The past several months I was involved with the other President-elects (Divisions 17, 35, and 44) in the planning for the National Multicultural Summit in Atlanta. After assuming the Division 45 Presidency in January, I attended the NMCS and the meeting of the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI). The Summit was highly successful and exciting. We had a chance to discuss important research and intervention strategies and to address critical issues, such as the “All lives matter” movement. The Summit also enabled us to honor the achievements of others in the field and to strengthen social contacts.

We are now preparing for the 2015 APA Convention in Toronto. Doris Chang and Grace Kim (Division 45 Program Co-Chairs) have put together an outstanding program. Some of our Division symposia should draw considerable attention:

“Race/Ethnic Relations and the Obama Presidency: Perspectives of Some Leaders in the Field”
Leaders in the field analyze race/ethnic relations in general and the Obama Presidency in particular. They offer insights into the changing nature of race relations and the subtleties involved in the experience of prejudice and discrimination. The leaders include Helen Neville, Derald Sue, Melba Vasquez, James Jones, Mona Amer, and Joe Trimble.

“How has the multicultural competence movement made a difference? Where should we go from here?”
Leaders in the fields of multicultural research, practice, education, advocacy, and policy will consider three questions: How has the multicultural competence movement made a difference? Where have we fallen short? Where should we go from here? Participants include Doris Chang, Lillian Comas-Diaz, Teresa LaFromboise, Gordon Hall, Rebecca Toporek, Brian Smedley, and Roger Worthington.

“President Obama and Racism”
The James Jones Conversation Hour will feature a special interactive symposium to address the topic of President Obama and racism. Participants include Jeffrey Mio, Felicia Thomas, Lori Barker, and Thomas Parham. Be sure to look for the James Jones Conversation Hour in the Convention Program.

My Presidential Address is:
“Forty Years of Cultural Competency Research: What Have We Learned?”
I address the lessons learned from 40 years of cultural competency research on ethnic and racial groups. Attention is paid to (1) cultural competency as a means of dealing with mental health disparities (i.e., does it work?) and (2)
various strategies to enhance treatment outcomes for African Americans, Asian Americans, Latinos, Native Americans, and other groups (what works?).

The Division is also examining the CDEMP-APA contract, updating our webpage, revising our orientation manual, and electing some new officers including two new EC at-large positions (Arab American Slate and LGBT Person of Color Slate). Past President Bill Cross will be in charge of the elections.

Please contact me if you have suggestions, comments, etc., regarding the Division.

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**PRESIDENT-ELECT COLUMN**

**Jacque Gray, PhD**  
*Associate Director of Center for Rural Health (Indigenous Programs)*  
*School of Medicine & Health Sciences*  
*University of North Dakota*

Greetings relatives. I’ve had an eventful first month as you President-elect. The National Multicultural Conference and Summit in Atlanta, Georgia, was a resounding success thanks to Michi Fu and the rest of the enemy NMCS 2015 team. There were numerous informative and inspirational presentations. Following the 2015 NMCS meeting spent a full day with the Division 45 Executive Committee Midwinter Meeting. I was inspired to be among the great leadership for Division 45. I also found out firsthand how rough those budget meetings can be after going to dinner with our Treasurer Joe Horvat, since I returned with a broken arm! The following weekend I traveled to Washington, DC to participate in the Division Leadership Conference with many of the other APA Division Presidents-Elect. In addition to receiving lots of information about conducting the division business, we were able to talk about her presidential initiatives. I was able to establish collaborations with divisions 1 (General), 8 (Personality and Social), 9 (Social Issues), 17 (Counseling Psychology), 29 (Psychotherapy), 35 (Women), 42 (Independent Practice), 43 (Family), 54 (Pediatric), and 56 (Trauma) since we had several issues in common. There was also a great opportunity as we shared meals to discuss leadership and the development with our early career psychologists and graduate students. I share my interest in increasing the number of Native American Fellows from the total of nine within APA today. I ask for the help of other divi-

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**EDITOR’S COLUMN**

*Alyson L. Burns-Glover, Ph.D.*  
*Pacific University, Oregon*

“The past is never dead. It’s not even past.”  

Our spring newsletter provides an excellent report and photos from the triumphant National Multicultural Conference and Summit hosted in Atlanta this January, as well as announcements of APA Convention programming for August. Once again, our members find themselves trying to provide leadership and context to an ongoing conversation about race, gender, poverty, and oppression. This was the winter of our discontent, protests, and #blacklivesmatter.

However, let’s remember, it’s not just that *lives* matter, but it matters what *kind of lives* we get to actually live. Psychologists focus on the individual and institutional arrangements that create the conditions for living, and because of the articles written post Trayvon Martin, the panel discussion at NMCS, and the planned APA con-

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**HELP US FIND THESE PAST DIVISION 45 FOCUS NEWSLETTERS**

A search for the missing early issues of the Newsletter was initiated and is still ongoing. If any reader of this 2015 Spring issue of FOCUS has one or more of the following issues,

- Vol. 1, no. 1
- Vol. 3, no. 2
- Vol. 14, no. 1
- Vol. 20, no. 2

Please consider donating it/them to the Division 45 collection at the APA Library & Archives. To make your donation, please contact serafica.1@osu.edu.
The EC will be investigating alternatives to the publishing of CDEMP as that contract is set to expire. We have in place a Publication Committee which will be exploring several options to make certain you continue to receive a journal that is of the highest quality and a journal that is brought to you in an expeditious manner. We will update the D45 members of the progress of this Committee as it continues its work.

We have also developed an Investment Committee to investigate how our excess funds can begin to earn higher rates of return. With appropriate investment strategies and with proper management, D45 will be able to develop new programs to serve our members.

Be assured that your EC is working hard to continue to evolve financially to effectively deal with an ever-demanding financial environment.

HISTORIAN’S REPORT

Felicisima C. Serafica, PhD

A Visit to the APA Library and Other Activities of the Division 45 Historian

July 1 – December 31, 2014

On August 6, 2014, the day before the Division 45 Executive Committee meeting in Washington, DC, I visited the APA Library & Archives to meet with Director Dan Hanlon. The first thing that impressed me was the tight security at the APA building. I was also always eager to hear from our members about their research. Please contact me at doctorboo@pacificu.edu if you would like to be interviewed for a future issue of FOCUS.

TREASURER’S REPORT

Joe Horvat, Ph.D.
Weber State University, UT

Greetings for your D45 treasurer. I am excited with what is in store for our division, financially, over the next three to four years. Our division has been led by some great financial minds over the years and I hope to continue in that tradition. A special thanks goes out to John Gonzalez, our past treasurer, who has mentored me for the past year. His help has been more than valuable and I continue to call upon his expertise as I transition into your full-time treasurer.

D45 will be faced with some unique demands within the next several years relating to our finances. With help from the Finance Committee, along with help from your EC, our revenue base will be able to handle these new demands.
HISTORIAN’S REPORT
(Continued)

hour viewing one of the oral history DVDs made by Dr. Wade Pickren. Director Hanlon also gave me a copy of the DVD, Making A More Inclusive Psychology, for the Division 45 Historian’s files.

