



FOCUS

Society for the Psychological Study of Culture, Ethnicity, and Race
Volume 28, Number 2
Fall 2017

FROM THE PRESIDENT-ELECT

*Helen A. Neville, Ph.D.
President Elect*



RADICAL HEALING: A CALL TO PSYCHOLOGISTS TO WORK FOR A BETTER, MORE EGALITARIAN TOMORROW

Features

- 1 From The President-Elect
- 2 From The Editor
- 2 This is Personal: A Reflection on Emotional Labor
- 3 "Dismantling #TakeAKnee"
- 4 My Experience at a DACA Support Rally/March
- 5 Division 45 Statement Against Hate
- 6 Executive Committee Updates
- 7 5th Biennial APA Division 45 Research Conference
- 7 CNPAEEMI Leadership Development Institute Report
- 8 Student Committee Updates
- 10 Division 45 Student Travel Award Winners
- 12 #Radial Healing 2018—Call for Convention Programming
- 13 Executive Committee

It is a tough time for our country and our friends around the world. In the past few months we have witnessed both natural and manmade disasters, and in some instances a little of both. Climate change is wreaking havoc in which poor people and people of color are disproportionately affected, whether in Houston, Florida, or elsewhere. At the time of this writing, 70% of people in Puerto Rico are still without power nearly a month and-a-half after Hurricane Maria decimated the island and the US Virgin Islands have a long road to recovery after Hurricane Irma hit its shore. Our friends in Sierra Leone continue to heal and rebuild from the devastating August mudslides. Global and domestic terrorism are on the rise, as illustrated by the car bombing in Mogadishu and the persecution of Rohingya in Myanmar. And, in our own backyards, Neo-Nazis and other white supremacists are taking to the streets and to college campuses spewing their rhetoric of intolerance. Structural racism continues to influence everyday practices and policies and thus people's lived realities. Flint, Michigan's water is still filled with lead and pollutants. We are living in times in which families are being torn apart because of inhumane immigration policies, water protectors are denied entrance into the nation's museum honoring their history and culture, and survivors of hate crimes are being criminally charged as in the case of DeAndre Harris.

And, we are doing what we always do during difficult times; we come together and help one another. We resist. We survive. We build alliances and create a new, more just reality. As always, members of Division 45 will continue to find ways to contribute to the struggle by nurturing wellbeing in the communities to which we belong and to larger society.

My presidential theme (2018) centers on working together to "Promote Healing through Social Justice" within communities of color. Nigerian author Wole Soyinka's keenly observed justice is the primary condition of humanity; healing is thus a radical proposition. A proposition demanding social justice! Radical healing also includes finding ways to promote well being of the self and community; instilling radical hope or envisioning and working for a different and more democratic future; and, engaging in radical love or self acceptance, as in racial-ethnic-cultural pride (and its intersection with other social identities).

Promoting healing through social justice requires all hands on deck – we need to draw on the insights of diversity science along with local knowledge to inform individual, community, organizational, and policy interventions. We

need researchers willing to advance theory and provide evidence documenting the (a) nature and extent of distress, (b) effectiveness of specific resistance strategies, (c) scope resilience of individuals and communities, (d) usefulness of psychotherapy interventions, and (d) role of indigenous or local practices promoting healing.

We need to centralize our knowledge about what applied psychologists are doing in the therapy rooms, out in the community, and online promoting radical healing. We need to uncover and share healing stories.

I am thankful for Dr. Bryana French and Della Mosley who are co-chairing the Radical Healing Task Force and to Drs. Hector Adames, Nayeli Chavez, Grace Chen, and Jioni Lewis who are active members of that group, which I affectionately refer to as the dream team. Among the dream team's early activities are writing a "white paper" on the topic to guide future research and practice, and creating a social media platform on the topic. If you are on twitter, please visit #RadicalHealing2018 to listen to stories about and/or share your understanding of radical healing.

I am grateful to Drs. Chavez and Adames for their willingness to serve as Division 45 convention program co-chairs. They are working overtime to ensure that the convention activities next summer are of the highest quality and address cutting edge issues related to communities of color, including promoting healing through social justice.

In addition to the radical healing initiative, I remain committed to the collective work of the division leadership in strengthening the health of the division and in ensuring that we are meeting the needs of our members and the communities we are engaged in.

I look forward to the start of my presidency in January 2018. Do you have ideas? Want to become involved? Please do not hesitate to reach out to me. I want to hear from you.

Afya na haki kwa wote (health and justice for all).

Helen Neville, President Elect
Helen.neville1@gmail.com
Twitter: @HelenNeville12

FROM THE EDITOR

Amanda Waters, Ph.D.

Dear Friends and Colleagues,

What a year. I have spent a considerable amount of time reflecting on and responding to the events throughout the United States and world—similar to many of you. As Helen Neville, our Division 45 President Elect notes, we need *radical healing through social justice*. Much of our year has been spent experiencing and watching event after event tear through communities of color and deepen divides. Telling stories, processing together, and moving forward contribute to a shared language and experience from which to build.



In this issue, three story tellers—Linda Oshin, a current doctoral student at the University of Connecticut; Cassandra Page, a faculty member at Regent University; and Jeff Mio, professor at California State Polytechnic University, Pomona—invite us into their experiences over the past several months. Following the horrific events in Charlottesville, Virginia, President Enedina García Vázquez crafted our Division's Statement Against Hate, countering the negative reverberations affecting our African American, American Indian, Middle Eastern and North African, Latinx/a/o, Asian American, and LGBTQ family.

In addition, we celebrate the current and next generations of social justice advocates with highlights from the current Executive Board, newly elected members, and student committee members. As members of the Division, we contribute funds toward professional development of students. We round out this edition of *FOCUS* with reflections from our Student Travel Award winners who were able to attend the 125th APA Convention in Washington, D.C., this year.

