexual violence as well as the mental health outcomes, identity development, and positive psychological constructs within these groups. In working on the Division 45 Student Committee, I have partnered with Division 35 to host a webinar entitled *Women of Color in Academia: Tales of Resilience & Persistence from the Ivory Tower* featuring three paternalist at various stages in their careers. In addition, I worked with Division 51 to put together a CE workshop for the 2018 APA Convention entitled, *The State of Black Boys and Men: Using Social Justice to Promote Radical Healing*, which focused on identifying and discussing strategies that policy makers, law enforcement, educators, and psychologists can use to enhance the holistic well-being of Black boys and men. In the coming year, I plan to continue partnering with different divisions to provide students with helpful programming to advance Division 45's mission of advocating for ethnic minority issues.

MENTORSHIP COMMITTEE

My name is Chun Tao. I am a fifth-year doctoral student in Counseling Psychology at Arizona State University. My research interests lie in examining relational and sociocultural factors that affect marginalized individuals' experiences in relationship and career contexts. My clinical interests are culturally-informed therapy in an integrative care setting. It has been a great honor to serve as the mentorship program co-chair and co-facilitating the virtual mentorship program. I look forward to continuing to support students through virtual and in-person mentorship platforms.

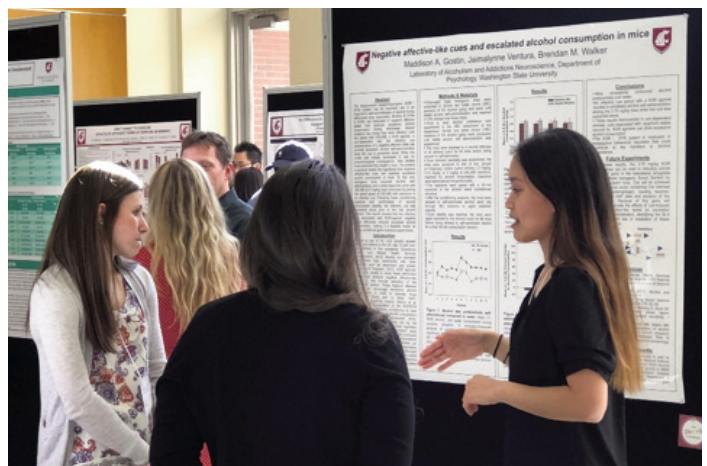
My name is Yue Li and I am a forth year Ph.D. student in Counseling Psychology, with a minor in Organizational Behavior and Business Management, at Indiana University Bloomington. Broadly, my interests in research, clinical practice, and teaching have revolved around the experiences of underprivileged populations, humanistic and feminist theories, and social justice advocacy. During the past two years, I have served as a member on the Division 45 student committee and have coordinated a number of initiatives including the Virtual Mentorship Program, which has connected a large number of students nation-wide with mentors and resources.

Over the next year, I hope to continue to connect Division 45 students with resources and mentors and deepen the mentorship relationships that we cultivated in the past.

CAMPUS REPRESENTATIVE COMMITTEE

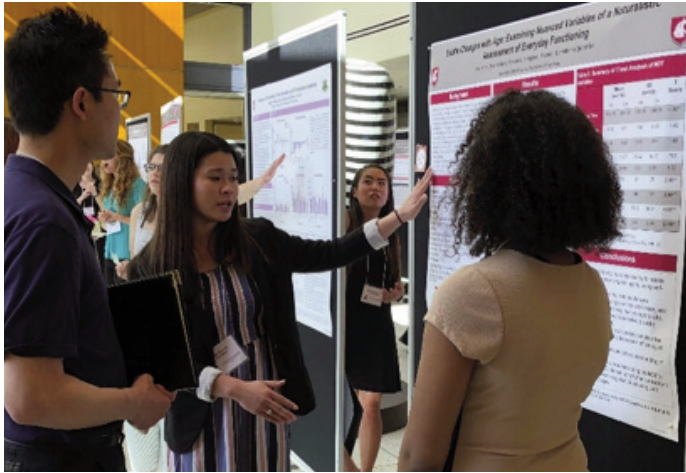
My name is Gabriel Corpus and I am a third-year Clinical Psychology student at Palo Alto University. My clinical interests include working with emerging adults and Asian American communities and my research interests focus on suicide prevention within ethnic/racial minorities using culturally competent means of suicide assessment. I am so proud to be the Co-Chair for the Campus Representative Program on the Student Committee and lead such a great program. This past year, we started our Coffee Chit Chat program for our rep program with 12 students from across the nation. These open and informal monthly online gatherings provided a forum for campus reps to meet each other and exchange program ideas from their respective campuses. Over the next year, we intend to expand our networking efforts among our reps and continue to foster development for our Coffee Chit Chats.

Abere Church from the Washington State University Division 45 Chapter, overseen by the WSU Diversity in Psychology Committee, co-sponsored the annual Undergraduate Psychology Research Symposium (UPRS) at Washington State University to promote awareness of and support for diverse topics and researchers. Initiated in 2002, the UPRS is designed to recognize undergraduate research within the WSU Department of Psychology. The symposium featured a guest speaker and a reception. This year, the WSU Diversity in Psychology Committee co-sponsored the symposium and presented four awards to outstanding diverse researchers and research topics. Of the 20 submissions to the symposium, over half applied for the awards.



WSU Undergraduate Psychology Research Symposium

STUDENT CORNER: CAMPUS REPRESENTATIVE COMMITTEE (Continued)



WSU Undergraduate Psychology Research Symposium



Abere Sawaqdeh Church (Division 45 Student Representative from WSU) accepting the President's Award for Leadership on behalf of the WSU Diversity in Psychology Committee.

CURRENT DUES STRUCTURE

Associate/Member/Fellow:	\$ 57.00
Life Status Publication Fee <i>Cultural Diversity & Ethnic Minority Psychology</i> :	\$ 14.00
Student Affiliate:	\$25.00
Professional Affiliate:	\$ 57.00



Selected members of the WSU Diversity in Psychology Committee at the LEAD (Leadership and Engagement Awards of Distinction) ceremony.

KUDOS

Division 45 member, Erlanger "Earl" Turner, Ph.D. was voted the 2019 President-Elect for the Society for Child and Family Policy and Practice (APA Division 37). Dr. Turner is currently an assistant professor of psychology at the University of Houston-Downtown. He has previously served on the Division 45 Membership Committee and Chair of the APA Board for the Advancement of Psychology in the Public Interest (BAPPI).

Advertising Policy

All articles and advertisements are subject to review and approval by the editor. Submissions must be relevant to Division 45 interests.

The following rates apply to announcements for job openings and publisher's new releases based on a three-column per page format:

3 inches	\$50
1/2 column (5")	\$75
1 column (9")	\$140
1/2 page	\$200
1 page	\$ 400

Deadline for Fall Issue (May): February 15
Deadline for Fall Issue (Dec.): September 1

Contact:
Amanda Waters, PhD
Email: amanda.waters@uconn.edu

DIVISION 45 TRAVEL AWARD WINNERS

DeVante Cunningham
Montclair State University
Clinical Psychology

Attending the 2018 APA Division 45 Research Conference was the highlight of my summer. Between the preconference and conference, I attended several very constructive sessions, furthering my knowledge in a variety of topics. Overall, the conference fostered a healthy environment to speak freely and network. The security offered by the Division 45 student travel award allowed me to attend the conference by offsetting some of the costs associated with traveling from New Jersey to Texas. Without the scholarship, I likely would not have been able to attend the conference. I will forever be grateful to Division 45 and Professor Robert Sellers for selecting me for the travel award.

As a second year Ph.D. student, I feel fortunate that this was my first APA conference. The intimate nature of sessions in both the preconference and conference allowed for opportunities to expand my mind past the scope of my training thus far. Notably, during the preconference, I was able to attend two sessions that really resonated with me. In one session, entitled "Thriving in Graduate Training," I heard from the experiences of fellow graduate students and established faculty members. I greatly enjoyed hearing the perspectives of others in my position, as well as professionals who are well-established in the field. The second session entitled "Applying and Securing Graduate and Postdoctoral Training Fellowships," allowed me to learn about the process of obtaining grants and fellowships. Panel members shared their experiences and strategies in applying for funding. As I am currently in the process of applying to fellowships, this was an invaluable conversation that helped reduce a lot of the confusion and stress I have had around the topic. This session provided a great deal of information and guidance. I now feel equipped to put together a quality application.