On August 8, 2014, I conducted an oral history interview of Division 45 Past-President Luis A. Vazquez. Former Co-Historian Bertha Holliday was also present at this session. A video-recording of the interview was made by videographer Abby Sternberg of Media Masters, Inc. who also did some minor editing of the record before submitting it as an MPEG4 file to Director Dan Hanlon for inclusion in the Division 45 Oral History Collection at the APA Library & Archives. A DVD copy was provided for the Historian’s files. Drs. Vazquez and Holliday each received a DVD copy also. Unlike the oral histories collected earlier under the leadership of former Historian Martha Banks and, subsequently, by former APA Library & Archives Director Wade Pickren, the focus of the current oral history series is on a past-president’s reflections on his or her presidency of Division 45.

After the 2014 APA Convention, I launched inquiries into the location of recent issues of the Division 45 Newsletter. It turned out that Jordan, the Division’s tech consultant for the web site, had created a new link for the Newsletter. This information and the new link were passed on to Director Hanlon.

A search for the missing early issues of the Newsletter was initiated and is still ongoing. If any reader of this 2015 Spring issue of FOCUS has one or more of the following issues,
Vol. 1, no. 1
Vol. 3, no. 2
Vol. 14, no. 1
Vol. 20, no. 2

Please consider donating it/them to the Division 45 collection at the APA Library & Archives. To make your donation, please contact serafica.1@osu.edu.

In addition to the aforementioned activities, the Historian submitted an article on the Division 45 Oral History Collection that was published in the 2014 fall issue of FOCUS. Also, at the request of the new Division 45 Web Site Coordinator, she reviewed the History section of the web site, requested implementation of pending requests for posting, and made some new recommendations. As the end of the year approached, this Historian met with the Division 45 Secretary to discuss procedures for transmitting documents to be sent to the APA Library & Archives after the end of 2014, and communicated with Director Hanlon about these plans.

FINANCE COMMITTEE REPORT

Asuncion Miteria Austria, PhD
Cardinal Stritch University, WI

The Finance Committee received the following budget proposals.

1. Request by Dr. Dr. Englar-Carlson to support the National Psychotherapy with Men Conference.
   Budget Request: $500.00
   Status: Approved for $500.00.
   “Division 45 sponsorship would be highlighted on their conference website with a link to our website. Division 45 would also be listed as a sponsor in any advertisements in journals and other publications and have table space at the conference for any Division 45 materials available to conference attendees.”
   Final approval by FC, February 27, 2014.

2. Dr. Jessica Henderson Daniel request to attend the State Leadership Conference representing Division 45.
   Budget request: $1,371.00
   Status: Approved for $1,000.
   Final Approval by FC, March 12, 2014.

3. Dr. Jean Lau Chin request to help develop the Diversity Leadership Training video for the Division website. The video is a follow-up to the International Leadership summit participated in by D45.
   Budget request: $2,000.00
   Status: Approved for $2,000.00. Approved on-line proposal as project is scheduled before the meeting of the Division and the Finance Committee.
   Final Approval by FC, March 17, 2014.

4. Dr. Joe Horvat request for a planned paper presentation on “Fiduciary and Psychological Responsibilities of Long Range Financial Planning,” at the APA Convention.
   Budget request: None
   Status: Approved for paper presentation on “Fiduciary and Psychological Responsibilities of Long Range Financial Planning,” at the APA Convention
   Final Approval by FC, March 5, 2014.


6. Dr. Felicisima Serafica, D45 Historian, request to videotape only for the oral history interview with Past-President Luis Vazquez.
   Budget request: $800.00
   Status: Approved for $800.00. Approved on-line pro-
FINANCE COMMITTEE REPORT (Continued)

posal as project is scheduled before the meeting of the Division and the Finance Committee.

Final Approval by FC, July 7, 2014.

7. Request for NLPA Conference.
Budget Request: $1000.00
Status: Approved for $1000.00-line item budget, July 11, 2014.

8. Dr. Luis Vasquez request for $1,000.00 to attend the NLPA Convention in Albuquerque representing Division 45.
Budget request: $1000.00
Status: Approved for $1000.00-line item budget.
Final Approval by FC, August 1, 2014.

9. Request for D45 student monitor to cover parking charge ($136.00) at Hyatt Hotel during APA Convention.
Status: Approved for $136.00, September 11, 2014.

10. CNPAEEMI LDI request to co-sponsor Convention
Status: Approved for $1000.00-line item budget.
Final Approval by FC, September 24, 2014.

Summary of Approved Budget Proposals:
Grants to Associations and other Divisions’ Conferences $2,500.00
Grants for Division 45 Operational and Activities Expenses $4,800.00
Total $7,300.00

Not included in the above:
Grant for the D45 Research Conference
Grant to NMCS Legacy Fund and General Expenses

The Finance Committee also approved the following revisions in the Division’s Budget Proposal Submission Policy in 2012.

Budget proposals not exceeding $1,000.00 (changed from $500.00) could be presented on-line between Division meetings and voted on by the members of the Finance Committee.

Proposals exceeding $1,000.00 (changed from $500.00) can be presented on-line only if the project must commence before the scheduled meeting of the Division and the Finance Committee.

Submitted by:
Asuncion Miteria Austria, PhD
Chair, D45 Finance Committee

Finance Committee Report:

Siony Austria reported that APA Divisions are not obliged to follow the APA policy for mileage reimbursement. Division 45, however, will follow the APA 2015 reimbursement.

Siony also reported that the Finance Committee approved the Annual Division 45 General Student Travel Award, as the Division does not have a policy for travel other than for attending the APA Convention. There will be 5 awards of $500.00 to reimburse convention registration and other costs associated with attending a psychology-related conference other than the APA Convention. Applicants must be current paid members of Division 45 and enrolled in a graduate program that is psychology-related. The deadline for application is January 10th.

Motion: The Division 45 executive committee needs to vote on this proposal. Dr. Vazquez made the motion. It was seconded. All were in favor. Motion passed.

PSI ALPHA OMEGA REPORT

Azenett A. Garza Caballero, Ph.D.,
Director of Psi Alpha Omega
Weber State University, UT

We now have a 123 members. We currently have $464.16 in our checking account, $2,127.92 in savings, approximately $800.00 in D45 seed money, and over $6,000 which was donated by Dr. Mio from the proceeds from one of his book. Thus, PAO has approximately $9,362.08. I still do not know how to access the money if it was ever needed. I would appreciate the Treasurer’s help in learning how to access this money.

There were no submissions for travel or research awards this Fall.

Psi Alpha Omega Director Position

Dr. David T. Goode-Cross has retracted his interest as the new Director of Psi Alpha Omega due to costs associated with attending executive committee meetings and such. Joe Horvat will be proposing that Div. 45 Members at Large rotate the position as Director. I think that the Member at Large that is usually held responsible for Links and Shoulders events, in particular, makes sense because the focus is on membership. I am in full support of this idea. Joe Horvat will also be proposing that the membership be extended to LGBT students. Again, I am in full support of this. Finally, he will propose that the other divisions should also contribute money to go toward student scholarships. This is another brilliant idea of which I am in full support. Membership increases at a very slow rate and this will help increase membership but also support a greater diversity of students. Joe and I will
be happy to help with this transition if the Board approves this recommendation.

Conversation with Psi Chi Executive Director of Psi Chi, Martha Zlokovich
I had been previously in contact with Martha and it appears that now Jean Chin has had conversations with her as well as to how Psi Chi and Psi Alpha Omega can collaborate. I also think that Div. 45 should continue to explore possibilities for this type of partnership.