Grateful to be journeying with all of you.
Amanda Waters

THIS IS PERSONAL: A REFLECTION ON EMOTIONAL LABOR

*Linda Oshin, M.S.
University of Connecticut*

I was tired and stressed. Not for any one reason, but for the plethora of things that every graduate student has to deal with. I hadn't slept much the night before. I was in the middle of my comprehensive exams. I had to analyze some data but I wasn't sure how to do it. My inbox was out of control. Oh, and I was behind on my clinical reports. With all of these thoughts and to-do lists swimming in my head, I walked into the office of our training clinic to try to squeeze in some report writing



THIS IS PERSONAL (Continued)

and ran into someone who asked if I had heard a prominent Black person's speech about police brutality. I hadn't. "Oh, you should listen to it! He made some great points..." She proceeded to attempt to engage me in a conversation about recent killings of unarmed Black people. She had some nice points and was clearly looking to hear about my perspective as a Black woman who has been pretty vocal about this issue amongst our graduate program. She was probably very disappointed when I curtly ended the conversation, grabbed what I needed, and left the room. I wasn't trying to be rude, but I didn't want to cry in the clinic office at 9:30 in the morning because I had things to do.

You see, when someone brings up Philando Castile (or Eric Garner or Trayvon Martin or Sandra Bland or Tamir Rice or...) I don't just see a systemic bias against Black bodies in our police force. I see my husband and my brothers and myself in those faces and I am scared for the safety of myself and my loved ones. When I see the photos and the videos of the Charlottesville protests, I don't just see a reminder of the white supremacy that I always knew existed in this country. I see a campus that looks a lot like the one I go to every day. I see people echoing a resentment that I've heard whenever someone implies that I've gotten to where I am because of Affirmative Action. I am reminded that my authority and

expertise will always be questioned because I am a Black woman.

I don't mind sharing these experiences; that's how people with privilege can learn and hopefully use their privilege to fix it. I'm willing to do my part to fight for justice and equality for myself and others.

I do mind, however, that many forget that these hot button issues are not simply news stories or policy issues to me. I mind when I find myself taking time away from my studies to educate others, and then find myself with less time to do things for myself. It's not simply an issue of time, however, it's an issue of emotional labor. I find that I am often required to re-open my wounds for the benefit of others, with the hope that it will change someone's stance or compel them to act. It's even more infuriating, then, when I see inaction.

This is why I sometimes abruptly end conversations or ask someone to Google something or read a book rather than explain it to them. I have learned in these difficult times, that I need to maintain a balance or I will find myself emotionally and physically exhausted and frustrated. I implore other minority students to do the same. It is ok to protect myself, to say no to conversations or additional responsibilities, to ask for others to do the work. Sometimes, it's important to share experiences, and sometimes it's more harmful than helpful.

DISMANTLING #TAKEAKNEE

Cassandra Page, Psy.D.

Regent University, School of Psychology and Counseling

I am so impressed by the ease with which #takeaknee and #Charlottesville were twisted and gerrymandered by modern day journalists-turned-magicians to become a palpable food for America to swallow—a meal sautéed in patriotism, sprinkled with First Amendment rights, and served on top of freedom. It's frightening how easily people are confused and willing to ruminate on assumptions never spoken.



The velocity in which the truth behind dissent warped before my very eyes, silencing the cries that were simply yearning to be heard in the first place, shocked me. The psychological impact experienced when the President validated "both sides"—upholding the truths of hate as a viable, supported option, rather than one to be condemned, overwhelmed me. The damning, echoing rhetoric that "sons of bitches" dare demonstrate their allegiance to life mixed with the pointing fingers at Black

Americans tightly gripping onto the rights ancestors fought and died for is unfathomable. The ping-pong banter on social media heralding Black activists as unpatriotic and White allies as friends of terrorists is disheartening.

The quickness with which more roadblocks are established and the focus changes from the systemic oppression and bloodshed of Black and brown Americans—IT'S NOT ABOUT THE FLAG—and dismantling the underbelly of police brutality—IT'S NOT ABOUT THE FLAG—and the attempt to quietly shed light on the ripple effect of the foundation of hatred and bigotry and "you are less than" in this country—IT'S NOT ABOUT THE FLAG—that White people have always been able to call the home of the free and the land of the brave gets shifted to: "IT'S ABOUT THE FLAG" and "NOT SUPPORTING THE TROOPS" and "PATRIOTISM" and "DISRESPECTING AMERICA" and "DISTRACTION FROM THE GAME" and "THE

DISMANTLING #TAKEAKNEE (Continued)

WRONG WAY TO PROTEST” and “ABUSING FREEDOM OF SPEECH” and “KEEP WORK AT WORK” etc. etc. perfectly exemplifies the blinding privilege that cannot, for one small moment, even recognize that it has never had anything remotely equal to the perseverance of its life for which to stand.

If privilege had one iota of an ounce of understanding that simply having visible melanin places an automatic target on one's back, that one's skin is viewed as a weapon, it would not dare dictate when, where, how, and why one cries out to have her humanity acknowledged. If privilege knew what it was like to have its life challenged with every step, every body movement, every voice inflection, every facial expression, every word uttered, and every breath taken...it could not possibly fathom naming an “appropriate” place to speak out.

How uncomfortable it must be to not have an answer to what, when, or how it is acceptable for Black people to protest the very America that continues to bind them in invisible chains, forcing them to dance to a drum whose beat was never envisioned for them, silencing the very cry this very country that proclaims they have the right to speak. IT'S NOT ABOUT THE FLAG. It's about police brutality; injustice; discrimination; civil rights; being seen as human; being free. It's about grey hoodies and packs of skittles; toy guns and selling CDs; broken taillights; illegal U-turns; surrendering with hands up. It's about

Black mothers and Black daughters losing Black husbands and Black sons to imprisonment and the other side of a bullet. It's about being a 14-year-old girl playing in a yard and broken spines in law enforcement vehicles.