While there were many sessions that I found very interesting, one session at this conference had a particularly powerful impact on me. This session, entitled "#PowerUp: Amplifying Youth Voices through Youth Participatory Action Research," involved an interactive discussion on youth participatory research. I was so impressed with how passionate the children and facilitators were about the project. The children were able to share their experiences and truly touched everyone in the room. As a person who has been working with youth for over 7 years, the discussion inspired me to empower the children I am currently working with in a similar fashion. I cannot express enough how impressed I was by the discussion as a whole.

The Division 45 research conference gave me the opportunity to present a poster on my master's thesis research entitled, "'Dope Black People Group: The Stressed and Educated Minority,'" which involved qualitative research on the stress and coping strategies of Black and African American graduate and professional students at a Predominantly White Institution. This was my first time presenting a poster at a conference and believe that Division 45 created a very welcoming environment for a young researcher like myself. I was able to receive valuable feedback that will help me as I prepare a manuscript with the data. Overall, the experiences I highlighted above have strengthened my passion to work clinically and conduct research with underserved populations.

Spondita Goswami
Saint Louis University
Clinical Psychology

This summary captures a three-day conference including presentations, panel discussions and interactive dialogue at the conference of Biennial APA Division 45 Research Conference, which took place from July 19-21, 2018 in Austin, Texas. The event brought together some 200 students, professionals, and professors from almost all over the U.S to address current and future development and challenges in research areas related to minority groups in the United States. It also provided a valuable networking opportunity and set the stage for further cooperation among students and the professionals interested in this area of research and development.

The conference began with opening remarks by representatives of the conference, the Co-Chair and the President, and continued with interactive panel discussions, presentations and briefings on topics of interest to future researchers interested in studying minority needs. It concluded with a set of presentations of real-world cases describing new and noteworthy initiatives relevant to the conference theme, specifically on innovative strategies to study health disparities and helping people engage in healing individuals from the racial divide.

Opening the conference, Dr. Germine Awad, Professor at The University of Texas at Austin, highlighted the need to find ways to use psychology to impact public policy. Each of the panelists in this session, by stating examples from their work, reiterated the importance of making a connection between research and community through public policy. In the view of people of color, the United States provides extraordinary opportunity, but this population has vulnerabilities, which must be recognized and managed to realize and sustain their potential. In particular, attention is needed to be given to the health disparities

DIVISION 45 TRAVEL AWARD WINNERS (Continued)

between races because of stressors unique to minority population. More specifically, African Americans' link to a number of health problems is not a surprise. However, without a concerted effort to understand this disparity and efforts to minimize the negative consequences of it African Americans will continue to suffer. Uneven access to opportunities by minority groups will further expand the divide, thereby undermining the mental and physical health of minority groups in the U.S.

Dr. Tabbye M. Chavous, Professor at University of Michigan, noted that microaggression against minority groups have debilitating effects. Microaggression is a complex issue and is difficult to study and define; therefore, attention to studying its negative outcomes is important. There was much agreement among panelists that microaggression is a problem and we need better tools to study its impact. Along with studying the impact of microaggression, a bigger challenge lies in effectively curbing its presence in society, despite its negative outcomes.

Finally, travel scholarships provided to help students present their work and reap the benefit of hearing from others work was a great opportunity. This conference provided ample opportunity for students to learn ways to impact public policy through their work. Further, scholarship funds allowed students to make connections for future collaborations with other students and professors, making this conference a great success for future researchers and professionals.

Shadab Fatima Hussain
Stanford University
Developmental and Psychological Services

I was delighted to attend the 5th Biennial APA Division 45 conference hosted at UT-Austin in 2018 with the support of a travel award. This award allowed me to participate in various networking and professional development opportunities that have broadened my perspective as a researcher and educator who advocates for the academic and psychological success of students, particularly students of color.

The pre-conference workshops were a great opportunity in learning more about working with communities, forming and maintaining productive and positive collaborations, and words of advice from journal editors on academic publishing. I thought the discussion on providing open access to data was fascinating, given the direction that the publishing process is heading, and the ethical implications regarding ownership of data. Though not discussed at the workshop, it also made me think about the rise of open access journals. I appreciate the idea that research results should be freely available to everyone,

particularly if our research is to benefit communities, and wonder how the current publishing system would be impacted if the field moves towards open access.

As a Pakistani American Muslim woman, I was pleased and encouraged to see work on under-researched populations being presented in both the paper and poster presentations. Anne Saw's and Rohan Jeremiah's work supporting Rohingya refugees in Chicago was particularly important, and a great example of how we as research-practitioners can support the communities we work with, particularly those from vulnerable groups, and conduct ethical research. The pre-conference panel on impactful research collaborations, the keynote presentations on microaggressions and public health along with other paper presentations were captivating and also demonstrated important ways to positively contribute to the broader community with research.

Additionally, I was honored with the opportunity to chair and present at a CE-approved symposium titled "Individual/contextual influences on the identity development of bicultural youth." I had the pleasure of presenting along with another PhD candidate, a post-doctoral fellow, and an adjunct assistant professor and enjoyed learning from their research with Mexican-American, Korean-American, and first-generation low-income youth. Our discussant, Saskias Casanova, presented a thoughtful and critical analysis of our research, and directions for further research through an audio recording (a shining example of the convenience of technology!). With the percentage of bicultural youth rising in the United States along with the increasing hostilities against people of color, it is imperative to understand how to best support the identity development of bicultural youth, which can potentially help promote positive psychological development.

Finally, I appreciated the overall organization of the conference and the focus on building relationships between and among students and faculty, such as through the Links and Shoulders mentoring lunch. The hard work put in by the conference organizers and volunteers was evident. I have attended the Division 45 conference previously, and through my attendance at this year's meeting, I can confirm that the Division 45 biennial meeting is a welcoming, supportive and enriching environment, and one of my favorite conferences to attend. Thank you so much for this opportunity!

Kamilah Legette, Ph.D.
Postdoctoral Scholar
Center for Developmental Science
University of North Carolina at Chapel Hill

In January 2018, I received an email about submitting a proposal to the Division 45 conference. However, I was already attending two conferences in April and did not think I could add another conference in my schedule or

DIVISION 45 TRAVEL AWARD WINNERS (Continued)

financially afford to attend, so I decided not to submit. However, while attending a conference in April, I met a colleague who suggested I attend the Division 45 research conference. She even informed me about financial assistance that the Division 45 offers to help graduate students and post-doctoral fellows attend the conference. Because of her, I applied for the travel award, and was awarded assistance to attend. I am grateful for meeting her and for the award because it granted me the opportunity to attend one of the best research conferences.

I have attended conferences in the past, but the Division 45 conference was different from any conference I have ever attended. It was an experience! Attending this conference provided me the opportunity to meet scholars with similar research as my own, meet prominent researchers in my field, and learn about fascinating research other scholars of color are conducting. It was invigorating to see so many Black and Brown scholars presenting their work and discussing topics related to people of color. This is the first conference I have attended where the research for people of color and scholars of color were priority and it felt great! Everywhere I looked, there were multiple Black and Brown people, which is abnormal for the other conferences I attend.

While at the conference, I was reminded that representation is important! While attending graduate school, I was the only person of color in my cohort, my department only had two Black professors, and discussing the implications of race in child development and family studies was not always viewed as a priority. I was always the student who had to bring up race in class and challenge my colleagues on their “colorblind” beliefs and practices, which can sometimes be burdensome, frustrating, and often feel unfair! One of the greatest things about attending the conference was receiving encouragement from the many Black and Brown people this also happens to and discussing ways to handle these challenges in the future. Returning from the conference, I felt as though my spirit was revitalized, and I was excited to go back to my PWI and continue my research on Black children and adolescents. I have recommended the conference to numerous colleagues. I am looking forward to the next one and am happy I made the decision to attend!