Action items:
Vote on Members at Large to rotate Directorship of PAO to begin term January 2015.
Discuss direction for PAO and whether and how collaboration should be sought with Psi Chi.

NIH REPORT RELEASED: CULTURAL FRAMEWORK FOR HEALTH

Joseph E. Trimble, PhD
Distinguished University Professor
Professor of Psychology
Western Washington University

I am very pleased to announce that an NIH report on the influence of culture on health is now officially available for circulation and use. I was part of the “Expert Panel” along with many other notables in the field; we are excited to announce its release.

The report is lengthy, comprehensive, and filled with useful recommendations. Parts of the first page state that culture informs all human behavior; it allows us to exist as social animals. Yet no other variable used in health research is as poorly defined or tested as culture (Dressler, Oaths, & Gravelle, 2005; Hruschka, 2009).

There has been surprisingly little attention to identify how culture works or to develop standards to guide the integration or application of culture in health research.

This report provides the first multidisciplinary, consensus effort to define culture and identify the necessary scientific elements and methods required to identify what culture is and how it functions to influence health differentially among diverse population groups along the entire disease continuum from prevention and incidence to morbidity and mortality from most diseases. These techniques are applicable across the health, wellness, and disease spectra. Application of this framework across the research continuum and across multiple disciplines likely will increase the explanatory power of research and the positive impact of interventions by ensuring that research plans are reliable and valid scientifically and to target populations.

The ultimate goal is to develop interventions that improve the well-being of all populations we work with locally and globally. Application of the CFH will increase the likelihood for future research findings that provide more comprehensive reasons why health outcomes differ across population groups.”

To obtain a copy see the link below:

Many of us have been waiting a long time for this kind of report and statement to appear in a credible source; and NIH indeed is a credible source.

In spirit,

—Joseph
As with the Trayvon Martin tragedy in 2012, APA Division 45 members reacted strongly to the events in Ferguson, Missouri and the national discussion of race, gender, power, and policing.

Dr. Jeff Mio provided photos from the “Pomona Peace Walk” in December, 2014 and Ms. Dericka Canada (Boston College) provided photos from the Boston Marches.

In January, an “All Lives Matter” panel discussed the larger issues at the National Multicultural Conference and Summit in Atlanta.

The intersection of race, gender, poverty, with oppressive policing tactics, and a compromised civil and legal court system all point to the larger questions that were laid bare in a US Department of Justice report and a year-long investigation by reporters from National Public Radio. As the national press attempts to assign blame for each officer-citizen encounter, it has become increasingly clear that it is time to stop talking about individual cases, or “bad apples,” and start talking about the problem with the soil in the orchard.

The major findings of the report support the concerns of the NMCS panelists:
- Racial disparities in use of force
- Racial disparities in municipal court practices (fines and fees)
- Well-founded community distrust of Ferguson Police Department

“Our investigation has shown that distrust of the Ferguson Police Department is longstanding and largely attributable to Ferguson’s approach to law enforcement. This approach results in patterns of unnecessarily aggressive and at times unlawful policing; reinforces the harm of discriminatory stereotypes; discourages a culture of accountability; and neglects community engagement. In recent years, FPD has moved away from the modest community policing efforts it previously had implemented, reducing opportunities for positive police-community interactions, and losing the little familiarity it had with some African-American neighborhoods. The confluence of policing to raise revenue and racial bias thus has resulted in practices that not only violate the Constitution and cause direct harm to the individuals whose rights are violated, but also undermine com-
FOCUS ON FERGUSON
(Continued)

munity trust, especially among many African Americans. As a consequence of these practices, law enforcement is seen as illegitimate, and the partnerships necessary for public safety are, in some areas, entirely absent.” (pp. 5-6).

These patterns are not limited to one state, nor one police encounter, as the NPR investigation of civil fines and policing practices shows. Anyone trying to understand the chronic, oppressive experiences faced by these communities will find a wealth of insights in these sources.

Links To Reports

Department of Justice Report:

National Public Radio’s year-long Guilty and Charged Investigation
http://www.npr.org/series/313986316/guilty-and-charged

Articles and Resources:
Coates, T. (March 5, 2015). “The Gangsters of Ferguson” The Atlantic Monthly,
http://www.theatlantic.com/politics/archive/2015/03/The-Gangsters-Of-Ferguson/386893/


CDEMP EDITOR’S REPORT

Richard M Lee, PhD, LP
Editor, Cultural Diversity and Ethnic Minority Psychology
University of Minnesota

I am honored to be the new Editor of Cultural Diversity and Ethnic Minority Psychology. Past Editor Michael A. Zárate did an excellent job at steadily raising the quality of scholarship published in the journal and improving the journal ISI Impact Factor to 1.755 – first among Ethnic Studies journals and 21 out of 60 in Social Psychology journals. I hope to continue this trend and to push the journal in its excellence. My vision for the journal is to make it the premier publication outlet for the psychological study of ethnic and racial issues in the world. To make this possible, I am fortunate to have an outstanding group of 6 Associate Editors and a greatly expanded Editorial Board of 60 experts from most major subfields of psychology. The Associate Editors include Norweeta Milburn (UCLA), Tiffany Yip (Fordham), Alexander Czopp (Western Washington), Deborah Rivas-Drake (Michigan), Ezemenari Obasi (Houston), and Paul Vedder (Leiden). I have intentionally sought out an editorial team that includes scholars from around the world. Dr. Vedder has extensive research experience on immigrant and minority youth in Europe and there are 11 international scholars from Asia, Europe, and the Middle East on the Editorial Board.

I have five editorial goals to make CDEMP the premiere journal in the field.

- CDEMP must expand beyond North America to publish exemplary research from all world regions
- CDEMP must raise the conceptual sophistication and methodological rigor of research published in the journal
OE M P E D I T O R’ S R E P O R T
(Continued)

• CDEMP must encourage more collaborative research that involves investigators from different subfields of psychology, different disciplinary traditions, and different world regions
• CDEMP must actively publish externally funded research (e.g., NIH, NSF, IES, Foundations)
• CDEMP must have an editorial board that better aligns with the aforementioned goals

We also have made a few notable editorial changes to the journal that are worth highlighting. First, there is a new journal description. Specifically, CDEMP now seeks to advance the psychological science of culture, ethnicity, and race through the publication of empirical research, as well as theoretical, conceptual, and integrative review articles that will stimulate further empirical research, on basic and applied psychological issues relevant to racial and ethnic groups that have been historically subordinated, underrepresented, or underserved. Second, we have adopted a new Abstract format (i.e., Objectives, Methods, Results, Conclusions) to make it easier for readers to quickly discern key study findings. Third, we have eliminated the publication of book reviews to make room for more empirical papers. Fourth, we are now actively seeking and publishing Brief Reports (up to 3000 words). We also have retained the 6000 word count limit for single-study manuscripts. Fifth, we have outlined procedures for special issue/section proposals. We believe these editorial changes will encourage scholars from more subfields of psychology to consider CDEMP as an appropriate publication outlet. We also believe it will broaden and deepen the psychological scholarship on cultural, race, and ethnicity. Our goal is to demonstrate that psychological science can make a significant impact on the lives of individuals and families and greater society.

