

# Community-Based Practices: Healing Through Social Justice Webinar Recap



"Very often people will say 'Oh we need you to come in and talk about LGBTQ stuff and we're a marketing agency.' And I go 'Do you have an LGBTQ person of Color in marketing? That's your problem.' ... The radical healing starts in many different places and it starts by eliminating the barriers."

**Adrienne Michelle, LMFT**  
Program Coordinator, Gender and Sexual Diversity Initiative  
Carolina Partners



"For me, radical healing is taking what has been inherently instilled in me and integrating that with what I've been trained to do, and what I continue to gain knowledge about ... and taking what's inherent in the community and somehow you just merge all of that. And what emerges is then these interventions or idea or apps that everyone just thinks is innovative or novel."

**Dr. Angela Neal-Barnett, Licensed Psychologist**  
Professor and creator of Sisters United Now program and application  
Kent State University



"I think about the embodiment of fear in a person's heart rate, in their stomach, in their silence. If there is a wish that I have, it is that we do more practices of embodiment and recognize that sometimes before your mind even can come up with coherent thoughts, people have bodies that are responding to conversations that feel threatening to them."

**Dr. Consuelo Cavalieri**  
Professor and provider of Indigenous healing practices  
University of St. Thomas



**RADICAL HEALING**

Dr. Helen A. Neville's Presidential Task Force:

Hector Y. Adames

Nayeli Y. Chavez-Dueñas

Grace A. Chen

Bryana H. French

Jioni A. Lewis

Della V. Mosley



**Society for the Psychological Study  
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**Watch the whole webinar here:**

**<https://bit.ly/2SdEmrc>**