Lolita Moss
University of Michigan
Joint Program in Social Work and Psychology
Doctoral Student

Medicine for Melancholy
 Professional conferences can be overwhelming to a young scholar-in-training. Often, you are presenting research whose literature you have not quite mastered,

using data you may not have collected, and explaining statistical analyses that are relatively new to you. And, conferences like Division 45’s 2018 biennial meeting can feel like a candy store and a VIP meet-and-greet with your favorite musician: you want to see and try everything, and you are not quite sure you can muster up the courage to look one of your heroes directly in the eye. Emotions may include excitement, apprehension, and overwhelm. When you add to this mix a political climate that is, at best, fraught, managing behavior and emotions can feel impossible.

Thankfully, Division 45 allayed most of my fears. After eagerly scanning the pre-conference workshops and the conference schedule, I was excited at the prospect of being in the midst of so many amazing scholars and thinkers. Still, I did not realize the extent to which Division 45 would be a salve for the anxiety I carried with me to Austin. During the pre-conference, I met scholars at all levels—graduate students, postdoctoral fellows, and faculty—who were deeply committed to doing this work of incorporating race, ethnicity, and culture to psychology’s academic canon. I spoke with other graduate students who feel called to succeed, to be rigorous in our work, and to influence policy and practice with our scholarship. I also spoke with tenured faculty who were adamant that young scholars understand the weight, validity, and necessity of our work.

One important theme of the conference was bridging research with policy and practice. One pre-conference session, “Building a Career at the Intersection of Research, Policy, and Practice” was facilitated by Vivian Tseng of the William T. Grant Foundation. She outlined how knowing yourself, your history, and your values will help you stay energized if you want your research to influence and improve communities. A plenary session held on Friday, “Psychologists of Color in Public Policy,” featured a panel of esteemed psychologists working in both industry and the academy whose work directly influences policy. These sessions resonated with me because we seem to be in an era with ever-growing opportunities to use empirical scholarship for social good. Several of the career trajectories I heard about at the plenary session seem to reflect space for rigorous, intellectually stimulating work that also plays an important role in affecting large-scale systemic change. The takeaway message seemed to be that young scholars need not choose academia or industry, but can find a way to marry these two paths.

Another invaluable aspect of the conference was the sense of community I experienced. To walk in the room of a plenary or paper session was to feel an open, welcoming energy from the other attendees. It was a comfort. That openness was in no small part due to the work of the planning committee, including the faculty with “mentor” flags on their conference badges. Many of my informal

DIVISION 45 TRAVEL AWARD WINNERS (Continued)

conversations were a fluid blend of topics that covered academia, the political, and the personal. There seemed to be an understanding that it is permissible to acknowledge the multiple identities we hold. We are not just psychologists, but we are also friends, parents, partners, and more. We bring our whole selves to what we do. In the wake of a cascade of difficult and threatening political changes both internationally and at home, the conference was truly medicine for melancholy.

Christin Mujica
Post-baccalaureate
Research Assistant at McLean Hospital

I graduated from Tufts one year ago and I am currently preparing my applications for clinical and counseling doctoral programs. Being the first in my family to pursue higher education, I get my knowledge about the application process from online materials and mentors, most of which are not in the same field I am pursuing. The one thing everyone could agree on was that I should attend conferences and present posters. So when I heard about the Division 45 conference, I knew I had to attend. Funds were definitely low given my research assistant salary. Since I was going for my own benefit, my boss could not rationalize funding it. I was relieved to hear about the Division 45 travel grant and made my case.

Receiving the Division 45 travel grant made attending the conference a whole lot easier. I was able to purchase my flight and find a small AirBnB near the conference center. Because of this, I attended every single day of the conference where I met many amazing people and learned a lot! Many of the professors in attendance were affiliated with the institutions that I am applying to and I really appreciated being able to meet and talk with them.

The main highlight of attending this conference was definitely the programming. The first breakout session I attended, "Thriving in Graduate Training," gave me new information about graduate school and about applying to programs that I never even knew. This information was echoed and expanded on at the session called, "*Pa'lante y Sin Limites: Experience of Latinas in Psychology PhD Programs*." My heart was so full hearing from so many Latinas attending and succeeding in doctoral programs in psychology. I made sure to make connections with as many women as possible and I am very grateful for their openness and helpfulness.

Other sessions I attended such as the "Racism and therapy" and "Developing Clinical Competency with Intersectional Identities: LGBTQ People of Color" really allowed me to interact with other professionals and students to discuss issues and potential solutions. I learned

so much about the challenges that therapist may face with different populations and how I, as a person of color, can be of benefit to patients of color. Knowing that the struggle of applying and then going through graduate school will create some change in patient's lives really makes it all worth it.

I left the conference with my heart full and motivated to apply to doctoral programs. The travel grant made this all possible and I am very grateful to have had this opportunity to share experiences and ideas with all of the attendees. I hope next year I will attend as an admitted graduate student!

Jonathan A. Pedroza, MA
University of Oregon
Prevention Science

The 2018 Division 45 Conference in Austin, Texas was a great experience for me as it was my first time being at an APA division conference. Throughout the pre-conference and conference, I enjoyed all the talks I attended as many of the sessions were informative and helpful for my academic future.

I was thrilled to find out that the pre-conference was offered as the workshops were helpful for my future academic career. For instance, the *Flourishing in an Academic Career* workshop felt particularly useful for myself as a doctoral student. Prior to the conference, I was unsure about what direction to take for my career but after hearing from the panelists, a career in academia seems like the best option for me.

The best advice from this workshop was to not worry about getting tenure at the institution you are at currently. It was interesting to hear that as an academic, you should not be set on one single location and should be open to going anywhere. The Division 45 Conference also had an excellent panel of graduate students for workshops like *Applying and Securing Graduate and Postdoctoral Training Fellowships*. The advice when looking for external funding was inspirational and they all offered unique experiences when talking about different funding opportunities ranging from NIH F31s to NSF fellowships.

The conference had several different talks that were interesting from differing academic levels. Seeing as my background is a health focus, my favorite paper session was *The Influence of Discrimination on Health*, which examined how discrimination may play a role in physical and mental health in various racial and ethnic groups. I also enjoyed walking around the poster sessions during the conference. The poster sessions offered opportunities to network and hear some interesting research from speakers both days. My presentation, *Language Competence and Screen-time Sedentary Behaviors are Moderated by Smartphones*, was the first time that I have examined cultural components in my presented research and there was

DIVISION 45 TRAVEL AWARD WINNERS (Continued)

no better place to present this work than at this Division 45 Conference. The questions and comments I received helped me view my project from a different perspective to potentially take my research in future directions. I thoroughly enjoyed all the opportunities to talk with other peers as well as experts in the field as there were many different perspectives heard from everyone.

This conference provided several opportunities to network with others through different social interactions. During both the pre-conference and the conference, meals were excellent times to meet my peers and faculty. My favorite was Links and Shoulders, which I found to be a wonderful exercise, where students were able to engage with their peers while also having a professional at the table.

The travel award provided by Division 45 provided me financial assistance to travel to Austin to be able to present my poster. With the financial support of the travel award, I was also able to attend many paper sessions and posters that were on a diverse set of topics regarding race/ethnicity, cultural factors, and health. The travel award was also helpful on a larger level, as the graduate student panel for securing fellowships stated that you must practice applying for funding opportunities, such as fellowships, by applying for travel awards and smaller awards.

I want to thank Division 45 for providing me with the financial assistance to come to the division conference. I also want to thank the University of Texas, Austin, for hosting the conference. Austin was a beautiful city to explore before leaving. After my experiences at the Division 45 Conference, I look forward to the next conference as my time at the conference was useful for my future research and academic career. I especially appreciated the pre-conference, as those talks were inspirational to continue doing the research I conduct.

Nino Rodriguez
University of Illinois at Urbana-Champaign
Education Policy, Organization, and Leadership

At this stage in my doctorate journey, I have concluded that the smaller conferences are more beneficial to my growth and development as a scholar-practitioner. This ideal was further reified after attending APA Division 45's Research Conference.