It's about breathing.

It's about freedom and not being told how to express oneself in a way that is palpable to the person who disbelieves in your argument before you open your mouth. IT'S NOT ABOUT THE FLAG. It's about the asinine assumption that Black people should be grateful for the opportunity to continue to live and advance in an oppressive society constructed on the expectation that they will fail. IT'S NOT ABOUT THE FLAG. It's about the expectation that Black people should be thankful that they were at least given a chance. IT'S NOT ABOUT THE FLAG. Standing up, holding a sign, fist in the air, #nojusticenopeace, #blacklivesmatter, #icantbreathe, #sayhername, #takeaknee...IT'S NOT ABOUT THE FLAG.

If the hope of these magicians behind the never-ending news segments and social media commentary is that Black people will learn their place and stop speaking unless spoken to, their hope is ill-formed and foolishly placed. They forget Black people are the gift that their ancestors gave. These magicians ought to be reminded that Black people are the dream and the hope of the slave.

These magicians must realize that Black people's very existence is protest.

MY EXPERIENCE AT A DACA SUPPORT RALLY/MARCH

Jeffery Scott Mio, Ph.D.

California State Polytechnic University, Pomona

The first week of September, I received an email from a colleague of mine asking if any of us wanted to join her in a rally and march supporting DACA rights after the Trump Administration announced that it was terminating the Executive Order issued by President Obama to protect DACA individuals from deportation. This march was entitled, “#DefendDACA March.” As many of you know, my department is a combination of psychology and sociology, and my colleague, Faye, is a sociologist. She is a lot more active in events such as this, as she discovered the rally on the “March and Rally Los Angeles” Facebook page, about which I did not know. I made arrangements to meet Faye at this rally; unfortunately, I was the only one in my department to respond in the affirmative. To somewhat defend my colleagues, this rally was scheduled for Sunday,



September 10, and our university, being on the quarter system, was not starting our new academic year until September 21.

I met Faye at the northeast corner of McArthur Park, a famous park just west of downtown Los Angeles, where many protests and rallies take place. There were hundreds if not about a thousand people at the park, and it was difficult to find Faye. However, in the age of cell phones and text messaging, we found one another. We were joined by a current and former student of hers, with the former student being a graduate student at UC Irvine in sociology.

The rally began a little after 3:00 pm, and there were a number of speakers discussing immigrant rights and the special case of DACA individuals. The march began after 4:30 pm and was well organized and carried us through a number of streets in the area. As we marched through the

DACA SUPPORT RALLY (Continued)

streets, we were repeating a number of chants in support of DACA individuals. The march route was protected by police who had blocked off the streets and made sure the crowd was peaceful and moving. The marchers stretched across the entire width of the streets (probably about 10 or more people across) and as far as the eye could see ahead of me and behind me. When I read in the Los Angeles Times newspaper the next day, they estimated the crowd to be “in the hundreds,” but I believe that was just at the beginning of the rally in McArthur Park. It was clear to me that the crowd swelled as the march progressed, so I estimated the crowd to be in the thousands because it stretched three blocks ahead of me and several blocks behind me. Because we kept snaking through the neighborhood, it was difficult to get a sense of how long the march extended. I do not know the exact route, but in looking at a map of the local area, I think the march route was about 10–15 city blocks long.

At one point, we were marching further away from McArthur Park. I see on the map that it looked like the route was going to end in Lafayette Park several blocks away from McArthur Park, but I did not know this at the time. Moreover, my car was parked three blocks on the other side of McArthur Park. Since it was around 6:30 and I had been on my feet either standing or marching for well over 3 and a half hours, my 63-year-old legs were giving out on me, so I decided to break with the march and go to my car. Faye told me later that it was unfortunate that I had left when I did because the march ended not too long after I left and someone there at LaFayette Park wanted to take a picture of the Cal Poly Pomona faculty who had been at the rally. All in all, however, I was glad to have been able to show my support for this important issue. The optimist in me tells me that DACA individuals will ultimately be protected because very few politicians seem to want to deport these individuals who have been so integral in the make-up of our society, and even the current administration seems to want to find a way to protect DACA people.

DIVISION 45 STATEMENT AGAINST HATE

First, on behalf of Division 45 we offer our deepest condolences to the family of Heather Heyer who was tragically killed in Charlottesville, VA. To her parents and family we send our most heartfelt sympathies. As parents, the loss of a child has no words. We only know that the loss is deep, heart wrenching and long lasting.

Like others, we have struggled to wrap our heads around the recent events in Charlottesville, VA. It's just impossible to believe that just a week after we were celebrating our advances in psychology that we were awakened to the horrors in Charlottesville. Just a year prior, the presidents of the ethnic minority psychology associations and Division 45 were sadly describing the immense and negative impact of our most recent elections on our communities.

From coast to coast we heard the cries of our fellow family members expressing heightened fear, worry, doubt and sadness with how they were now being treated-targeted. Black lives matter, the pipeline fight, and immigration took a new more serious turn. Police were being told to not take it easy on those arrested—so our people of color continue to be maltreated, objectified, marginalized and endangered. Our African American men and women of color continue to be targeted.

The fear that the pipelines would move forward faster and with more fury was even more real. Our American Indian families' homes became more endangered. And we too suffer because water, the first medicine, is now

more threatened than ever. We continue to stand by our American Indian family and thank them for their valiant efforts to curtail the advancement of the pipelines.

Immigration. Who hasn't been affected by new immigration policies? Recent efforts to curtail the freedoms of our Middle Eastern North African family have yielded negative impacts on all of our lives. Our Asian families too have felt the fear of the “new” immigration policies. And our Latina/o children and family became even more fearful of their life chances. Even the Dreamers knew that due to no fault of their own they could be deported from their only homes they have known in the US to a country, that while they share a kinship with, was truly not their home. New immigration policies only serve to break-up families and allow access to only a few privileged people.