In January 2014, we transitioned to a new online system, Editorial Manager. Marc Drucker, our manuscript coordinator, has worked diligently to make this transition as smooth as possible and has addressed all technical problems. I strongly encourage all authors to carefully read the Instructions to Authors on the journal website to make sure you properly format and submit manuscripts using the new online system.

In 2014, CDEMP received 325 new manuscripts. Keep in mind that we did not begin to process new manuscripts until January 21st, so these numbers are a slight underestimate for the full year. Nevertheless, this final number exceeded the expected 300 manuscripts for 2014 and the projected increase of 20 more manuscripts/year. We also received manuscripts from 28 countries with 245 from the United States (75%), 27 from Europe, 19 from Asia, 12 from Australia/New Zealand, 10 from Canada, 9 from Middle East, and 3 from Africa (Morocco and South

At present, we have a slight backlog of manuscripts accepted under Past Editor Zarate. These articles will be published in the next two journal issues and then manuscripts accepted in 2014 by the current editorial team will be published. Fortunately, all accepted manuscripts are now accessible through Online First Publication portal.

Last, you may have noticed that CDEMP has a new journal cover! I sought a cover design that was modern and simple. I also made sure to use colors reflecting my current institution, University of Minnesota, and my undergraduate alma mater, Boston College! Please feel free to contact me at richlee@umn.edu with any comments or questions regarding the journal.

COUNCIL OF REPRESENTATIVES
REPORT

Jean Lau Chin, EdD, ABPP

After several years of engaging in the Good Governance Project to restructure APA Council, the Council of Representatives approved a plan and new model for APA Council. First in the transition process was the election of a new Council Leadership Team made of 7 people: the Chair, Chair –Elect, Past-Chair, 3 Members at Large drawn from current council representatives, and the APA President. All newly elected members were elected to staggered terms at the end of December 2014. I was elected as the Past-Chair. Rodney Lowman was elected as Chair, and Doug Haldemann as Chair-Elect. All remain as representatives from their respective divisions.

We are all still transitioning to this new structure, and that will be evident in the February Council meeting. The role of this new Council Leadership Team is to oversee issues and policy related to the discipline of psychology while the Board of Directors will be delegated the duties of overseeing issues related to APA as an organization. Both still retain the fiduciary responsibilities associated with board and council membership. Issues associated with the organization include that of membership, divisions, performance evaluation of the CEO, Norman Anderson, and the budget. We see this as a process of collaborative leadership for the CLT and Board of Directors to evolve a functioning process to address the business and priorities of APA and psychology—to see that we address how psychology is relevant in today’s society, to quickly respond to issues of policy and social concern, and to promote change and advancement of the discipline of psychology.
FOCUS ON RESEARCH: THE "ACTING WHITE" ACCUSATION

Alyson Burns-Glover’s interview with Dr. Angela Neal-Barnett,
Director, Program for Research on Anxiety Disorders among African Americans
Department of Psychological Sciences, Kent State University

Dr. Neal-Barnett was gracious enough to answer a few questions about her research for this issue of our newsletter. She provided an overview of the “Acting White Accusation” line of inquiry. We provide links and references to her work at the end of this column. Dr. Neal-Barnett is also the author of Soothe your nerves: The Black woman’s guide to understanding and overcoming anxiety, panic, and fear. You can follow her on Twitter @sootheurnerves

Editor (ABG): Your area of research is in anxiety disorders and the specific experiences and mental health needs of African Americans. How did the concern about “acting white” arise in your research?

Dr. Neal-Barnett: The “Acting White” research grew out of the anxiety research. In our first NIMH study, we found that every Black woman who met diagnostic criteria for social anxiety traced it back to the same thing—being frequently accused of acting white in middle school or junior high. My original goal was simply to look at the role of acting White in the development of social anxiety among African Americans. I soon discovered two things: there was not agreed upon operational definition of “Acting White” and there was no valid scale to assess the construct. I consulted with Robert Sellers [past president of Division 45, University of Michigan], who encouraged me to develop a definition and a scale.

Editor (ABG): How can we best understand the intersections of institutional racism, threats to racial identity, and the unique features of anxiety in African American adolescents?

Dr. Neal-Barnett: The existence of the “Acting White” phenomenon will always be controversial and what all researchers agree on is that the accusation of acting White exists. This is what our team researches and studies. The accusation is an attack on one’s racial identity, or as one our early participants phrased it, “an attack on the core of who you are.” The impact is dependent on the strength of one’s racial identity, one’s identity status, which appears to affect how bothered one is by the accusation. It appears to be [one’s] level of bother that fuels the anxiety. Institutional racism and the idea held by many Whites and Blacks that there is only one way to be Black certainly contributes. As you can imagine it has been both interesting and challenging to tease all these variables out.

Editor (ABG): What are the clinical implications of your findings? How might these findings be discussed with educators and those designing programs for adolescents?

Dr. Neal-Barnett: I believe there are important implications for how we assess anxiety particular social anxiety in Black adolescents as well as Black adults. I also think it has implications for externalizing disorders. There are adolescents who get caught up in the “Acting White Trap” and to prove they are Black, they begin acting out in ways their parents and teachers don’t understand. Finally, for those adolescents and emerging adults who are bullied by the accusation, we see a combination of anxiety and depression.

I also believe it is important that we begin workshops that raise educators’ awareness of the accusation and how it is...
THE “ACTING WHITE” ACCUSATION
(Continued)

perceived as racial bullying by many who [experience] the accusation. Early in the research, we worked with a school where the principal told me the accusation was “not a problem for his kids.” Two weeks later, I received a call granting me access. During lunch, he’d gone from table to table and talked to his Black students who shared with him their concerns about the accusation. The phone call began with the words, “Dr. Barnett, I was wrong…”

Editor (ABG): You have been very dedicated to including your students in the research process and development of the “Acting White” line of inquiry. What has been your experience in mentoring undergraduate and graduate students in psychology?

Dr. Neal-Barnett: I can’t say enough about the involvement of my graduate students, McNair, and honors students’ involvement in this research. Particularly, in the development and validation of the Acting White Experiences Scale (AWEQ). They ran focus groups, made inroads into various communities, and are as committed to the work as I am.

The type of research we do doesn’t look like the model taught in research methods. It doesn’t look like the research their peers are conducting with their mentors, and frankly, it takes longer and in the short-term is less rewarding. Needless to say, we have many teachable moments. Some students wonder if it is worth it, some become discouraged, but I’ve only had one ever give up. It is in those moments that you see a student’s passion and commitment to this work and making a difference in the lives of Black Americans emerge. Mentoring and including students in the research process is not easy, but it is definitely worth the time and effort.

Editor (ABG): As more and more research indicates the role of racism in stress and mental health for African Americans, what do believe are the unanswered questions? Unasked questions? What is the future of your research on this topic and how would you like to influence educational and mental health policies?

Dr. Neal-Barnett: I believe we have to look closer at intra-race racism. Our research says that it is receiving the accusation from someone within your own race that creates the difficulty. I believe we need to take a closer look at the protective and risk factors associated with the accusation’s [effect] and we would be remiss if we did not further bring neuroscience into this line of inquiry. As we gain understanding as to how the accusation and racial identity affect psychopathology, our goal is to develop interventions to help adolescents better cope with the accusation. I also believe we need to raise awareness nationally, in schools, community groups, and social organizations of the adverse effects of the accusation. There are psychological reasons individuals make the accusation, and together with one of my honors students, we recently completed a study on that aspect of the accusation.