Overall, I found the pre-conference the most beneficial as I was able to gain insight on topics that I should be considering as I prepare for the next stage of my career in the academy. As an interdisciplinary scholar, I gained valu-

able insight as to how to foster interdisciplinary research collaborations that were both effective and impactful from Drs. Sarah Bearman, Tabbye Chavous, Erin Rodriguez, and Anne Saw. The presenters provided first-hand experiences, both negative and positive, of common pitfalls that tend to occur in collaborations - as well as how to avoid them. They also explained how to use collaborations to compensate for potential areas in which a scholar may lack adequate knowledge to conduct a research project.

Dr. Vivian Tseng facilitated a session focused on building a career that goes beyond research to affect both practice and policy. I enjoyed this session because it expanded my view of my career as a scholar-practitioner in the academy. Personally, I feel that the research that I will do will mean nothing if it does not aid in fostering change at the institutional level. This session furthered my thoughts as to how my scholarship can reach beyond the academy, to practitioners and policy makers, to aid in the reconstruction of policies and practices that maintain social inequality.

There was also a phenomenal session held by Drs. Teresa LaFromboise, Gordon Hall, Rheeda Walker, and Robert Sellers on *Flourishing in an Academic Career*. One of the biggest takeaways from this session was staying true to oneself. As a collective, they explained how the structure of the academy and the practices within it - such as the tenure process - tend to cause scholars to lose sight as to why they are in the academy along with the intended impact of their work. Thus, they advised that as we prepare to enter the market we focus on identifying institutions/colleagues that will support our work.

In addition to phenomenal sessions, I was able to engage with many of the scholars that compose the Division 45 community. The rich conversations that took place during the lunches and receptions provided much needed wisdom as I prepare to enter the market during this upcoming year. Most importantly, the Division 45 community played an integral role in elevating the confidence of the youth that we (Dr. Helen Neville, my colleagues, and myself) brought with us to present their findings from the Youth Participatory Action Research project that we conducted this past year. At the conclusion of our symposium, the youth left encouraged and motivated to continue doing the work when we returned to the Champaign-Urbana community.

Ultimately, I am truly appreciative of the support, both financial and professional, that I received from Division 45 to attend our bi-annual research conference. The time spent with members of the Division 45 community played a critical role in preparing me for my upcoming post-doc, shaping my perception as to how I can maximize this opportunity to further the work that we do in our division of APA.

DIVISION 45 TRAVEL AWARD WINNERS (Continued)

Tiffany Rowell
Kent State University
Clinical Psychology

I am overwhelmingly thankful for being a recipient of the Division 45 Conference Travel Award for the 5th Biennial APA Division 45 Research Conference. This support allowed me to attend multiple events and sessions and that increased my awareness and understanding of research that targets issues related to culture, ethnicity, and race. I was also able to share ideas with colleagues and receive guidance from professionals about how to further advance the field and develop my professional career.

One of the first sessions that I attended was a part of the pre-conference and it was titled, "Writing and Publishing High-Quality Research: Tips, Opportunities, and Cautions from Journal Editors." I found this session to be the most helpful because I was able to gain insightful information about submitting quality manuscripts from mentors who serve as editors of influential journals in my area of research. Although we all have our own ideas of what is publishable, it was essential that those of us who are in graduate school and developing our writing skills know what each specific editor is looking for when reviewing manuscripts. Two memorable pieces of advice that I learned from this session was that is imperative that researchers examine the complexity of individuals and be specific about the implications of our research. One editor stated that researchers should not solely focus on whether a participant is a racial or ethnic minority, but instead be specific about their background as it also relates to gender, SES, sexuality, etc. because intersectionality plays an important role in aspects of psychology. That same editor also stated that when researchers write about the implications of their study, they have to clearly state how it can truly enhance the field and help the population that they are concerned about. I plan to use this knowledge when planning my future manuscripts because their thoughts display the direction in which the culturally relevant research is going.

Another session that I attended was titled, "What does it mean to be multiracial? Stereotypes, perceptions, experiences." It focused on the experiences and perceptions of Black/White Multiracial individuals, which is an area that I knew very little about beforehand. The number of Multiracial in the United States is growing rapidly and our research should begin to include these individuals more. I enjoyed learning about the unique experiences of discrimination, stereotyping, and internal struggle that Black/White Multiracial people have and thinking about how that may impact my research on the Black experience.

Lastly, I attended a session titled, "The Power and Potential of Racial Identity for Black Youth Development." The overall message was that racial and ethnic identity can serve as a protective factor against negative behaviors and emotions, which is vital for healthy development in childhood and early adulthood. One study, in particular, found that racial awareness in young girls and cultural pride can help prevent Black girls from internalizing negative images and stereotypes about themselves. This further echoes the importance of protecting cultural norms and cultivating strong racial identities in our youth.

Overall, my experiences at the 5th Biennial APA Division 45 Research Conference was unmatched because I gained invaluable information that pushed me to grow as an academic, professional, and researcher. This was my first time attending this conference and I am excited to attend future conferences and see what Division 45 does in the future.

McKenzie N. Stokes
North Carolina State University
Applied Social and Community Psychology Program
(Doctoral)

The opportunity to attend the Division 45 Biennial Conference in Austin, Texas, was nothing short of a blessing. As a travel award recipient, I am beyond thankful to the Division and Dr. Robert Sellers for ensuring that I had the means to attend such an influential conference.

Without the scholarship, I truly would not have been able to attend and present at such a meaningful event, so I cannot express my gratitude enough. Although I had been told by my advisor and colleagues to expect great things, the depth and importance of the presentations, in addition to the warmth and commitment to diversity shared by every scholar in attendance, surpassed my expectations.

As a rising second year doctoral student, the presentations that comprised the pre-conference were extremely relevant and will impact my decision making throughout my graduate training. The comments regarding differing approaches to interdisciplinary collaborations were extremely insightful and helped me identify both the benefits and hardships of such partnerships. Additionally, as an unpublished first-author who will begin that journey shortly, just listening to commentary from the panel of editors and associate editors from leading journals in the field was extremely beneficial. I now have a more in-depth understanding of the publication process that extends beyond perceptions of an author, to the values and perspectives of an editor. The latter half of the pre-conference covered topics specifically related to surviving graduate school and receiving funding during my graduate studies. I found them both extremely comforting as I

DIVISION 45 TRAVEL AWARD WINNERS (Continued)

was surrounded by students experiencing similar stressors and hardships and was provided with information to strengthen my upcoming applications for competitive fellowships.

On the first day of the actual conference, I had the pleasure of listening to a diverse panel discuss their approaches to impacting policy. Considering that I am in an applied program and intend to utilize my research to one day impact policy, hearing each of these individual's perspective on how to do so, was bittersweet. I began to realize truly how difficult and tedious of a process it is to apply psychological findings within political agendas but was reassured by the fact that it is being done. Moreover, it was being done by tenured scholars as well as professionals outside of the academy, which further illustrated that there is room to do both (research and practice) if one is open to doing so. Throughout the rest of the first day, I had the opportunity to sit in on a variety of diverse presentations including, "What it means to be multiracial." I found myself intrigued by the depth of the presentations within that symposia and excited for how this section of the field appears to be advancing even further to understand the lived and racialized experiences of multiracial people.

I also had the privilege to present on symposium regarding the Power and Potential of Racial Identity for Black Youth Development. The work of my co-presenters, Channing Matthews and Dr. Butler-Barnes, was extremely powerful and affirmed the importance of understanding racial identity in a variety of contexts. This was the first time I formally presented my work on racial identity, parental support, and mental health among Black college students, and I am thankful I did so at Division 45. The audience was able to grasp the importance of my work and offer critical feedback that will undoubtedly shape how I approach this line of research moving forward. In closing, I would like to reiterate again how thankful I am that the division afforded me the opportunity to attend such a phenomenal event. As a scholar, I left feeling encouraged and committed to continue addressing ethnic minority issues utilizing psychological methods.