Our LGBTQ community did not go unscathed either. While we were assured that new policies related to our family who are transgender were not really going to take effect, that hasn't stopped the fear that once again all that has been fought for was now in danger of being lost. And of course, most importantly the security of all of our family is highly critical. We fully know the way that hatred has been expressed with our LGBTQ community.

While these examples may not be comprehensive and do not capture the experiences of everyone that has been negatively affected by recent events, we know that

STATEMENT AGAINST HATE (Continued)

hatred; bigotry, racism and all the -isms have a clear and negative impact on our lives and our mental health. Charlottesville, unfortunately, is another reminder. And while we provide a few examples of the impact of this hatred, a hatred that has been given the right to be expressed freely and against anyone, we continue to see examples of this hatred for those of us who are different and those of us who fight for justice, regardless of our color or background. We have never been against freedom of speech, yet, we cannot, we should not, condone any freedom of speech that leads to the harming of those who oppose the hatred that has become so prevalent in our society. **Now more than ever we are concerned with the future of our nation and condemn all actions of hatred and bigotry, in all of its forms, that serve only to hurt and divide us.**

Social justice without social action is no justice at all. So today let us promise each other that we will take an action against injustice even if it is a small action. The recent tragedy in Charlottesville, Virginia is a clear reminder that our work is not done. We stand behind all those that oppose hatred, as hatred is the face of injustice. We challenge all of us to work together, work diligently

to express our commitment to each other and become the face of justice.

Thank you to all who have taken a stance and the resources made available to help our communities heal. With peace in our hearts, we stand with everyone who stands for social justice and social action.

Unidos venceremos este odio canceroso! (United we will conquer this cancerous hate!)

Enedina García Vázquez
President – Division 45 Society for the Psychological Study of Culture, Ethnicity and Race

Some Additional Resources:

- [Ten Ways to Fight Hate, Southern Poverty Law Center](#)
- [Hate Map, Southern Poverty Law Center](#)
- [Alt-Right On Campus, Southern Poverty Law Center](#)
- [An additional link](#)
- Although I prefer the word “acceptance” to “tolerance,” there are some good resources for the classroom at <https://www.tolerance.org/classroom-resources>

EXECUTIVE COMMITTEE UPDATES

Kira Hudson Banks, Ph.D.

The majority of my time in the past months has been devoted to planning the annual Division 35/45 Dance at the APA annual convention. The dance took place August 5th at the Marriott Marquis with the lively theme, MASQUERADE: Unmasking Yourself. It featured DJ KRYPTK, who played for the Obamas at the White House and kept a crowd of over 100 attendees dancing until midnight. Proceeds from the dance totaled over \$1300 and will benefit the Trans Women of Color Collective (<http://www.twocc.us/>). Desa Daniel was pivotal in the execution of the dance along with her committee of fellow graduate students.



We look forward to seeing you all next year as we party in San Francisco.

Related to other duties, I have remained involved in discussions about Phi Alpha Omega. In addition, I was part of a team who reviewed travel award applications for graduate students to receive travel funds.

I look forward to continuing to serve in 2018, my final year in this term as Member-at-large Diversity Slate.

Robyn L. Gobin, Ph.D.

Greetings! A hearty happy Fall to everyone! Just a quick update from me: Since my last submission, I have been appointed to work on the Psi Alpha Omega (PAO) subcommittee. I am excited about this opportunity as we anticipate some possible expansion of PAO. Stay tuned! Finally, I will serve as a 2018 Division 45 Research Conference Co-Chair along with Dr. Enrique Neblett. The 2018 Division 45 Research Conference promises to be enlightening and engaging. You don't want to miss it! Reserve July 19-21st in your calendars now! The call for abstract submissions will be released shortly! I look forward to connecting with many of you in Austin!



ELECTION RESULTS

President-Elect for 2018	Alvin N. Alvarez, Ph.D.
Secretary-Elect for 2018	Bridgette J. Peteet, Ph.D.
Member-at-Large (Asian American Slate)	Doris F. Chang, Ph.D.
Member-at-Large (Native American Slate)	Melissa Tehee, Ph.D., J.D.
Representative to APA Council	Joseph P. Gone, Ph.D.

Join us for the 5th Biennial APA Division 45 Research Conference



Proposal submission deadline: February 19, 2018

Conference co-chairs are Drs. Germiné Awad and Kevin Cokley. The conference will feature outstanding plenary speakers and symposia, and a professional development pre-conference day on July 19.

For general conference questions, please email:
APADivision45Conference@gmail.com

New registration information coming soon to
www.apadivision45conference.com.



CNPAAEMI LEADERSHIP DEVELOPMENT INSTITUTE BOARD MEMBER REPORT

Michi Fu, Ph.D.

Division 45 LDI Board Representative

The Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI) in collaboration with the Society of Counseling Psychology (Division 17 of the American Psychological Association) launched Cohort IV in April 2017 to begin the yearlong, interorganizational Leadership Development Institute (LDI).



The LDI has been redesigned this past year to a) increase both the depth of leadership training and cohort cohesion through the leadership retreat, b) enhance the impact of Fellows on their respective associations, b) provide Fellows with direct, leadership experiences and visibility via the Presidential Residency, and c) create a more cost-effective, and logistically feasible leadership retreat with a more consistent training cycle. From the initial indicators of the activities to date – such as the leadership retreat, initiation of the Presidential Residencies, initial planning

of the Fellows Project – these redesigned elements have elevated the effectiveness of the LDI overall.

Recruitment, selection and confirmation of Cohort IV of the LDI Fellows began in January of 2017. A total of 11 applications was received and reviewed by the LDI Executive Committee. Applicants who passed the initial review by the EC were forwarded to the host organization for final selection and approval.