Relevant research articles and Radio links:


St. Clair, J. (September 15, 2014). Exploradio: Avoiding the ‘acting-white’ trap: Black children face many challenges on the way to academic achievement, including accusations that doing well in school means they’re ‘acting white’. http://www.wksu.org/news/story/40424

Division 45 Listserv

Are you an active and current member not on the Division 45 listserv? You can go to the Division 45 webpage http://www.apa.org/divisions/div45/, to learn more about our vibrant and engaging organization.

On our webpage under the membership section (look at the right hand panel about halfway down) there is a link called “listserv.”

You can join here or if you are a member, all you have to do is to follow the easy steps below.

To join the List:
Write to LISTSERV@LISTS.APA.ORG and, in the text of your message (not the subject line), write: SUBSCRIBE DIV45

To Leave the List:
Write to LISTSERV@LISTS.APA.ORG and, in the text of your message (not the subject line), write: SIGNOFF DIV 45

For More Information:
Write to LISTSERV@LISTS.APA.ORG and, in the text of your message (not the subject line), write: “HELP” or “INFO” (without the quotes). HELP will give you a short help message and INFO a list of the documents you can order.

Please note that, members have to sign up for the listserv. The Division doesn’t automatically add people when they become members.

Division 45 utilizes APA division services for trouble-shoot- ing problems like getting on the general listserv and address changes. Members should send change of address information and problems enlisting on the listserv to Keith Cooke in APA division services via email at kcooke@apa.org.
Did you have an opportunity to join the 750+ others who attended the 2015 National Multicultural Conference and Summit (NMCS) in Atlanta, GA? If you did, then you might have helped Rahul Sharma & Atlanta-based drumming friends to honor this year’s 8 Distinguished Elders in our first-ever community drumming event: Robin A. Buhrke, Armand Cerbone, Larke Nahme Huang, James M. Jones, Roberta L. Nutt, Corann Okorodudu, Kathryn “Kat” Quina, and Melba J. T. Vasquez. Each glass award distributed were as unique as the awardees themselves. Did you go home with the personalized tambourines, maracas or rattle hand drums (hand-carried from Taiwan)?

Have you already had an opportunity to enjoy the tea kits (tea cups w/ strainers and whole tea leaves from Taiwan) from the Asian tea pouring ritual during the Closing Townhall Ceremony? closed us out with a bang as conference attendees were dancing in the aisles to celebrate two new awards. Please join me in congratulating the Rising Stars (Early Career) Awardees: Dionne Smith Coker-Appiah, Cirleen DeBlaere, Anneliese Singh, and Sherry Wang. Let’s not forget the first class of Shining Stars (Mid-Career) Awardees: Lisa Flores, Tania Israel, Laurie McCubbin, Rebecca Toporek, and Usha Tummala-Narra.

Did you have a chance to check out our virtual photo booth? Check out our social media sites for some of the photos that conference attendees shared: http://eventstagr.am/view/national-multicultural-conference-and-summit and https://twitter.com/search?src=typd&q=%23NMCS2015

In addition to the fantastic and varied conference programming, did you know that this year’s NMCS featured the first-ever film festival? Conference participants were able to enjoy film screenings with Q&A sessions for CE’s. Filmmakers Joyce Liu of “Eat With Me” (http://www.imdb.com/title/tt2274604/) and Ralph Crowder of “Hands Up Don’t Shoot Our Youth Movement” were present for inspiring facilitated discussions. Check out some of the reactions from film festival participants: http://youtu.be/S_fC66cVV6g. Other featured film festival sessions highlighted: (1) Dark Girls, (2) Trans: The Movie, (3) Psychology of Human Trafficking, (4) Half the Sky: Turning Oppression into Opportunity for Women Worldwide, and various film clips.

Many thanks to the NMCS sponsors who gave so generously and special thanks goes to those who specifically funded the Awards & Entertainment hospitality items: (1) Asian tea cups & whole leaf tea bags, (2) drumming instrument party favors for Elders Ceremony, (3) virtual photo booth, (4) t-shirts w/ inspirational quotes from NMCS Elders, (5) restroom amenities and (6) film festival door prizes and raffle prizes. Mahalo to the following platinum sponsors: (1) APA’s Division 45 (via Jeffrey Mio’s book proceeds), (2) Alliant International University and (3) CEMRRAT2 Task Force.

The NMCS 2017 coordinating team is already planning and we look forward to continuing the NMCS tradition: a summit that is invigorating for its attendees and supportive of the work we do as multicultural psychologists across the U.S. and around the world. We will be celebrating the 10th summit; so it’s a big one and you don’t want to miss it. Be ready to mark your calendars when the dates are released. We look forward to seeing you in 2017! Harambee!
FOCUS Spring 2015

NATIONAL MULTICULTURAL SUMMIT PHOTO COLLAGE
Atlanta, GA. 2015
Photos Provided by Michi Fu.

Michi Fu introduces Jessica Henderson Daniel’s libations ceremony during Elders Awards Ceremony 1/15/15 (Thursday)

Melba Vasquez presented with Elders Awards by Alfie Breland-Noble & Michi Fu 1/15/15 (Thursday)

Mr. Tom Blue Wolf (Little Bear Family with the Y’falla Band of the Star Clan with the Eastern Lower Creek Tribe of the Muscogee Nation) offers Native American Blessing during Opening Session 1/15/15 (Thursday)

Keynote Discussion w/ Terri Davis & Beverly Tatum 1/15/15 (Thursday)

Theo Burnes facilitating discussion during program

Conundrums Drumming Group – Closing Townhall Ceremony – 1/16/2015 (Friday)

Jeff Mio during Commissioner Janet LaBrack’s Keynote Q&A

Graduate Student Summer Angevin post Commissioner Janet LaBrack’s Keynote Address

Elders Awards of Twisted Glass

Rahul Sharma & Atlanta-based Drumming Friends leading Elders procession for the Elders Awards Ceremony 1/15/15 (Thursday)
NATIONAL MULTICULTURAL SUMMIT
(Continued)

Harmony Children’s Choir – Opening Reception – 1/14/15 (Wednesday)

Vivian Ota Wang – Keynote Address – Opening Reception 1/14/15 (Wednesday)

All Lives Matter Panel Discussion 1/14/5 (Wednesday)

Michi Fu & Michael Drew w/ Film Festival Door Prizes (Candy Leis)

Jeff Mio introducing Film Festival Screening of “Eat With Me” (1/15/15, Thursday)

“Why do you love NMCS” Volunteer T-shirts (courtesy of Wells College)

Hospitality items placed in restrooms (personal hygiene products in baskets)

Film Festival decorations, door prizes (handmade candy leis) and raffle prizes (movie candies, gourmet popcorn/chocolates, movie tickets, iTunes gift card, featured films, and popcorn maker)

Drumming instruments distributed as party favors during Elders Awards Ceremony community drumming

Asian tea ceremony party favors during Closing Town Hall Ceremony (Asian tea cup w/ strainer, whole leaf Taiwanese tea & surprise Sanrio charms)
How do leaders across different social identities lead? As our society and institutions become increasingly diverse both nationally and internationally, it is important to deliberate how our leadership models can be inclusive and relevant as we recruit and train our next generation of leaders.