Misha Inniss-Thompson
Peabody College, Vanderbilt University

Attending the fifth Biennial Division 45 Research Conference in July was a thought-provoking experience. My ability to attend was made possible with the help of the Conference Travel Award. The pre-conference offered me the opportunity to learn about a host of tips for being successful within the academy. There were panels and discussions that focused on topics including thriving in

graduate school, building a career at the intersection of research, policy and practice, and writing and publishing high-quality research. My personal favorite was the panel discussion about the research publication process. As a doctoral student, I have long felt mystified by the academic writing process. As such, I deeply appreciated the opportunity to hear from the editors of top journals focusing on cultural and ethnic minority groups. I left the session feeling confident about what editors are looking for and was even able to connect with an editor whose journal I frequently read.

Conference programming across the second and third days similarly provided me with useful information. The plenary panel exposed me to scholars of color who are engaging in psychology as a tool for impacting public policy. The panelists' discussions affirmed that it is possible to use scholarship to make a difference in the policy arena. Further, the panelists reminded me that while it is important to engage in research that I am passionate about, appealing to policymakers requires that we be able to frame our passions in terms that resonate with them, such as resource allocation and cost. We have an obligation to be at the table when decisions are being made to ensure that policy is evidence-driven. I left the panel feeling confident about how scholars of color navigate the advocacy and policymaking process.

Later that day, I had my first opportunity to present a paper, "Reducing Depression Among African American Youth through Family-Based Prevention," to an audience of colleagues and top scholars in the field. It was affirming to present my research and be able to engage in a discussion about the relevance of focusing on the mental health of Black youth. Further, the audience members asked questions that encouraged me to think about potential opportunities to expand my research for future studies.

Of all of the sessions that I attended, I was most impacted by the panel session "#Power Up: Amplifying Youth Voices through Youth Participatory Action Research," which was comprised of Dr. Helen Neville, her graduate students, program coordinators, and a group of young Black girls who blew me away. The girls provided insight into their experiences as researchers that investigate violence within their communities. This session was unique because it concretized the importance of centralizing social justice and activism throughout the research process. It was powerful to hear about how this project came to be, and how it has influenced the girls beyond the scope of the research itself. The session was an important reminder that Black girls know the answers to a host of questions, yet few people engage them in the research process. I aspire to engage in action research in the future, and this session was a shining example of employing such a method.

DIVISION 45 TRAVEL AWARD WINNERS (Continued)

Overall, attending the Division 45 Research Conference provided me with essential professional development and knowledge. My experience was further enhanced by the opportunity to network and receive guidance from senior scholars. As a first-time attendee and presenter, the meeting left me excited to continue doing research, more knowledgeable about navigating the academy, and motivated to attend future meetings. I am deeply appreciative of the funds from the Conference Travel Award which enabled my attendance.

Tennisha N. Riley PhD
Developmental Psychology
Virginia Commonwealth University (Graduate)
Indiana University (Postdoc)

As I have ended my doctoral studies at Virginia Commonwealth University and am now entering my postdoctoral position at Indiana University, attending the Division 45 conference in Austin Texas could not have come at a better time. In particular, with the help of the scholarship I was able to rediscover my broader area of interests in emotional development for African American youth. This was important to my transition from graduate study because after months of dissertation work, I had the opportunity at the conference to “lift my head above the clouds” and see the work of other researchers and have conversations about shared research interests.

How my experiences with other researchers at the conference influenced my work was probably most salient during my symposium presentation. It has been a while since I have presented my work, and so I was nervous. However, I was overwhelmed by the feedback, interests, assessment, and guidance from conference attendees after my presentation. Presenting at Division 45 helped me to understand the larger theoretical picture of my work and I developed a sense of where to make improvements for writing the pending manuscript. The feedback from my presentation will prove to be very useful not only for the particular work I presented but for my work moving forward.

Another opportunity at the conference to meet with other researchers was during the mentorship lunch. One of the components that I enjoy most about conferences is the opportunity to meet more experienced researchers and scholars. The researchers and scholars at the Division 45 meeting mentorship lunch were eager to provide advice and guidance on my transition into a postdoctoral position. Their advice helped me to solidify how important strategic planning (both research-related and personal time) is to make the most of my time. I also enjoyed talking with other students who were at different points along their graduate study. Their perspectives about the conference, sharing of their research interests, and experi-

ences in graduate school helped me to think about the graduate students I will work with in the future. Overall the lunch provided an opportunity for me to learn about the importance of mentorship.

I consider myself a researcher who wants to make my work applicable through youth interventions and community engagement, which is likely due to my background as a multisystemic family therapist. Typically at conferences finding the intervention and community engaged work is difficult. However, at the Division 45 conference, Dr. Helen Neville and her students not only presented on their Youth Participatory Action Research, but they really showed the *action* component of this work by having the youth attend the conference and present on their findings and work. I was truly inspired by the presentation given by the youth researchers and cannot wait to see the rest of the work at upcoming conferences.

Lastly, at this stage in my academic career I found the preconference sessions on publishing and grant writing to be most helpful. Specifically, I found it helpful to speak with editors of the *Journal of Black Psychology*, *Journal of Latina/o Psychology*, and *Cultural Diversity and Ethnic Minority Psychology*. This opportunity that the preconference provided was unique—at least from my previous experiences at other conferences. The preconference session on publishing really showed the Division 45's commitment to getting work related to Culture, Ethnicity, and Race disseminated. Both the session on publishing and grant writing helped me to understand the value of my work and was very encouraging. As a first-time attendee at the American Psychological Association Division 45 conference, the student award gave me the opportunity to gain invaluable knowledge that I do not take for granted. I look forward to seeing everyone at the next meeting.

Darrick Scott
University of Massachusetts-Boston
Clinical Psychology

During the APA Division 45 preconference, Dr. Tseng reminded audience members to recall why they entered into their field and how their best skills could benefit the reasoning for their research. I immediately thought back to the teenagers in Chicago who participated in a community-based participatory action research project that I supervised titled “Saving Lives, Inspiring Youth.” The project taught youth to provide peer support amidst community violence and the resilience displayed by the underserved families within this program brought great purpose to my studies. I felt so humbled and moved by Dr. Tseng's address that I immediately began to send positive emails to those youth involved to remind them that great work was being done on behalf of their communities by scholars present at the Division 45 conference. Their responses of gratitude and well wishes further fueled my passion for engaging the rest of the conference.

DIVISION 45 TRAVEL AWARD WINNERS (Continued)

I exited the opening address considering how to reframe my research to ensure that it clearly highlights various ways of addressing relevant problems beyond the standard “what works best” concept. Dr. Tseng suggested that researchers go beyond this concept by engaging the community through our research as opposed to focusing solely on disseminating information. I felt very motivated to better translate my research so that it directly impacts the lives of those whom it serves and also the policies that govern underserved communities. A great lesson learned at this conference is that researchers have to be very strategic about impacting policy and practice. Much of our progress in doing so will be possible only through building trusting relationships.

Presenting at this conference provided the opportunity to create strong relationships and engage my peers on topics that I am most interested in, which are racial identity and the therapy experiences of Black Americans. Exchanging ideas and networking with attendees around such ideas was a very rewarding experience because it provided momentum for the next steps of my studies and a pathway to potential collaborations. I was also thrilled to learn of the experiences and findings of other scholars during their research studies. Overall, I am grateful to have experienced a conference characterized by great curiosity and warmth.

Desa Daniel’s welcoming and guidance set a tone for a very friendly and professional environment. Many of the attendees furthered this welcome by engaging in conversations with pleasantness and openness. Desa’s reference of me as “future doctor” brought us laughter, but it also represented the motivation and encouragement that we as therapists and researchers should offer each other when possible. This conference made those kinds of exchanges possible and the most impressive aspect for me is that, as a first-time attendee, I was able to notice a sense of community within this conference that transcends

being only a visitor. There seemed to be great familiarity and acquaintanceship that accompanied the professional conversations of the attendees. It was also apparent that attendees placed a similar value on diversity and social justice, which embodies the goals of this division.

Being a travel award recipient is very inspiring for me personally because it shows how much Division 45 is invested in students, diversity, and ultimately the future of research. The travel award demonstrates the support that must be provided to underrepresented scholars of the future. It is also a direct reminder of the responsibility upon my peers and I within the field of social justice research: to empower and advocate for under-resourced populations. Empowering those who are underserved will only strengthen our collective contribution as a field. The Division 45 organization is certainly leading by example through its service and I am honored to be among the other great recipients of its awarding.