This year, the LDI was launched in Las Vegas, Nevada from April 21-23 during a 2.5-day retreat and training to launch Cohort IV. This retreat was facilitated by all of the EC members. Since then, the cohort has been meeting to work on their collaborative project while each fellow has been working with their respective Presidents on projects to benefit their host organizations.

Dr. Kathryn England-Aytes is the Division 45 Leadership Development Institute Fellow in Cohort IV who has been

CNPAAEMI LEADERSHIP REPORT (Continued)

appointed to work with President Enedina Vasquez. To read about the impact she's been having on her home campus, here's a [link \(https://csumb.edu/magazine/rising?_search=Kathryn+England+Aytes\)](https://csumb.edu/magazine/rising?_search=Kathryn+England+Aytes). As part of her Presidential Residency, she has been tasked with reinvigorating Psi Alpha Omega. She has also been collaborating with the other fellows of NLPA, AAPA, SIP and Division 17 regarding a school to prison pipeline project for their Cohort project.

Below is a brief statement regarding her leadership experience thus far, excerpted from her application for the LDI Fellowship.

"I am a Cherokee descendant born and reared in Tulsa, OK, attending boarding school in Tahlequah, OK. I hold a B.S. in psychology, an M.S. in social science, and an Ed.D. I have taught psychology coursework in community college and university settings since 1997...Currently, I am teaching hybrid/online courses at CSUMB which allows me to make my primary home in the Midwest, with

occasional trips to the CSUMB campus. While in Oklahoma, I am able to work with Native students through the Center for American Indians at Bacone College in Muskogee, Oklahoma, and speak in a number of venues on historical trauma in Native populations."

On behalf of the CNPAAEMI LDI EC and Fellows, we would like to personally thank Division 45 for their continued support of the program. The LDI EC will begin recruitment efforts shortly for our next cohort. If you are able to assist by identifying a potential future Division 45 Leader that can benefit from working closely with our EC, please don't hesitate to contact Michi Fu at drnichifu@gmail.com.

The author of this report wishes to acknowledge Dr. Alvin Alvarez for authoring the CEMMRAT Update (June 2017), which provided excerpts of this report to provide background information regarding the LDI redesign, application process and activities of the current cohort.

Respectfully submitted by,
Michi Fu, Ph.D.

STUDENT COMMITTEE UPDATES

*Desa Daniel, M.S.
University of New Mexico*

Greetings Division 45 Family,

I was honored to meet so many of you during our time in Washington D.C. This past academic school year the Student Committee have been actively working on our mentorship program, creating resources for students, expanding our campus representative program, and increasing the number of webinars offered. As we transition to the new academic year our focus is to continue to grow many of our amazing resources but also offer more specialized programming geared towards addressing the unique experiences of our student population.



As a team, we are very excited for the many things we offer our student membership. This year's student committee is comprised of many new faces. The Campus Representative program was recently transformed and we are proud to now have 10 campus programs which are under the direction of Darren Agboh and Gabe Corpus. The campus representative program offers students the opportunity to have a Division 45 campus student group. Some of the few benefits are having direct contact with Division 45 Student Committee, hold

leadership positions within your school, and opportunities to transition into future Division 45 Student Committee leadership roles. To have a campus representative program on your campus is completely free. For more information please contact Darren and Gabe (div45campusreps@gmail.com).

Last year, the Mentorship Program offered 100+ students a wide variety of webinars on topics from work/life balance, transitioning into faculty positions, and applying for internship. This year we continue our virtual mentorship model by offering students more specialized topics with our division 45 mentors as well as mentors outside of our division. Yue Li and Chun Tao are excited to offer opportunities for student of color to peer mentor, create spaces for student to explore challenges and resources, and create more spaces for students to meet face-to-face such as the Division 45 conference. For questions about the division 45 mentorship program or ways to get involved in mentoring please contact Yue and Chun (division45mentor@gmail.com).

The Division 45 Student Committee is proud of all the work, contributions, and events we were involved in, planned, and/or hosted during our time in Washington D.C. During the 2017 Convention, Division 45 Student's created several collaborative programming where student led panels were created. We continue these traditions with our new Student Liaisons, Lilly Lau and

STUDENT COMMITTEE UPDATES (Continued)

Nelson Zounlome. APA 2018 Collaborative proposals are currently being formed and we have begun working on proposals for the Division 45 Conference which will take place in Austin TX. Nelson and Lily are excited to work with other APA division, psychology organizations, and other communities interested in collaborating with our students during the next academic year. Moreover, our new Research Chair, Ayli Carrero Pinedo, is actively working on ways to increase students' awareness of research grants, projects, and other research opportunities. In this position, Ayli, will be working directly with students on resources we can offer them while also working with professional research experts already in the field.

Division 45 Student committee would like to extend a special thank you to Dr. Merranda Marin and Dr. Enedina Vazquez for allowing our committee to be heavily involved in the 2017 convention process. During this time, the student committee adopted the Graduate Student Convention Assistant role. This position gave our committee more opportunities to include student feedback in the process from reviewing proposals to presenting in presentations. We are excited to maintain the Graduate Student Convention Assistant role and welcome Jessica Guadalupe Perez-Chavez to our team.

I am honored to be re-elected to continue to serve as your Division 45 Student Representative for the 2018-2019 term. As a team, we hope to continue to have open dialogue with you on what you hope to see occur within our division, resources you hope we can create, and ways in which students can receive awards and recognition. Student can expect to have several research awards as well as travel awards occur over the next year. I encourage you all to apply for the research awards as well as our Division 45 Conference Travel Award and the APA 2018 Travel Awards.

If you are looking for additional resources, please check out our student resource guide created by Jessica Jackson and Roberto Abreu which is located on our Division 45 Website. There you can also find travel award information, student award information, and all our Student Committee officers. Have you followed us on social media? The student membership has a Facebook page which gives up to date information about division events, research, and a general way for student to connect. Students can join by searching Division 45 Student Members on Facebook.

NEW CAMPUS REPRESENTATIVES

Gabriel Corpus, M.A.