The leadership literature identifies a number of leadership dimensions associated with successful leadership as well as models to understand the exercise of leadership (Northouse, 2004). These include leadership styles such as transformational leadership (Bass, 1994) and task vs. expressive orientations (Eagly & Johnson, 1990). However, it is unclear whether these styles reflect how leadership is exercised across diverse leaders.

An interdivisional Leadership Diversity Summit (LDS) composed of six APA divisions (35, 45, 13, 14, 51, 44) was held in 2012 using grounded theory research to examine the leadership of a group of diverse leaders and to capture whether their experiences and behaviors with regard to the exercise of effective leadership might differ from that commonly found in the leadership literature. Fifteen leaders were nominated by colleagues and selected to represent diversity across the dimensions of race, ethnicity, gender, and sexual orientation.

Interestingly, there was consensus among leaders with regard to the themes which reflect their shared experiences of being members from a marginalized social identity, that of gender, race, ethnicity, or sexual orientation. Leaders seemed more likely to endorse characteristics related to humane and ethical orientations as dimensions important to their leadership. These included collaborative, integrity, authenticity, resilient, adaptability, communicator, and culturally sensitive. Leaders eschewed clusters relating to individualistic, charismatic, and competitive orientations. Thirteen themes emerged from the coding of the transcripts of the Leadership Diversity Summit. These themes were then organized into four theoretical constructs: social identities, leader dimensions, leader processes, and contexts. More importantly, leaders believed these dimensions were not only informed by their social identities, but also yielded unique experiences important to their leadership. The Leadership Diversity Summit provided a process and safe haven for discussing these dimensions.

This led to the development of a Diversity Leading Training Video to capture this process and train leaders and potential leaders on the inclusion of diversity in the exercise of leadership. The Leadership Diversity Summit also provided a great example of successful interdivisional collaboration to examine leadership from the diverse perspectives and purposes of the divisions’ missions. This is now offered to the participating divisions on their division websites to promote leadership training that is diverse and global. Women, ethnic minorities, clinicians, academicians, organizational and consulting psychologists, and men need to consider how leadership in today’s diverse and global environment must be inclusive and relevant to be effective.

Check out the link to this newly available leadership training video a member benefit: http://goo.gl/7F9Ee3.

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MEMBER-AT-LARGE, NATIVE AMERICAN SLATE

Casey L. McDougall, Ph.D., LP
Red Lake Hospital, Behavioral Health Dept.
Red Lake, MN

Boozhoo! My name is Casey McDougall and I come by way of the White Earth Nation (MN). As the Native American (Slate) Member-At-Large, it has been a pleasure to sit once again on the Div. 45 Executive Committee and represent Indigenous People. My additional duties will include working with Consuelo Arbona on the Hospitality Suite. Prior to this station I was once the Program chair for two years in a row. It’s great to see the inner machinations of APA Governance and how hard many of our leaders selflessly and tirelessly work to represent our members. I am also a Veteran of Operation Iraqi Freedom III (’04-05); currently the Behavioral Health Director at the Red Lake Hospital (Indian Health Service). Anecdotally, I believe that suicide awareness, crisis assessment/intervention training at all interdisciplinary levels, prenatal care, parent education, integrated behavioral health primary care, and strengthening partnerships with all stakeholders should be on the forefront of any scientist-practitioner’s agenda. Please reach me at casey.mc dougall2@ihs.gov if you have any questions or feedback. Miigwech.
MEMBER-AT-LARGE, ASIAN AMERICAN SLATE

Alvin N. Alvarez, Ph.D.
San Francisco State University

First and foremost, I want to express my deep appreciation to the Division 45 community for the honor of being elected as the new Member-at-Large: Asian American slate for a three-year term that started this January 2015. As many of you know, I am following a tough act with the end of Shamin Ladhani’s term this past December. So, I wanted to start my position by honoring and celebrating Shamin’s energy and commitment to representing Asian American concerns within Division 45! Thank you Shamin for your leadership and dedication!

As I noted in my candidacy statement, I believe that Division 45 has been a professional home for many of us that binds us together with a shared purpose in advocating for the concerns of psychologists of color and the communities we all serve. To this community, I hope to bring my own commitment to communities of color and my leadership experiences as a former President of the Asian American Psychological Association and as an Interim Dean here at San Francisco State University. It is my hope that these experiences and my professional relationships with colleagues across the country will assist me in a) representing the concerns of our Asian and Asian American members of the Division, b) facilitating the professional mentorship of our graduate students and early career colleagues, and c) promoting the leadership development of psychologists of color and their increased representation in the governance of professional psychological organizations.

As initial steps to these goals, I will be working on the Planning Committee for the Fourth Biennial Division 45 Research Conference to be held in July 2016 at Stanford University. The Conference is being co-hosted by Stanford University and Palo Alto University and will be under the talented leadership of Teresa LaFromboise and Joyce Chu. Already in its fourth year, the Conference has quickly become a mainstay for multicultural scholars and practitioners alike and this promises to build upon the outstanding tradition of the conferences led by Rob Sellers and Gordy Hall. In addition, I will be working with Elaine Jones, Member-at-Large, Diversity slate in planning the upcoming Links and Shoulders Mentoring Social Hour for the upcoming APA Convention in Toronto. As in the past, I trust that this will be yet another valuable opportunity to connect our emerging colleagues with the senior scholars and practitioners within the Division!

MEMBER-AT-LARGE, DIVERSITY SLATE

Elaine F. Jones
Arcadia University,

Greetings Division 45! I hope spring semester 2015 is going well for you. The spring season is just around the corner and residing in the metropolitan Philadelphia area I look forward to the temperature warm up. The Division 45 EC mid-winter meeting was held in Atlanta, GA in January. The agenda was full of important matters to discuss; we had productive discussions about how best to organize our Division website, mission of the Division, strategies to increase membership, and revision of our EC orientation manual. In fact, since EC meeting in Atlanta, Member-at-Large (MAL) officers have conferenced via telephone to discuss our duties and how best to revise the section of the manual to describe the roles and responsibilities of MAL officers.

While these activities are clearly initial steps as I begin my term, the success of my term will largely depend on my ability to represent the members of the Division. To that end, I would invite you to contact me directly with your ideas and suggestions. I can be reached at aalvarez@sfsu.edu and I’m excited about the opportunity to serve our Division 45 community!

Advertising Policy

All articles and advertisements are subject to review and approval by the editor. Submissions must be relevant to Division 45 interests.

The following rates apply to announcements for job openings and publisher’s new releases based on a three-column per page format:

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Deadline for Spring Issue (May): February 15
Deadline for Winter Issue (Dec.): September 1

Contact:
Newsletter Editor
Alyson Burns-Glover, PhD
Email: doctorboo@pacificu.edu
MEMBER-AT-LARGE, DIVERSITY SLATE

(Continued)

An exciting and informative Division program is planned for 2015 APA Convention in Toronto, Canada! As part of a wonderful block of Division programming for graduate students, I will coordinate Links and Shoulders Graduate Student Mentoring Hour with the help of Alvin Alvarez. As you may know, Links and Shoulders is a speed-mentoring program whereby graduate students from diverse backgrounds have opportunity to interact in time-limited meetings with Division mentors to discuss student-centered topics (e.g., internship interviewing, pursuing careers in teaching and research, navigating bias in graduate school). Soon after Convention programming times are announced this spring, I will send information about how you may sign up to mentor students at 2015 Links and Shoulders. I thank you for your time and dedication to mentor the next generation of psychologists. Riding off the success of the 2014 Links and Shoulders program, I am excited and look forward to coordinating the 2015 program! And I hope to see you in Toronto!