Jazzmyn S. Ward
California State University, Northridge
Clinical Psychology, MA

Being granted the 2018 APA Division 45 Conference Travel Award afforded me a truly invaluable experience. As a first time attendee and poster presenter, I could not have anticipated this experience to be any more enriching. I presented a joint project with Dr. Meeta Banerjee entitled “Identity as a Moderator Violence Exposure and Racial Socialization.” Not only did I share this project with other researchers, practitioners, and academics, but I also received esteemed feedback on theory and analyses, which I can utilize in my future work. This is the first academic space in which I have felt so genuinely welcomed. This unique conference provided me a number of other enriching opportunities.

As a student, seeking advice and networking at conferences can be extremely intimidating. With this in mind, the committee members designated mentors, organized

Division 45 Online

Visit the Division 45 webpage to learn more about our vibrant and engaging organization. Access resources and learn more about current happenings in the Division!

You can join our listserv following the easy steps below.

To join the List:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: SUBSCRIBE DIV45.

To Leave the List:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: SIGNOFF DIV 45.

For More Information:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: “HELP” or “INFO” (without the quotation marks). HELP will give you a short help message and INFO a list of the documents you can order.

Please note that members must sign up for the listserv. The Division does not automatically add individuals when they become members.

Division 45 utilizes APA division services for trouble-shooting problems like getting on the general listserv and address changes. Members should send change of address information and problems enlisting on the listserv to Keith Cooke in APA division services via email at kcooke@apa.org.

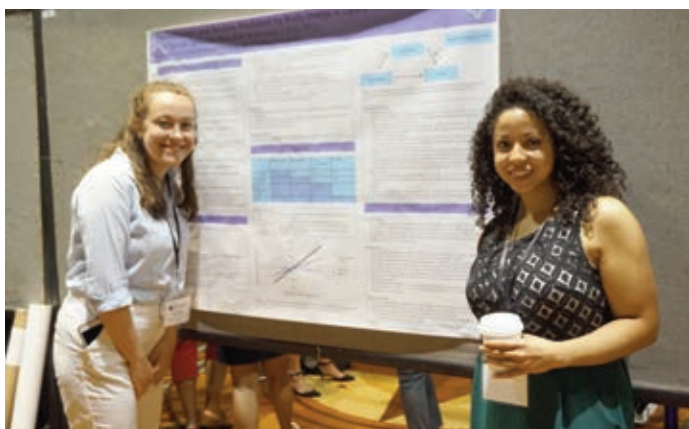
DIVISION 45 TRAVEL AWARD WINNERS (Continued)

Links and Shoulders, and opened the reception for all in attendance in efforts to encourage and simplify this process. Designating mentors to each table at lunch permitted conversations to flow with diminished anxiety. In such conversations I learned about strategies for navigating academia and best practices for applying for PhD programs. In addition to the thoughtfully organized networking strategies, the workshops and symposiums were incredibly welcoming and effectively disseminated information in such a short time. Some of the most impactful paper sessions and symposia I attended include "Ethnic Faculty and Students' Experiences on College Campuses" and "Racial Ethnic Identity, Discrimination, and Psychological Adjustment: Examining Unique Resilience Factors." Dr. NiCole Therese Buchanan shared her research on Epistemic Exclusion, which provided a name to an experience for minority faculty that I see on cam-

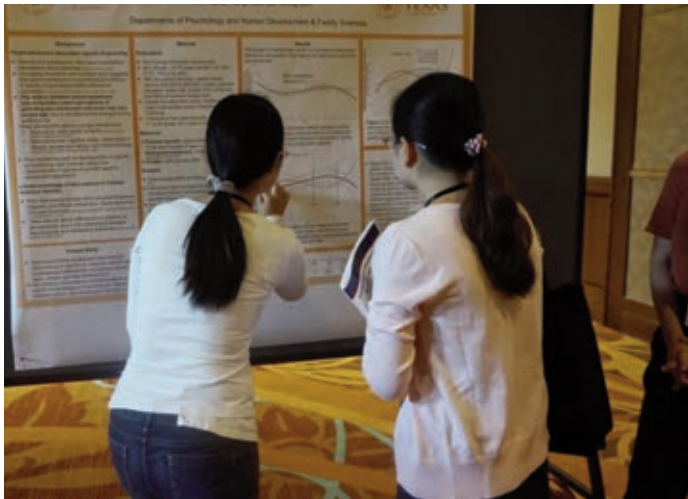
puses and have personally experienced in academia. Similarly, Ciera B. Lewis and Annabelle Lin Atkin provided great insight and discussion of models for researching resilience and psychological adjustment. Additionally, the plenary panels offered a space to receive an immense amount of information from research methods to future directions in research areas such as microaggressions and health disparities.

Ultimately, I parted the conference energized to continue my efforts serving minority communities. Similarly, I left this conference inspired and assured of my path as a scientist-practitioner. I want to thank Division 45 for supporting my involvement in such a unique experience. The travel fund permitted me to focus less on financial constraints and direct that attention to my academic and professional development. Additionally, I want to thank Division 45 for securing a space for the dissemination of knowledge that is often overlooked or minimized at other conferences.

D45 CONFERENCE PHOTOS



D45 CONFERENCE PHOTOS (Continued)



APA TRAVEL AWARD WINNERS

Rawan Atari, M.S.
Ball State University
Counseling Psychology

This year was the very first time I attended the American Psychological Association (APA) annual convention. Although I heard about the conference from my fellow colleagues and friends, it was quite an experience to attend the conference myself and explore all it had to offer. I had a diverse range of experiences, which were likely due to the responsibilities I held at the conference that extended to duties as an executive board member of the Students Affiliates of Division 17 (SAS), co-author on a poster presentation, and a graduate student wanting to learn more and make connections with professionals in the field.

In my role as a board member with SAS, I spent some of my volunteering at a table in the Division 17 Hospitality Suite space talking to individuals interested in SAS and letting them know about our mission and purpose. During this time I had the opportunity to talk with some of the leaders involved in the executive board for both Divisions 17 and 45. A couple conversations were particularly inspiring for me because at a time when I was feeling rather burnt out from recently finishing Summer classes and prepping to start the Fall semester, I found myself needing a reminder as to what my motivations were in making the decision to pursue a PhD in Counseling Psychology. One conversation in particular was about acting, and in other words, moving forward in our social justice initiatives through impactful, action-oriented ways in order to truly uphold what we advocate for in discussions inside our classrooms, meetings, and conferences. Building from that, another conversation that stood out to me happened during the Division 45 mentoring event and emphasized self-care during this time in our careers, and how important it would be to sustain that self-care as we progress along this path. My take away from these conversations is that our professional lives reflect our personal lives in many ways and as I progress forward in my career, I will try to hold onto that idea. The professionals I spoke to were strong and empowering women of color whom I found myself able to relate to and look up to as they spoke about the role of graduate students in moving our field forward. These conversations served as reminders as to why I chose this field and the hopes I have for the changes we can make together. At a time where all I could think about was the long and tiring path ahead of me, I remembered why this was all worth it. So, I thank all the individuals in our field who serve as constant reminders as to why our work is necessary and where dedication can take us as a field at large.

The poster session I presented in was another event that stood out to me since I got to talk to other individuals in the field, alongside my co-authors, about research interests focused on international, immigrant, and refugee communities. Our poster focused on our exploratory study looking at the depiction of resilience in the Arabic language. During our session I had the chance to talk to other graduate students conducting research on Muslim and Arab communities, talking about how to most sensitively approach studying these diverse communities that are often subsumed into one monolithic group. Getting to know other students and academics interested in this niche field was particularly wonderful for me because I had the chance to engage in conversations that took my thought processes a step further than before and also had the opportunity to meet and talk to researchers I have looked up to for some time. Attending the APA conference provided me with many opportunities to get to know many different people in the field, and most importantly, provided me with a new sense of energy and motivation that will help me continue to move forward and work diligently towards my degree.