Hello Division 45 Members,

It is my pleasure to introduce the new Campus Representatives who have joined Division 45! These individuals have applied to our campus representative program in order to start Division 45 committees on their campuses. It is our hope that these great individuals will create a space for the Division 45 mission to be shared with students on their campus and hopefully bring in even more representatives into the fold. We have a total of ten Campus Representatives who come from a wide range of campuses. We would like to introduce them to you all here! Some pictures are included, but we are also excited to introduce Yajaira A. Cabrera Tineo (University of Albany-State University of New York), Ashley S. Castro (DePaul University), Taymy Case and Tania Chowdhury (New York University), Ebony A. Lambert and Mona Liba Quarless (Virginia Commonwealth University), (whose photos not available).

Thank you to all who have joined our Campus Representative program!

Gabriel and Darren
Division 45 Student Committee
Campus Representatives Co-Chairs



*Javier Velez
Florida School of
Professional
Psychology at
Argosy University*



*Samiha Jallouqa
Midwestern
University in
Downers Grove*



*Ginnete Sims
University of
California, Santa
Barbara*



*Ayli Carrero Pinedo
University of North
Dakota*



*Lily Lau
University of Tulsa*



*Abere Sawaqdeh
Church
Washington State
University*

DIVISION 45 STUDENT TRAVEL AWARD WINNERS

Amanda Blume

*Utah State University
Combined Clinical/Counseling/School
Psychology Program*

The 2017 APA Convention was such a delight! It was my first time attending and I was thoroughly impressed with the quality of the presentations, the free resources available, and all of the social hours. Attending the 2017 APA Convention allowed me the opportunity to present two posters and a continuing education workshop related to multicultural issues within the fields of psychology and education. I was honored to be among the facilitators for the Continuing Education Workshop #119: The Ethics Code Through a Cultural Lens, which examined the suitability of the APA Ethics Code within culturally diverse populations, specifically in reference to Native American and Latinx populations. The workshop was designed to target knowledge and skills-building in the area of ethics and cultural competence. This was my first time giving a professional talk at a conference and I am pleased to report that it seemed to go well. I really appreciated my fellow presenters and our captive audience. This experience gave me the confidence to submit additional talks to future conferences. My fellow presenters and I may even submit this workshop again to the next APA convention. Additionally, I was pleased to present two posters at the convention: Moderated Mediation of Associations Between Diversity Experiences and School Belonging and Links Among Diversity-Related College Experiences and Multicultural Competence. These poster presentations examined the effectiveness of campus diversity initiatives in promoting cultural competence and increasing feelings of belonging for ethnic minority college students, as well as White students. Both posters were featured in the poster session titled Acculturation, Discrimination, Racism, and Education Among Diverse Groups.

One of the highlights of this conference, for me, was being able to attend a symposium titled Post-Election Trauma—Rising From the Ashes, which my father (Art Blume) was a participant in. During the symposium, presidents from the different ethnic minority

psychological associations discussed how the recent presidential election results have impacted various communities of color. The discussions that unfolded were very heartfelt. It was really wonderful to be able to listen to Kevin Nadal speak and to finally meet him. I also very much enjoyed attending the conversation hour Empowering Cultural Identity—Using Multicultural Psychology to Create a Socially Just Society and the symposium Transgender Service Members and Veterans—Research, Legislation and Culturally Competence Practice. The symposium on transgender veterans was especially pertinent to my recent clinical placement at the U.S. Department of Veterans Affairs. I also had a great time networking at the Division 45 social hour and visiting with family at the Society of Indian Psychologists social hour.

These travel funds allowed me to attend a conference I would not normally have been able to afford, since hotel and airfare were so expensive. I am deeply grateful to have had the opportunity to attend many presentations and workshops covering a wide array of topics within the field of multicultural psychology. It was very refreshing to be surrounded by likeminded professionals interested in advancing diversity in psychology. I believe that the experiences I was privileged to have at this conference furthered my development of cultural competence and strengthened my ability to serve underrepresented populations. As a scientist, I was inspired by all of the amazing research being conducted within the field of multicultural psychology, and I returned home with many ideas for future research projects. Ultimately, attending this conference helped strengthen my capacity to support culturally diverse communities, through clinical work and community activism, and provided me with the knowledge and support to spread the message of what I learned at APA throughout my professional communities. Thank you.

Arielle Brown

*University of Illinois at Urbana-Champaign
Counseling Psychology*

Receiving the APA Division 45 Travel Award greatly enriched my first experience as an APA Convention attendee and presenter. I am truly grateful for the opportunity the Division has afforded me, and my time at the Convention was sincerely enlightening and delightful. I presented a poster with Dr. Helen Neville and Dr. Lisa Spanierman entitled, Collective Self-Esteem Among Ethnic Minorities: Examining Patterns Over 4 Years. The presentation centered on individual and contextual factors of race-specific collective self-esteem (CSE; Luhtanen & Crocker, 1992), or racial and ethnic group evaluations among Asian American, Black American, and

CURRENT DUES STRUCTURE

Associate/Member/Fellow:	\$ 57.00
Life Status Publication Fee <i>Cultural Diversity & Ethnic Minority Psychology</i> :	\$ 14.00
Student Affiliate:	\$25.00
Professional Affiliate:	\$ 57.00

TRAVEL AWARD WINNERS (Continued)

Latinx college students using latent class analysis at three time points. CSE patterns and their associations with gender, race, and friendship circles were discussed. During my presentation, I learned how to better interpret my results and consider broader implications. Furthermore, I was better able to make connections between my results and other racial identity models. Overall, my presentation was a reciprocating learning experience—I learned from my audience and they also learned from me.