MEMBER-AT-LARGE, LATINA/O SLATE

Consuleo Arbona, Ph.D
University of Houston.

Hope your spring 2015 semester is going well. Here in Houston we have had a relatively cold winter, but no comparison to the temperatures our friends up North have endured! As I write these lines, more typical Houston winter weather is back; today is a sunny, crisp low 70’s day…. Last month we had the mid-winter meeting of Division’s 45 EC in Atlanta following the Multi-Cultural Summit. We had interesting discussions about the future of the Division and how to best manage our finances. Also, our website is going through a major overhaul that will make it more informative and user friendly. Finally, we are actively engaged in the revision of our orientation manual, so it more accurately reflects the work of our great Division and the responsibilities of each EC member.

Just as we celebrated the Division’s great and invigorating APA 2014 program, we started planning for the 2015 convention in Toronto, Canada. Last year I closely followed Joe Gone who efficiently and effectively coordinated all activities in the Division’s Hospitality Suite. In addition to the EC’s daylong meeting on the first day of the Convention, many interesting programs and activities took place in the suite during the 2014 convention. These included a coffee hour with the APA president-elect candidates, a reception for students, the board meeting of the Division’s journal Cultural Diversity and Ethnic Minority Psychology (CDEMP). We also shared the suite with some of our sister organizations for meetings, conversation hours and social events (e.g. APA Ethnic Minority Caucus, Asian American and Latina/o Psychology Associations, Society of Indian Psychologists coordinators for the National Multicultural Association). Currently, I am in charge of organizing the suite activities for the 2015 APA convention with the help of Casey McDougall. We look forward to follow in Joe’s footsteps and coordinate a great set of activities for Division 45 Hospitality suite in Canada. Hope to see you there!

GRADUATE STUDENT REPRESENTATIVE

Martinque K. Jones, M.Ed.
University of Houston

Greetings students,

The Division 45 Student Committee has been productive over the course of the Fall semester developing programming and initiatives that best fit students’ needs. I would like to highlight and invite you all to participate in the following Division 45 Student Committee Programs:

Mentorship Program
The Division 45 Student Committee has developed a mentoring program, matching students with professionals to help support students through the graduate school process.

To learn more, click: http://division45.org/division-45-mentoring-program/

Campus Representatives
The Campus Representatives of Division 45 are student leaders who are committed to advancing the aims and mission of Division 45 at their respective campuses. For more information, click: http://division45.org/campus-representatives/

Also, please consider joining one of our committees for the Fall 2015 – Spring 2016 year. If you think you may be interested in learning more about leadership within Division 45, please contact Martinque Jones at mkjones2@uh.edu.

Please stay tuned for the Division 45 APA Student Travel Awards! More information will be shared in March 2015.

MEMBERSHIP

To change incorrect information on your newsletter mailing label, please contact: Dr. Germaine Awad gawad@austin.utexas.edu
MEMBERSHIP REPORT

Gigi Awad, Ph.D.
University of Texas, Austin

The membership committee is working on the Division 45 membership survey. We hope to launch the membership survey shortly and we hope you take a few minutes to give us feedback.

Overall, we are on track to surpass last year’s overall paid memberships (n=1066). As of June 2014, we already have 1033 paid members. Including free memberships, our total as of June is 1179. In addition, the Division 45 Research Conference added 26 new professional members and 46 new student members. These memberships are not included in the aforementioned count given that these new members will officially start receiving full membership benefits January 2015. Be sure to renew your Division 45 membership to continue receiving the FOCUS newsletter, CDEMP journal, and to remain on the Division 45 Listserv. If you have any questions or would like to join the Division 45 Membership Committee, please contact me at gawad@austin.utexas.edu.

Warmly,
Gigi

2015 APA CONVENTION UPDATE:
FEATURED PROGRAMS

Doris F. Chang, Div 45 2015 Program Chair
Grace S. Kim, Program Co-Chair
Nancy Ng, Student Assistant

After culling through hundreds of excellent program proposals, we are pleased to announce an exciting slate of programs for this year’s APA Convention to be held August 6-9 in Toronto, Canada. Reflecting President Stanley Sue’s presidential theme of “Forty Years of Cultural Competency Research: What Have We Learned?”, the program includes sessions that critically review the state of the field, as well as those that showcase innovations in research, scholarship, teaching and practice.

In addition to annual program activities such as the award winning Links and Shoulders speed mentoring session, the James Jones Conversation Hour, and the co-sponsored Dance (with Division 35), the Division is sponsoring 14 symposia, 2 skills-building sessions, 1 discussion, and 3 poster sessions. We will publicize the specific dates, times, and location of the activities closer to convention.

Featured programs include:

Race/Ethnic Relations and the Obama Presidency: Perspectives of Some Leaders in the Field (Presidential Invited Session). Participants: Helen Neville, Derald Sue, Melba Vasquez, James Jones, Mona Amer, and Joe Trimble.

How has the multicultural competence movement made a difference? Where should we go from here? (Collaborative Program). Participants: Doris F. Chang, Roger Worthington, Gordon C. Nagayama-Hall, Lilian Comas-Diaz, Rebecca Toporek, Brian Smeldey, and Teresa LaFramboise.


Empowering Brothas and Sistas across Generations: Honoring the Legacy of Dr. Joseph White. A series of programs and events co-organized by Division 45, 17, CEMA, and CEMRRAT2

Structural Racism and Critical Psychology: Damage, Desire, and Participatory Research. Participants: William Cross, Michelle Fine, Helen Neville, Maria Torre, Brett Stoudt, and Yasser Payne


New Directions for Arab American Psychology Research. Participants: Germine H Awad, Julie Hakim-Larson, Karen L Haboush, Maisa S Ziadni, and Mona M Amer.

Division 45 is also proud to be a co-sponsor of 14 cross-divisional collaborative programs, including:

Gendered Journeys: Women, migration, and feminist multicultural psychology [Primary sponsor: Div 35]

Data Blitz: Current research on intersecting social identities [Primary sponsor: Div 9]

Undocumented migration in North America: Developing interdisciplinary research and perspectives [Primary sponsor: Div 24]

Intersectionality: New frontiers in psychological science and practice [Div 35]

Ethical practice in multicultural contexts [Primary sponsor: Div 29]
2015 APA CONVENTION UPDATE (Continued)

Hurting from the inside out: Identity-based bullying among adolescents [Primary sponsor: Div 16]

Travel Arrangements
Because the Convention will be held in Toronto, Canada, all participants will need a valid passport to enter the country.

For information about obtaining or renewing a U.S. Passport, please follow this link:
http://travel.state.gov/content/passports/english/passports/apply.html

For international participants, please follow this link to determine passport and visa requirements for entry into Canada: http://www.cic.gc.ca/english/visit/visas.asp

Thank you for submitting your work to APA’s Division 45. We look forward to seeing you in Toronto!