Scott Barrera
Ball State University
Counseling Psychology Program

Receiving the APA Division 45 Travel Award greatly alleviated the financial burden of attending the 2018 APA Convention in San Francisco. As such, I am grateful for this award because of the professional development opportunities I was able to take part in as a result. One example was the opportunity I had to collaborate on a presentation with other exceptional students who were affiliated with various divisions throughout APA. This was an incredible experience where my co-facilitators and I created a vital space for Students of Color to talk about their experiences at predominately White institutions. The presentation focused on understanding their experiences, identifying barriers, and learning ways to cope with compassion and battle fatigue while engaging in social justice work. Further, our presentation established a network of graduate students and professionals across the United States from which we are able to maintain communication and share resources beyond the bounds of the conference. This experience provided great insight into the need of creating more spaces for Students of Color to feel heard and understood on larger platforms like a national convention.

Additionally, I was able to attend various presentations on multicultural issues. One of the presentations that stood out to me was regarding the cultural considerations when providing care for refugee and asylum-seeking clients. This presentation highlighted the important fac-

tors that a clinician needs to consider such as access to legal services, transportation, and other basic needs that may get overlooked. This presentation also shed light on the lack of counseling services offered in languages other than English. I also had the opportunity to attend the Division 45 Links and Shoulders event which was established to help Division 45 graduate students connect with mentors. This event was one of the most impactful events as I had never had the opportunity to meet Latinx psychologists or counselors before. At this event, I met Dr. Cynthia de las Fuentes and Dr. Milton Fuentes both whom have held or currently hold faculty positions. They both provided advice and insight based on their experiences in academia as students and faculty on careers in academia. These mentors truly emphasized the importance of self-care and checked in with the students to ensure we were all practicing self-care while also providing tips into their own self-care strategies. As my professional goals include pursuing a career in academia, this was an incredible experience to see two successful and grounded individuals who shared the Latinx identity. Following the Links and Shoulders mentoring event, I was able to attend the Division 45 social where I met other Division 45 campus representatives. As such, this provided us the space to discuss our plans for our respective universities.

Overall, receiving this travel grant provided me more than simply the ability to travel to San Francisco. Rather, this travel grant allowed me to collaborate with amazing graduate students who are looking to create change and have a positive impact on society. Traveling to the 2018 APA Convention allowed me to continue to develop professionally as a student, clinician, and researcher in a way I would not have been able to find anywhere else. I am tremendously grateful of the opportunity Division 45 allotted me with this travel award.

Ramy Bassioni
University of Missouri – Kansas City
Counseling Psychology

The 2018 APA Convention was such a great experience. This was my first time attending and, although it was overwhelming at times, I was impressed by the diversity of presentation topics and dedication to social justice within the majority of the presentations and sessions. I was surprised by all of the resources and social hours that were scheduled during those five days. I was able to present a poster with my completed research data for the first time. My presentation was featured in the poster session titled *Racial, Ethnic, and Cultural Challenges Among People of Color*. During my poster session, I connected with a couple individuals who have similar research interests and have experience working with Muslim Americans, so building those connections was very important to me. Another aspect that I enjoyed was seeing so many familiar faces of students and faculty I met at

the Muslim Mental Health Conference. I think it is great that there is much overlap between that conference and Division 45 sessions. During my time at APA, I was able to attend some sessions involving research on Muslim Americans. The one I found most enjoyable and beneficial was the session on engaging Muslim Americans in research. I found this to be the most helpful because this population can be difficult to recruit in research and the session helped me understand more effective ways to reach and engage minority Muslim American groups. My favorite part of any conference is the networking that occurs, but at the APA Convention, I enjoyed seeing other areas of research and presentations. I attended a session regarding activism in sports which was very interesting to me, especially with players kneeling and the pushback from the current administration.

I really enjoyed attending the Presidential Address and Awards Ceremony and seeing the cohesive, family-like culture within Division 45. I have never attended a Division 45 event prior to this and was not sure what to expect. What I gathered was that all the members are very supportive, encouraging, and caring for one another which I thought was incredible considering the work we do and commitment we have towards social justice within our society. It was exciting to see the direction the division is heading in and I am looking forward to attending future events. I also enjoyed the Links and Shoulders social mentoring event. It was beneficial for me as I learned more about what it is like in the world of academia and how to improve my self-care in this field. The opportunity to meet successful professionals in the field who have dedicated much of their life to this work was very humbling and encouraging for me as I move forward within this field.

It was an honor to receive the travel award as it allowed me to attend APA and helped me financially, considering how expensive San Francisco is all around. I am deeply grateful to have had the opportunity to attend the various presentations and events at APA, and meet like-minded individuals who have the same passion and drive towards multiculturalism, diversity, and inclusion. Overall, attending this conference helped strengthen my ability to understand and empathize with diverse communities, as well as strengthen my ability to become an advocate for them. I hope to attend future APA conferences and Division 45 events in order to continue my growth and become more established within APA. Thank you for this opportunity.

Pegah Eftekhazadeh
Lehigh University
Counseling Psychology

Presenting at the 2018 APA Convention truly enriched my professional development. I have broadened my leadership skills, professional network, and professional iden-

tity. Overall, my experience at this year's convention was the most memorable. \

In terms of leadership, I co-chaired a symposium with Dr. Germiné Awad on discrimination and mental health outcomes in the Middle Eastern/North African (MENA) community, an understudied and underserved population. I noticed in my past experiences at APA that dialogue concerning MENA mental health was minimal. This year at the convention, I wanted to create a space for MENA researchers to discuss key issues within this community. As such, I collaborated with members of Division 45 in order to co-chair a symposium that focused on discriminatory experiences and mental health issues among the MENA community. Our symposia highlighted the significantly high rates of discrimination and mental health symptoms in the MENA community, offered recommendations for clinicians providing services to MENA clients, and delineated future necessary research directions. Overall, it was an empowering experience to facilitate conversation concerning MENA mental health.

In addition to organizing the symposium, I attended the Links and Shoulders event and networked with researchers invested in ethnic minority mental health. In particular, I had the pleasure of conversing with Dr. David P. Rivera, a professor at Queens College. Dr. Rivera shared his experiences of consulting with various organizations and providing workshops on cultural competency. I also enjoyed listening to his experiences of integrating teaching, consulting, and research into his career. I also shared with Dr. Rivera my passion and aspiration to integrate the same professional roles in my future career as a counseling psychologist, in addition to clinical practice. Dr. Rivera offered recommendations of experiences to look for in internship sites in order for me to get involved in consulting in the future. Hearing about Dr. Rivera's career trajectory was truly inspiring; it provided me with a sense of direction in pursuing a similar career trajectory.

The APA convention also provided me with the opportunity to become more aware of my identity as a counseling psychologist. I attended the Division 45 Presidential Address in which Dr. Helen Neville spoke about radical healing. I learned that radical healing is not only about addressing the structures that oppress people of color, but also about promoting healing by acknowledging the strength and resiliency among these communities. The conversation on radical healing encouraged me to explore the ways in which I can further incorporate social justice into my research and practice in a way that promotes hope, resiliency, and cultural strengths. In particular, I reflected on the importance of incorporating cultural traditions in my practice with communities of color and identifying cultural strengths that serve as protective factors in the face of oppression. The conversation on radical healing encouraged me to think deeper about my

research and practice as a counseling psychologist.

Overall, the experience at the 2018 APA convention was pivotal in my professional growth. I was able to assume a leadership role in co-chairing a symposium, as well as expanding my professional network and exploring my professional identity as a counseling psychologist. With the experiences I have gained from participating in the 2018 APA convention, especially in Division 45, I have developed the tools I need to exceed in my professional career and contribute to the counseling psychology community.

Abdul Haseeb
University of Houston-Downtown
Psychology
Undergraduate

This was my first opportunity in attending an APA Convention. "Transformational" is the word that best captures my sentiments about my experience. The energy, drive, and enthusiasm that I witnessed in the presentations were so invigorating for my own aspirations in graduating with a doctoral degree in clinical psychology. The conference was composed of extremely bright, intellectual, and compassionate people, mostly of graduate students and professors. I happened to be among the minority as an undergraduate student, so witnessing people come from across the nation to engage in research and the science of psychology was nothing short of inspirational.

