My identity as a researcher has kind of evolved and shifted as I've tried to certain kinds of knowing, or writing, or being, and not other kinds. scholarship, and about ways in which we have been socialized to value structures of publication, of our ways of thinking about research and status quo liberation. If we are thinking about R M R W P R v N v I O O E E r E s l v t o b y R o e A m N N l i N i N e P I n E A U … we are talking about an approach that is D t E t R i Z n r n i n e C a t a g h e d to contribute my skills to that."

On racial violence and trauma: "I was exhausted, I was concerned. I felt like I had a skillset that could be useful and so I was thinking about... what I needed to do to contribute my skills to that."

"My identity as a researcher has kind of evolved and shifted as I've tried to figure out how I can, as a researcher, really impact social injustice."

"I started trying to think about developing accessible, ecologically valid in the real world, culturally responsive, and evidence-based intervention models for addressing the impact of racism."

"To me that is the most radical piece – is that the networks of scholars that came together to do this work grew."

"Through creating a community of scholars that were collaborative and growth-oriented, and courageous enough to give feedback, and courageous enough to give support and to be happy for each other for our successes, we have built a knowledge base that is critical I think to Latinx families in the United States, Mexico, and Puerto Rico."

"If we are thinking about critical consciousness, if we are thinking about liberation... we are talking about an approach that is challenging the status quo. And for me that would also include the status quo of our structures of publication, of our ways of thinking about research and scholarship, and about ways in which we have been socialized to value certain kinds of knowing, or writing, or being, and not other kinds."

Watch the webinar here: https://bit.ly/2Gy3k39
MELANIE DOMENECH RODRIGUES, PH.D.
CULTURAL ADAPTATION AND LATINX MENTAL HEALTH RESEARCH

Cultural Adaptation Process Model
"Family structures create the conditions for oppression, and conducting sound research could be a really good vehicle for providing a different context and providing resources for liberation for these families."

Context → parenting practices → child outcomes
"We saw changes, we saw positive changes in families... In fact in some instances parents considered them therapeutic."
"We new were doing something right; we knew we were connecting with the community."

CANDICE HARGONS, PH.D
HEALING RACIAL TRAUMA
Race-based stress + limited coping strategies
= racial trauma
Research: Heart-rate variability Vs. HR under racism
Findings: Experiencing racism has biometric effect.
Black people have been found to have higher HRV – better ability to cope – but the examination of race-based stress has shown to have long ranging impact on overall health.
Intervention
Personal level: coping strategies
Systemic level: anti-racism work

MATT MILLER, PH.D.
HEALING FROM RACISM THROUGH FIRST-PERSON NARRATIVE DOCUMENTARY FILM
Communication science: presentation affects effectiveness
Narrative persuasion: changes health beliefs and behaviors
Validating experiences of racism → corrective emotional experience → allows distress to dissipate → increase racism coping self-efficacy → reduced impact of racism related stress
"In a way, filmmakers, therapists, counselors, clients, we are all story tellers in some way. And our work as social justice researchers who are really seeking to disrupt and end racial injustice... is crafting and empowering and healing narratives."

KAREN SUYEMOTO, PH.D.
HEALING THROUGH SCHOLARSHIP: BROADENING OUR PERCEPTIONS AND POSSIBILITIES
Epistemology: whose voices are heard, what questions are asked, and why they’re asked
Goal-centered Research:
Scholarship centering ultimate goal and the effect of that goal, and less focus on a particular method or approach in the field
"Thinking about how to use the knowledge that we have to influence other people’s ways of pushing against the status quo of oppression."

Translation provided by Alissa Adam of UF’s WELLS Healing & Research Collective
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