Prior to my presentation, I learned from other presenters as I attended a poster session and gained information on womanism and sexual trauma, sitcom viewing and colorblindness, and gendered racial microaggressions among Black women. I also had the opportunity to attend Division 45's Links and Shoulders event and the general Division 45 mixer. Both events allowed me to personally meet great scholars, such as the Division's president, Dr. Eneida Vázquez and her husband, Dr. Luis Vázquez. I was given advice regarding the internship process, administrative opportunities, responding to campus suicides, and much more. Additionally, I attended a symposium that informed my clinical work concerning conduct disorder and trauma.

The Division 45 Travel Award funds were beneficial for me to attend the Convention in many ways. I had the ability to book a flight and hotel without financial concerns, and it allowed me to exert more energy towards my presentation. Instead of trying to figure out how my expenses would be covered, I was able to further prepare and practice for my presentation. Overall, the travel award brought me more peace, which allowed me to focus on my research and thoroughly enjoy the Convention as a first-time attendee.

Thania Galvan

*University of Denver
Child Clinical Psychology*

Attending this year's APA conference provided me with invaluable professional development opportunities that served to increase my competence as a clinician and researcher dedicated to promoting the well-being of Latino youth and families.

One way the conference did this was by allowing me the opportunity to present my research at two symposiums (i.e. "The Role of Cultural Factors and Problem Type in Pathways to Service Use in Latino Youth"; "Cosa de Locos: Identifying the Mental Health Needs of Undocumented Latino Immigrants"). In doing so, I not only practiced orally presenting my research to a group of colleagues, but I also received valuable feedback that will

be incorporated into upcoming manuscripts and that will help guide future follow-up studies.

Furthermore, I also attended various sessions that allowed me to build partnerships with other graduate students and researchers who also use a culturally / contextually sensitive approach in working with Latino and other ethnic minority populations. Some of these sessions included the Division 12 Section 6 social hour, the Minority Fellowship Program social hour, and a symposium presentation entitled "Addressing Mental Health Needs of Diverse Populations- The Relevance of Culture, Language and Context." My attendance of these sessions provided me with the opportunity to meet and network with leading researchers in my area of interest. This was helpful for establishing future research collaborations, receiving suggestions about areas of growth in my current research projects, and for obtaining the most up-to-date information in the field of ethnic minority psychology.

Additionally, in attending the Minority Fellowship Program social hour, I learned more about the APA opportunities available to ethnic minority students and was inspired to apply to be a part of this program this upcoming academic year. Overall, the travel funds provided to me by Division 45 made it possible for me to travel to Washington D.C. to attend this year's APA conference. My attendance at the conference resulted in many unique opportunities that allowed me to grow as a student, clinician, and research dedicated to furthering the field of ethnic minority psychology. I want to thank Division 45 for this award and I look forward to my continued involvement with the division.

Advertising Policy

All articles and advertisements are subject to review and approval by the editor. Submissions must be relevant to Division 45 interests.

The following rates apply to announcements for job openings and publisher's new releases based on a three-column per page format:

3 inches	\$50
1/2 column (5")	\$75
1 column (9")	\$140
1/2 page	\$200
1 page	\$ 400

Deadline for Fall Issue (May): February 15
Deadline for Fall Issue (Dec.): September 1

Contact:
Amanda Waters, PhD
Email: amanda.waters@uconn.edu



#RadicalHealing2018

Call for APA 2018 Division-45 Convention Programming

Innovative Collaborative Programming Submission Deadline: October 13, 2017

Submitters of collaborative program sessions must involve a minimum of two Divisions that are relevant to the proposal content and that would review the proposal (up to seven Divisions may be identified). In addition, one Division is designated as the “primary” Division. All of the listed Divisions, however, must evaluate the proposals for before forwarding to the Central Programming Group (CPG). Collaborative proposals:

- should be 1 or 2-hour session proposals that highlight collaborative ideas and integrative approaches;
- must have at least two participants and a chairperson (individual presentations [paper/poster] will not be considered.);
- are encouraged that:
 - incorporate innovative presentation formats;
 - include participants across all career stages, settings, and fields; and
 - integrate psychological science and practice

(Taken Directly from 2018 Edition of the
Convention Board of Convention Affairs
Division Program Chair’s Handbook, p. 10)

Regular Convention Programming Submission Deadline: December 1, 2017 (5PM EST)

Please consider submitting a proposal to present at the 2018 Division 45 APA Convention, which will take place August 9-12, 2018 in San Francisco.

In connection with President Helen A. Neville’s Presidential Theme, “**Promoting Healing Through Social Justice**,” we especially welcome submissions that share research findings, focus on reflections, insights, and build on the cultural strengths and resiliencies of ethnic minority communities.

More information about Dr. Helen’s Presidential theme, please visit the Spring 2017 Issue of the Focus Newsletter (<http://division45.org/news-events/newsletter>).

Please Reach Out To:

Dr. Hector Y. Adames or Dr. Nayeli Y. Chavez-Dueñas, Scientific Program Co-chairs, for questions about the 2018 Division-45 APA Convention programming or the submission process. Both can be reached at div45.apa2018@gmail.com

#RadicalHealing2018



Please use our official hashtag to communicate and share your thoughts and excitement regarding the 2018 Division-45 Presidential theme!!!

2017 DIVISION 45 EXECUTIVE COMMITTEE

Jacqueline Gray, Ph.D.

Past President (January 2017-December 2017)
Associate Director of Center for Rural Health (Indigenous Programs)
School of Medicine & Health Sciences
University of North Dakota
DrJacqueGray@gmail.com

Enedina Vazquez, Ph.D.

President (January 2017-December 2017)
Professor and Associate Dean
New Mexico State University
College of Education
Box 30001, MSC 3AC
Las Cruces, NM 88003
evazquez@nmsu.edu

Helen Neville, Ph.D.

President-Elect (January 2017-December 2017)
Professor Educational Psychology and African American Studies
University of Illinois Urbana-Champaign
Educational Psychology
188f Education
1310 S Sixth
M/C 708
Champaign, IL 61820
hneville@illinois.edu

Jae Yeon Jeong, Ph.D.