FOCUS ON: UPCOMING CONFERENCES

4TH ANNUAL CONFERENCE ON HAITIAN MENTAL HEALTH

It Takes a Village: Addressing the Mental Health Needs of Haitian Children, Adolescents, and Families

Saturday, May 2, 2015
9:00 a.m. – 4:30 p.m., Massachusetts School of Professional Psychology, Newton, MA
Cost: $130 (6 CE Credits)

Keynote Speakers:
Dr. Charlene Désir, Professor, Nova Southeastern University; Co-Founder, T.E.N. Global; and Mr. Jocelyn McCalla, President/CEO, JMC Strategies LLC

The primary aim of the Annual Conference is to provide an intellectually stimulating forum where attendees can engage in a meaningful discourse on the mental health and well-being of the Haitian community; learn from leading scholars in the field; network with other professionals; and exchange knowledge and data on culturally-oriented theoretical inquiries, clinical practices, treatment interventions, research, and policy-based initiatives. This year’s conference will focus on the mental health needs of Haitian children, adolescents, and families. Presenters will discuss the impact of trauma on Haitian youth; describe culturally-sensitive programs and resources to support and strengthen the Haitian family; highlight school-based mental health interventions for Haitian children and adolescents; and recommend strategies to prevent, diagnose, and treat mental illnesses among Haitian children and adolescents.

For more information, visit www.HMHnetwork.org.

CONFERENCE ON MULTICULTURAL & GLOBAL MENTAL HEALTH

Crossing Borders: Meeting the Needs of Immigrant and Refugee Communities from Across the Globe
Friday, June 26, 2015

9:00 a.m. to 4:30 p.m., Massachusetts School of Professional Psychology, Newton, MA
Cost: $135 (6 CE Credits)

Keynote Speakers:
Dr. Janet E. Helms, Augustus Long Professor, Department of Counseling, Developmental, and Educational Psychology, and Director of the Institute for the Study and Promotion of Race and Culture at Boston College; and Dr. David C. Henderson, Associate Professor of Psychiatry, Harvard Medical School; Director of the Chester M. Pierce Division of Global Psychiatry, and Medical Director, Harvard Program in Refugee Trauma, Massachusetts General Hospital

The Conference on Multicultural & Global Mental Health aims to create a forum for information sharing and knowledge exchange; increase public awareness of mental health disparities among historically marginalized groups and underserved communities in the U.S.; promote multicultural and global perspectives in clinical training, psychosocial research, and treatment interventions; and build cultural bridges among academics, mental health professionals, public health advocates and service providers with an interest in addressing the diverse mental health needs of immigrant and refugee communities locally and around the globe.

For more information, visit www.mspp.edu/ce.

ISPRC DIVERSITY CHALLENGE, OCTOBER, 2015

What is social justice with respect to race and ethnic culture? It is easier to say what social justice is not than it is to say what social justice is because it seems like social injustice is much more visible wherever one looks than social justice. Racial and ethnic injustice comes in many forms and touches various aspects of people’s lives. Sometimes social injustice stimulates massive street protests of police killings of unarmed citizens of Color, or it shows up as a prison system that incarcerates African Americans at nearly six times the rate of Whites, or as terrorists who abduct hundreds of African school girls with
no consequences. Sometimes social injustice appears as an educational system that relegates people of Color and/or minority ethnic cultures to second rate educations or forbids girls of Color to obtain an education. Sometimes social injustice is retaliating against religious adherents for hate crimes they did not commit. Sometimes social injustice is not having enough food to eat or a safe place to sleep. Social justice should promote the well-being of all individuals and communities in society and, thereby, end social injustices in whatever form that they appear. Link to website:
http://www.bc.edu/schools/lsoe/isprc/submit2015proposal.html
FOCUS ON NEW BOOKS: BOOK REVIEW

Dawn M. Salgado, PhD, Pacific University, Oregon


The American Psychological Association’s 2008 report on the implementation of multicultural guidelines (http://www.apa.org/about/policy/multicultural-report.pdf) highlighted the relevance of multiculturalism and diversity to inform psychological education and research, as well as the use of culturally sensitive and appropriate methods in clinical and applied psychological practices. Researchers and practitioners have discussed the complementary nature and potential issues associated with providing evidence-based, adherent services that are effective as well as culturally competent (see Whaley & Davis, 2007). The edited volume put forth by Masuda and contributing authors provides a useful step towards integrating, exploring, and applying these seemingly complementary approaches in three parts.

The first section (Chapters 1-3) highlights associations between mindfulness and acceptance with multiculturalism and diversity, highlighting meta-level issues in the provision of effective services to ethnic minority populations and the need for more process-oriented, contextual approaches within psychotherapeutic environments. The second part (Chapters 4-6) discusses cultural competency considerations in three evidence-based approaches, Dialectical Behavior Therapy (DBT), Mindfulness-Based Cognitive Therapy for Depression (MBCT), and Acceptance and Commitment Therapy (ACT), emphasizing how the contextual, functional, and process-focused approaches that characterize each make each amenable to incorporating more culturally sensitive practices. The final part of the text (Chapters 7-12) features several applications featuring mindfulness and acceptance approaches in developing interventions serving non-Western and non-English-speaking clients in other countries, enhancing intrinsic motivations of professionals in the field towards building cultural competency, and how psychological flexibility model within ACT, can also be extended beyond psychotherapeutic contexts towards undermining self- and public stigma, internalized shame, as well as prejudice reduction.

Overall, the text has broad applicability to clinicians, researchers, educators, and policy makers who are interested in mindfulness and acceptance approaches towards improving the lives of individuals and disseminating evidence-based practices within clinical and applied psychological practices to better meet the needs of diverse populations. The chapters represent research, theory, and practical considerations from authors who are well-versed in their respective fields and offers valuable approaches to a new and emerging area of research and practice.

SOCIETY FOR THE PSYCHOLOGICAL STUDY OF ETHNIC MINORITY ISSUES
MEMBERSHIP APPLICATION

In order to assess the interests and needs of new members, we ask you to please print your answers to the following questions:

1. Name: __________________________________________________________________________ Date:________

2. Mailing Address: _____________________________________________ City:________________________State:______Zip:________
   Tel: (_______) _______________________________ E-mail:________________________________________________________

3. Highest Degree:________________ Date Awarded: __________ Awarding Institution:________________________________

4. Currently an APA Member? __Yes; __No If Yes, Membership Number:________________________________
   If Yes, Which Member Level? __Member; __Fellow; __Associate; __Student Affiliate; or __Professional Affiliate

5. Current Professional Activities (Check all that apply):
   __Teaching; __Research; __Clinical; __Administration; __Other (Specify)____________________________

6. Self Identification (Check all that apply): __African American/Black; __American Indian; __Euro-American;
   __Asian/Pacific Islander; __Latino/Hispanic; __Other (Please specify)__________________________________

7. What are the two most important issues you would like to see the Division address?
   a)__________________________________________________ b)____________________________________________________________

8. In what member capacity would you like to serve Division 45?
   __Task Force; __Committee; __Elected Office; __Other (Specify)____________________________

Division 45 Membership Status and Dues: __Member ($57.00); ___Professional Affiliate ($57.00); ___Student Affiliate ($25.00)

To join, please complete the application form, detach and send it with a check to:
Division 45 Administrative Office, APA Division Services, 750 First Street, NE, Washington, DC 20002-4242
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