Arriving to the event, I immediately was welcomed and sat in my seat to experience a brilliant presentation by four outstanding professors on interdisciplinary research. Afterwards, I sat through a presentation by Dr. Tseng, who knowledgeably provided a presentation on converging research, practice, and policy into an integrated unity, followed by fantastic advice on curating strong pieces of research to get published by journal editors themselves. The day continued with clever guidance on graduate training and attaining fellowships and thinking about diverse opportunities within the realm of psychology. At this point, especially as an undergraduate student, I felt like an insider of something that was a rare experience. I found that these sessions kindled many ideas about my future as a graduate student, skills to develop, and a sense of comfort, which knowing certain aspects, I now have a more fluent comprehension.

I met the second day of the conference with both eager and excitement. With the help and mentorship from Dr. Turner, a professor from my university, I presented a poster on culturally-relevant research on mental health disparities. Any concern I had in presenting to an audience more seasoned than myself in psychological research vanished as soon as I became immersed in my poster. I became consumed by the same passion I had witnessed in others throughout the conference, as I engaged in dis-

cusssing my research with graduate students, professors, and acquired a sense of euphoria that I was a part of something more.

Subsequently upon presenting my poster session, I had the opportunity to have lunch with who I found to be the crux of perfection considering my future ambitions, Dr. Gordon Nagayama Hall, a professor of clinical psychology at the University of Oregon. I had only spent the last semester reading his entire textbook on multicultural psychology, so I admittedly had a “fangirl” moment to be able to have a dialogue with him. I received invaluable advice on graduate school and conducting interdisciplinary research, along with discussion with other graduate students and their experience so far on their journeys. The rest of the conference reinforced my passion for graduate school as I continued to attend intellectual symposiums, poster sessions, and plenary panels. My experience at the Division 45 imparted wisdom and exposure to great academic pursuits which I could not have done without the benefit of receiving the travel award. This opportunity provided me with a piercing examination of the way research can give true meaning to one’s life. I look forward to attending further conferences and, most of all, contributing to the mission of Division 45 and APA and being an asset to multicultural research and ideas.

Cathryn Richmond
Virginia Commonwealth University
Developmental Psychology

I am so honored to receive one of the coveted 2018 Division 45 graduate student travel awards. As a doctoral student residing in Virginia who has never had the opportunity to visit the west coast, this award was critical to my ability to attend the Annual APA Convention in San Francisco, California. I am extremely grateful to Division 45 as their support allowed me to participate in my first symposium entitled “Healing from Racial-Gender Trauma” with three other graduate students from other universities. My presentation, “Sex, Gender and Trauma Methodology: The Utility of Queer Theory” not only allowed me enhance my own expertise regarding epistemological approaches to my research, but also provided me the opportunity to connect and discuss with others interested in intersectional and social justice-oriented perspectives, which I found to be extremely beneficial and enlightening.

One of the highlights of the convention for myself personally was my ability to participate in the Links and Shoulders Graduate Student Mentoring Hour. The opportunity to informally discuss graduate-specific topics with mentors from such a wide array of fields and career stages was invaluable. I primarily spoke with Dr. Frances Boulon, a professor from an institution in Puerto Rico, regarding resources to help me further explore the way in which my extremely privileged lens influences the way in

which I see my research and the world overall in order to more accurately, sensitively, and appropriately represent the unique identities and experiences of individuals. Moreover, we discussed future mentoring and networking possibilities, including recommendations for locations and colleagues outside of U.S. institutions to assist me with expanding the examination of the influences of culture in my current research. I was also able to attend a symposium in which Dr. Boulon participated entitled “Hurricane María’s Effect on Puerto Rican’s Recovery, Well-Being, and Health.” This symposium was as fascinating as it was humbling, particularly the portion entitled “Disjunction in Puerto Rican Families: Aftermath of Hurricane” by Angely Piazza-Rodriguez. In addition, I found María Isabel Unanue’s topic, “Community Resilience Born in the Wake of Hurricane María,” to be quite interesting and relevant to my own research and I was extremely grateful to have been able to attend.

In addition, my own personal and professional development was greatly enhanced by the ability to attend the annual convention. I have recently been honored to be selected for leadership roles in two APA divisions with which my previous involvement was limited, such that attending the conference and being able to connect with other students in similar positions was vital. My ability to attend Division 44 events such as the business meeting, awards ceremony, and student social greatly enhanced my ability to best serve as the 2018-2019 Division 44 Communications Engagement Specialist Student Member-at-Large, as I have not previously had the opportunity to meet other Division 44 members in person. Similarly, my ability to meet with members of Division 35 was extremely useful for my new role as 2018-2019 Division 35 Campus Representative.

Furthermore, attending the annual convention allowed me to participate in a variety of the Division 45 programming which I found to be extremely useful and refreshingly distinct from the programming of many other divisions. In particular, Dr. Helen Neville’s presidential address “Building a Just Society: Setting a Radical Healing Research Agenda” was enlightening, particularly with regard to the distinction between liberal and radical healing. Dr. Neville’s expertise and passion powerfully emphasized the vision of Division 45—empowering individuals to end inequalities of power and privilege, highlighting the importance of utilizing an intersectional lens, particularly with regard to white privilege for individuals such as myself.

I am so grateful to Division 45 for their consideration and generosity, as it allowed me to participate in a wide variety of critically important and extremely useful programming, and enhancing my professional development and graduate education. I look forward to continuing my involvement with Division 45 to promote equity and social justice!

APA PHOTOS



CONTACTS

Enedina Vazquez*Past President*evazquez@ad.nmsu.edu**Bridgette Peteet***Secretary-Elect*bpeteet@gmail.com**Don Pope-Davis***Fellows Chair*dpd@nmsu.edu**Hector Adames***Program Co-Chair*hadames@thechicagoschool.edu**Merranda Marin***Historian*mmarin@ad.nmsu.edu**Carlos Santos***Member-at-Large, Latino/a Slate*carlos.e.santos@asu.edu**Robyn Gobin***Member-at-Large, African American Slate*info@robyngobin.com**Anne Saw***2019 Program Co-Chair OR*ASAW@depaul.edu**Helen Neville***President*hneville@illinois.edu**Jae Yeon Jeong***Treasurer*jaeyeon.jeong@gmail.com**Kevin Cokley***D45 Conference Co-Chair*kcokley@austin.utexas.edu**Nayeli Chavez-Duenas***Program Co-Chair*nchavez@thechicagoschool.edu**Joe Horvat***Outgoing Finance Committee Chair*jjhtechno@yahoo.com**Germine Awad***Member-at-Large, MENA Slate*gawad@austin.utexas.edu**Melissa Tehee***Member-at-Large, Native Slate*melissa.tehee@usu.edu**Lim Noriel***2019 Program Co-Chair OR*noriel.lim@emory.edu**Alvin Alvarez***President-Elect*aalvarez@sfsu.edu**Cynthia de las Fuentes***Council Representative*cynthiadlf@gmail.com**Amanda Waters***Newsletter Editor*amanda.waters@uconn.edu**Amado Padilla***Council of Past Presidents Chair*apadilla@stanford.edu**Luis Vazquez***New Finance Committee Chair*lvazquez@nmsu.edu**Kira Banks***Member-at-Large, Diversity Slate*kira.banks@health.slu.edu**Alberto Figueroa***Office of Ethnic Minority Affairs*afigueroa@apa.org**Rich Lee***CDEMP Editor*richlee@umn.edu**Barbara Thelamour***Secretary*bthelamour@wooster.edu**Joseph Gone***Council Representative*jgone@umich.edu**Mikaela Dicome***Website Manager*div45.webmaster@gmail.com**Desa Daniel***Student Representative*dkdaniel@unm.edu**Doris Chang***Member-at-Large, Asian Slate*dorisfchang@gmail.com**Angela Ferguson***Member-at-Large, LGBTQ Slate*adferguson@howard.edu**Tiffany Townsend***Office of Ethnic Minority Affairs*ttownsend@apa.org