Treasurer (2017-2020)
Licensed Clinical Psychologist
VA Maryland Health Care System
10 North Greene Street
Baltimore, Maryland 21201
jjeong@ubalt.edu

Barbara Thelamour, Ph.D.

Secretary (2016-2018)
The College of Wooster
930 College Mall
Wooster, OH 44691
bthelamour@wooster.edu

Luis A. Vazquez, Ph.D.

Council Representative (2015-2017)
New Mexico State University
Office of Vice-President for Research
lvazquez@ad.nmsu.edu

Cynthia de las Fuentes, Ph.D.

Council Representative (2017-2019)
Licensed Psychologist
Anderson House at Heritage Square
2901 Bee Caves Rd., Ste N
Austin, Texas 78746
cynthiadlf@gmail.com

Desa Daniel, M.A.

Student Representative (2016-2018)
Kansas State University
College of Education
006 Bluemont Hall
1100 Mid-Campus Drive
Manhattan, KS 66506
Dkdaniel@unm.edu

Alvin Alvarez, Ph.D.

Member-at-Large, Asian American Slate (2015-2017)
Interim Dean
College of Health & Social Sciences
1600 Holloway Avenue
San Francisco, CA 94132
aalvarez@sfsu.edu

Melissa Tehee, Ph.D.

Member-at-Large, Native American Slate (2017-2019)
Assistant Professor
Utah State University
2810 Old Main Hill
Logan, UT 84322-2810
402-525-7885
Melissa.tehee@usu.edu

Kira Hudson Banks, Ph.D.

Member-at-Large Diversity Slate (2016-2018)
Assistant Professor
Saint Louis University
221 N. Grand Blvd,
St. Louis, MO 63110
Kbanks7@slu.edu

Carlos Santos, Ph.D.

Member-at-Large, Latina/o Slate (2016-2018)
Assistant Professor
Arizona State University
Carlos.e.santos@asu.edu

Germine (Gigi) Awad, Ph.D.

Member-at-Large, Middle Eastern and North African Slate (2016-2018)
Division 45 Conference Co-Chair
Educational Psychology-Human Development, Culture and Learning Science
University of Texas-Austin
University Station D5800
Austin TX 7812
gawad@austin.utexas.edu

Robyn Gobin, Ph.D.

Member-at-Large, African American Slate (2017-2019)
Licensed Clinical Psychologist
Assistant Professor
Department of Kinesiology and Community Health
University of Illinois Urbana-Champaign
2009 Khan Annex, MC-588
1206 South Fourth Street
Champaign, IL 61820
info@robyngobin.com

Angela Ferguson, Ph.D.

Member-at-Large, LGBT Slate (2016-2018)
Director of Graduate Studies
Human Development and Psychoeducational Studies
School of Education
Howard University
2441 4th Street, NW
Washington, DC 20059
adferguson@howard.edu

2013-2017 DIVISION 45 EXECUTIVE COMMITTEE (CONT'D.)

STANDING AND AD HOC COMMITTEE CHAIRS

Richard M Lee, Ph.D., LP

Editor, Cultural Diversity and Ethnic Minority Psychology
Professor, Department of Psychology
University of Minnesota
612-625-6357
richlee@umn.edu

Merranda Marin, Ph.D.

Program Chair (2016-2017)
Assistant Professor, Family and Child Science
New Mexico State University
PO Box 30003
Las Cruces, NM 88003-8003
mmarin@nmsu.edu

Yue Li, M.S.

Graduate Assistant to Program Chair (2016-2017)
Li515@iu.edu

Amanda Waters, Ph.D.

FOCUS Newsletter Editor
Psychologist and Multicultural Specialist
University of Connecticut
Counseling and Mental Health Services
337 Mansfield Rd, Unit 1255
Storrs, CT 06269-1255
amanda.waters@uconn.edu

Karlee Fellner, Ph.D.

NMCS Coordinator (2017-2019)
Assistant Professor, Indigenous Education Counseling Psychology
Werklund School of Education
University of Calgary
EDT 628, 2500 University Dr. NW
Calgary, AB, Canada T2N 1N4
kfellner@ucalgary.edu

Donald Pope-Davis, Ph.D.

Fellows Chair
Dean, College of Education
New Mexico State University
1220 Stewart St.
Las Cruces, NM 88003
dpd@nmsu.edu

Kevin Cokley, Ph.D.

Division 45 Conference Co-Chair
kcokley@austin.utexas.edu

Joseph Horvat, Ph.D.

Finance Committee Chair (2017-2021)
1299 Edvalson St.
Ogden, UT 84408
jjhtechno@yahoo.com

Amado Padilla, Ph.D.

Council of Past President's Chair (2017-2021)
Professor of Developmental and Psychological Sciences in Education
Stanford University
485 Lasuen Mall
Stanford, CA 94305
apadilla@stanford.edu

Jasmín Llamas, Ph.D.

Web-site Manager
Assistant Professor
Santa Clara University
500 El Camino Real
Santa Clara, CA 95053
jasmninllamasphd@gmail.com

Division 45 Online

Visit the Division 45 webpage to learn more about our vibrant and engaging organization. Access resources and learn more about current happenings in the Division!

You can join our listserve following the easy steps below.

To join the List:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: SUBSCRIBE DIV45.

To Leave the List:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: SIGNOFF DIV 45.

For More Information:

Write to LISTSERV@LISTS.APA.ORG and in the body of your message write: "HELP" or "INFO" (without the quotation marks). HELP will give you a short help message and INFO a list of the documents you can order.

Please note that members must sign up for the listserv. The Division does not automatically add individuals when they become members.

Division 45 utilizes APA division services for trouble-shooting problems like getting on the general listserv and address changes. Members should send change of address information and problems enlisting on the listserv to Keith Cooke in APA division services via email at kcooke@apa.org.